



Newsletter of the International Board for Regression Therapy

Edition # - March/April, 2023

IBRT's Book Launch
What's Past Life Regression Got To Do With It?

Dear Members,



We have been very busy getting our book ready for publishing and hope to have it ready to launch in March. Our Social Media guru, Devra Jacobs, is guiding us in the next step of marketing the book. We are looking for endorsements for the back cover from well-known people in our field. Please let us know if you know someone who may be interested and willing to support our project by writing one. If you send their email address, we can contact them ourselves.

The Board is working to expand our membership, offerings, and services and asks you, our members, to contribute some of your time and energy to our projects to exponentially expand our outreach and force-field.

We sent out an email to all on our mailing list requesting support for technical help with the upcoming IBRT pod cast project. We are looking for a volunteer to help with the recording, editing and production. We will invite our members who have a special approach or perspective to be interviewed. Consider presenting a topic that will stimulate and engage our members at one of our monthly Gatherings.

With gratitude for our community and for the honor of sharing our transformational work,

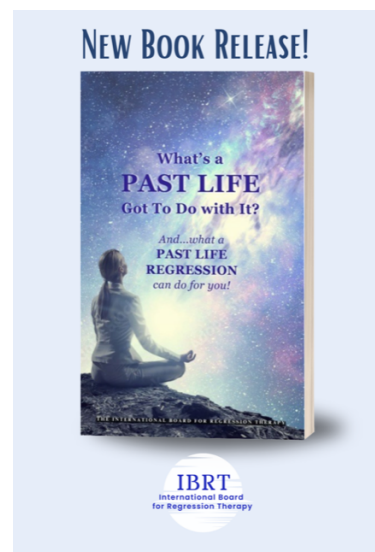
Holly



Gary Larson's worst fear.

Announcements

IBRT's book is just about to be launched - Huzzah for all the members who have worked on writing and editing and managing the details to accomplish this major project. It was an amazing and sometimes tedious journey, but the results are really fascinating. We hope all our members will help get it off the ground, and we can use all the help we can get. Would you be willing to step up for tasks like assisting in mailing addressing and mailing postcards and talking to your local book sellers, posting it on your website, even having a copy in your office to show to clients and visitors? Here is the promotional paragraph that we will have on the back cover:



“If you have questions about Past Life Regression Therapy and how it could benefit you, look no further. This book holds the key to a doorway that will open your mind to explore new possibilities for self-awareness and healing. This amazing collection of case studies and essays will transport you to other times, other places and other lives through the process of Past Life Regression. These powerful stories of people who have made past life journeys illustrate how connecting to the past has transformed their present lives and introduce you to the possibilities of how Regression Therapy can support your own healing and transformation. You will gain insight into the process of Past Life Regression and the dynamic results of the physical, psychological, and Soul healing that can result.”

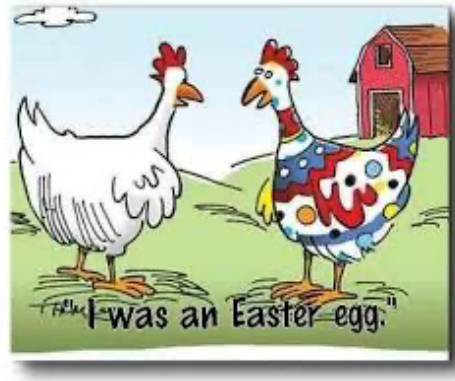
Other announcements:

We have some pretty exciting Gatherings in the next few months. Scroll down to check them out. We are seeking presenters for our Gatherings, so if you are interested in sharing some of your wonderful experiences and learnings, please contact Holly - info@ibrt.org - and let her know.

The International Board for Regression Therapy (IBRT) is currently in the initial phases of developing YouTube and/or Podcast content focused on Past Life Regression Therapy. We need an individual who would be willing to volunteer their time, given our non-profit status, to take on the responsibilities of crafting an Intro and Outro, conducting, editing, and

managing the overall post-production process. We are specifically looking for an individual with the requisite skills, experience, and equipment, who is willing to commit to contributing on an ongoing basis.

Please contact our Board Member Susan Lyons if you are interested in supporting this project



by providing this service. Discoveryourtruself@gmail.com

Articles

How Earthbound Spirits, Ghosts, Demons and ETs Can Affect Your Clients and the Six Steps to Take to Release Them – by Peter Wright

This article appeared in the International Journal for Past Life Regression Therapy, Issue 26.

Abstract

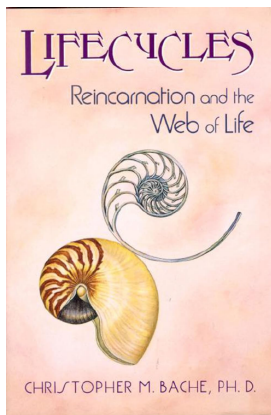
This article discusses how to recognize the presence of four kinds of spirit attachments: earthbound spirits, ghosts, demons (negative entities) and extraterrestrials. You will find information on how these entities gain entrance into us as well as reasons why these spirits should be removed. This is followed by an extensive examination of various protocols that can be used to release earthbound spirits, ghosts, negative or dark force entities and extraterrestrials. The article concludes with several client histories, four key elements that can increase susceptibility for entity attachment and some protection tips for you and your clients when working with these kinds of spirit attachments.



To read this article in full, click [HERE](#).

Book Nook

Lifecycles: Reincarnation and the Web of Life
By Christopher Bache



This is another oldie but goodie. It was published in paperback June 1, 1998. Definitely worth re-reading.

Lifecycles combines the best scientific testimonies about reincarnation with philosophically sound yet accessible arguments about its implications. Lifecycles is the first book to both describe the dynamics of rebirth and explore the ramifications of adopting a reincarnationist perspective. The book begins with a masterful synthesis of recent findings from consciousness research and near-death studies. It includes the work of such eminent therapists and scholars as Stanislav Grof and Dr. Ian Stevenson, and critically surveys the most compelling evidence for rebirth. Lifecycles emphasizes the lessons for self-awareness and spiritual growth inherent in a reincarnationist world view, showing us how we can reconnect with the order, intelligence, and beauty of the universe around us.

The Learning Center

The RoseHeart Center LLC
with Virginia Waldron, CH, CI

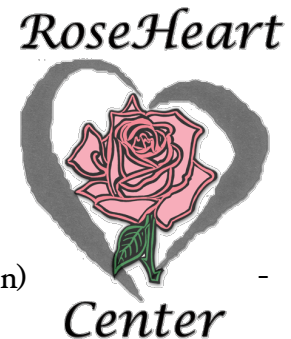
All training programs will be on Zoom, for the near future.

National Guild of Hypnosis Professional Certification in Hypnosis Training in September and October.

Pre-Birth Regression (old title was Advanced and Pre-Birth Regression) November

Past Life Regression Training - November and December.

For further information about dates and fees for the Fall 2024 trainings, go to www.TheRoseHeartCenter.com. To register contact Virginia at info@theroseheartcenter.com.



HCH INSTITUTE



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HCH Institute for Hypnotherapy and Psycho-spiritual Trainings,
with Holly Holmes-Meredith

Register at: www.HypnotherapyTraining.com

Explore offerings and Register at:
www.Hypnotherapytraining.com

Monthly Past Life Meet-up for Group Regressions
The first Wednesday of every month, 7 pm PT on Zoom
Each Month has a different focus. \$40

Free weekly Reiki Clinic. Tuesday's at 7 pm PT on Zoom

Low Fee Hypnotherapy, Past Life Regression, Spirit Releasement, EFT and Energy Therapy on Zoom through the HCH Community Clinic, by appointment.
\$40/ session or four sessions for \$140.

On-going Certification Programs for Hypnotherapy, Shamanic Practices and Energy Therapy

Next 200 Hypnotherapy Training begins in February
Next Shamanic Training module begins in January.

Advanced Training in Past Life Therapy on Zoom
Fridays March 2, 9, from 3 pm to 6 pm PT
Monthly Reiki Classes on Zoom

Advanced Training in Spirit Releasement on Zoom
Fridays April 12, 19, May 3, 10, from 3 pm to 6 pm PT

Dr. Georgina Cannon
changing minds



**PAST LIFE REGRESSION FACILITATION
WORKSHOP:** (PREREQUISITE: BASIC HYPNOSIS
TRAINING)

TWO FULL INTENSIVE DAYS OF LEARNING AND PRACTICE
MARCH 2-3, & APR 27-28, 2024, WITH [GEORGINA CANNON](#)

This two day course could change your life, as well as the life of the clients you work with! This is a profound learning experience as you are taught how to work with clients to travel through time, safely and ethically to receive the wisdom and learning of other lifetimes.

Because clients often 'slip into' former lifetimes when regressing to the initial sensitizing event, the professional hypnotist needs to understand how to work in this field in an effective, healing and ethical way.

This is a soul journey process which includes permission to take the journey, forgiveness, healing and wisdom. You will be learning and practicing almost from the start of the course!

PLR FACILITATION WORKSHOP PRICE: \$1500 CAD plus taxes
Purchase PLR & LBL together & save
\$100

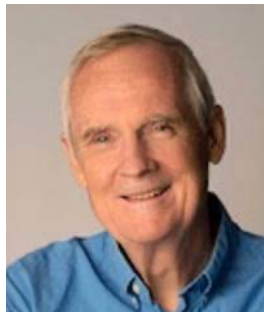
LIFE BETWEEN LIVES REGRESSION FACILITATION WORKSHOP:
(PREREQUISITE: PLR TRAINING)

TWO FULL INTENSIVE DAYS OF LEARNING AND PRACTICE
MAY 11-12, 2024: WITH [GEORGINA CANNON](#)

Learn to facilitate the powerful space between lifetimes, we call the Interlife. True soul memories. The higher self in all its glory. These are energy or spirit journeys which enable the client to access their soul name, color and soul purpose for this lifetime. These journeys are profound and life-changing.

LBL FACILITATION WORKSHOP PRICE - \$1500 CAD plus taxes
++++ for more information: georgina@georginacannon.com

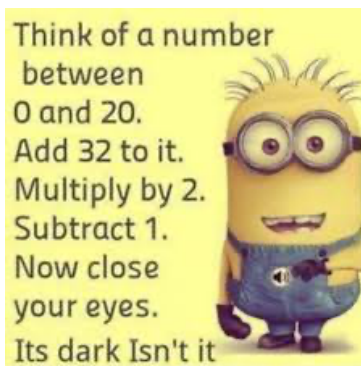
From the Past Life Regression Academy: Training in Mind Body Soul Healing



Pioneering the New Consciousness Retreat

Now is the time for souls ready to move to a new consciousness to raise their vibrations, learn how to harness energies and manifest a different way of living. This workshop will be taught in Glastonbury, UK, the heart chakra of the world. You will experience living for a week in the new consciousness and work interactively with the Council of Beings of Light who are directing the energy shift of Earth.

Residential Workshop
Glastonbury, England, UK
June 4-10, 2024
In English by Reena Kumarasingham and Andy Tomlinson
Contact: regressionacademy@gmail.com



Gatherings

We had a wonderful Gathering with Holly in February, where she taught about the powerful Angel Magick technique she follows, based on the book by Damon Brand titled "The 72 Angels of Magick: Instant Access of the Angels of Power". Holly is an excellent teacher and she held our interest with information and explanations, even chanting. We had a great group and learned so much! There is a lot of material to this technique for manifesting your dreams and goals. It is now available on our website, at the YouTube page. Check it out.

IBRT's March Gathering will be on Thursday, March 21, at 4 pm, PT, 5 pm, MT, 6 pm, CT and 7 pm, ET. Virginia Waldron will talk about "Meeting Your Spirit Guides"

"As you of you already know, we all have spirit guides who walk beside us, guiding and helping as much as we allow. In this Gathering we will talk about them for a bit, and then take a guided journey to meet them and open ourselves to their guidance and wisdom. They communicate with us as best they can, perhaps we can ask them to speak even more directly to us. Through lecture, discussion and guided journey, Virginia will share her knowledge gathered through her work at The RoseHeart Center. Together we will explore this greater awareness of the Mind and connection to our own Spirituality."

IBRT's April Gathering will be on April 18, at 4 pm, PT, 5 pm, MT, 6 pm, CT and 7 pm, ET. The presenter will be Val Deveraux and her topic will be Erasing the Fear of Death

"Many people have a fear of death that permeates many areas of their lives. Some people even experience extreme fear of dying which can be incapacitating affecting their relationships and their ability to function in daily life situations. What if you could erase your fear of death in a safe way? In this gathering we will explore the fear of death; how it can affect people; how it may be related to death in a previous life; and the benefits of Past Life Regression for releasing the fear of death and other phobias."

IBRT's May Gathering will be on May 30th, at 4 pm, PT, 5 pm, MT, 6 pm, CT and 7 pm, ET. The topic will be the IBRT Book Launch - some of the authors will be on a panel to discuss their subject

IBRT's June Gathering - date is still to be announced - Dianne Seaman Poitier has agreed to present the astrological affects that planetary movements have on us.



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