

GYMNAST NAME : —————

## Coronavirus (Covid-19) Self-Screening Survey

Anyone wishing to take part in Team Sport activities (pair/group work), /return to Coach Contact, use foam pits in a British Gymnastics recognised environment must “self-screen” prior to travel to the training venue. Self-screening must be undertaken before travelling to each training session. The purpose of this survey/questionnaire is to check for possible symptoms of Covid-19 infection and help determine if it is appropriate for you to take part in the above activities .

Our aim is to promote and maintain the health & safety of all gymnasts and staff. Please help us by answering the questions honestly and accurately. This must be completed within the 2 hours prior to your session start time.

	DATE	TIME	
<b>Covid-19</b>	A fever (high temperature)?		
	<i>Temperature Check</i>	≥37.8	<37.8
	A new, continuous cough?		
	Any change or loss of your sense of taste or smell?		
	Any shortness of breath?		
	Any chest pain or tightness?		
	A sore throat or hoarse voice?		
	Abnormal fatigue or drowsiness?		
	Any abdominal pain, vomiting or diarrhoea?		
	Any confusion or disorientation?		
	A headache?		
	Any different joint or muscle pain?		
	Any new rashes?		
Have you broken any local or national Government Coronavirus protection guidance measures in the last 14 days?			
Have you or has anyone within your household been contacted by NHS Test & Trace and told to currently self-isolate?			
Have you been told by another organisation or body that you should currently self-isolate?			
Has any member of your household or someone that you are a potential “contact” with reported any of the above Covid-19 symptoms in the last 14 days?			
Has any member of your household or someone that you have been identified as a “contact” with tested positive for Covid-19 in the last 14 days?			
Have you or has anyone within your household returned from travelling outside of the UK travel corridor (to locations that require a period of self-isolation following travel) in the past 14 days?			

**If you have answered “YES” to any of the above questions, you should not attend Gymnastics classes without contacting JAYNE to notify her of the outcome and discuss what action to take.**

To protect yourself and others; In line with UK Government Guidance if you are displaying Coronavirus symptoms and/or living in a household with a person who has a possible Covid-19 infection or are a “contact” of a person who has tested positive for Covid-19, you should remain at home and follow UK Government guidance. If you are displaying Covid-19 symptoms, get a test to check if you have Coronavirus and stay at home until you get your result.

**If you answered “NO” to all of the above questions, you may proceed in travelling to your training session whilst remaining alert and adopting all suitable safety control measures (current guidance put in place by the local or national Government or instructions issued to you by your gym).**

