

San Carlos EYE CARE

www.sancarloseyecare.com

AGEJET SKIN RESURFACING PRE-TREATMENT CARE

- Keep your skin moisturized and apply SPF 30+ mineral sunscreen on all areas intended for treatment. Avoid excessive sun exposure or tanning 2 weeks prior to treatment.
- Please discontinue the use of retinols, AHA/BHA, tretinoin, and exfoliates in the intended area of treatment 1 week prior to your appointment.
- If necessary, please shave the treatment area 1 day prior to treatment.
- Stay hydrated! Drink plenty of water for several days in advance of the treatment. For the best results, drink at least 4 cups of water per day for at least 2 days prior to your appointment.
- Upon arriving for treatment your skin should be clean, without makeup, cosmetic products, perfumes, or lotions. Do not use mascara or wear contact lenses.

AGEJET SKIN RESURFACING POST-TREATMENT CARE

- The treated area will feel warm, like a sunburn, for several hours and appear pink to red in color. This redness, swelling, and sensitivity will generally subside within a few days, but can last up to a 10 days.
- You can wash the treated area with lukewarm water and a gentle cleanser, softly patting dry. Avoid hot water on the area for 72 hours.
- Hydrate and protect your skin from sun exposure with moisturizer and SPF 30+ post treatment, daily. Apply HA serum to the treated area 3-4 times per day for 5 days after treatment.
- If you have dry skin or your skin is not well hydrated before treatment, you may have some dry patches or light flaking afterward. If this does occur, just add additional moisturizer to the area. Do not pick at your skin!
- Avoid direct sun exposure, excessive exercise, sweating, hot baths or showers, and saunas (i.e. activities that add more heat into your skin) for 24-72 hours after treatment.
- You can resume normal skincare 72 hours post treatment. However, we recommend waiting at least 2 weeks after your treatment before having any injectable (Botox or Dermal Filler) or cosmetic/beauty (waxing/threading) procedures performed.
- Refrain from using coverings on the treated area for 3 days after treatment, including eye masks, CPAP machines, etc.
- Continue drinking water!

Please call the office at (650) 596-1999 or scan the QR code to visit our website if you have any questions!

