

# THE BEAM



## Welcome to The Beam!

Lighthouse Church has decided to put out a seasonal publication to bring our community together and help people stay informed! The name “Beam” was inspired by the atmosphere that Lighthouse has created. A Lighthouse brings light to those in the darkness and guides the way. Our hope for this publication is that it can transfer inspiration and encouragement, similar to how a beam transfers light and energy.

In this month’s Beam release, you can read on to hear a message from Pastor Dale, find out what’s happening in the weeks to come, and hear stories from some amazing people in our Lighthouse community!

**LHC + HIRC SCHEDULES  
ATTACHED AT THE END!**



## Writer’s Message

Hello! My name is Sydney Quibell and I work here at Lighthouse Church as the Communications Coordinator. While you may not recognize me, I’m sure you’ve heard from me on the Lighthouse website, Facebook page or even in the church bulletin! I’m excited to start writing for The Beam throughout the year and further connect with all of you! I hope you enjoy!

- Sydney

## Pastoral Message

I'm writing this to you on Good Friday. I've been sharing with people that Holy week is the Super Bowl of our faith. The cross and resurrection are the core of our faith and the gospel. The Apostle Paul said, **"The message of the cross...is the very power of God."** 1 Corinthians 1:11 NLT.

What this means is that it isn't just the message of Holy Week, it is the core of the gospel and the hope that so many seek when they come to Lighthouse Church.

Over these years I have been in awe of what God is doing around me and through this ministry. It is difficult to count the numbers of people who are touched each week through Lighthouse Church and our Lighthouse Recovery Community. Countless people have found recovery and started a relationship with Jesus Christ. I'm so grateful for what God is doing here.

This is the first of our attempts at putting out a newsletter. We are blessed to have Sydney Quibell on our team. She works with communications at Lighthouse and this has been a dream of hers for a while. She wants to use this to tell our story and keep you informed about what's going on at the Lighthouse. More deeply, she simply wants to share with you what God is doing here.

It is my prayer that this newsletter would get out into our community and that it would reach those who might benefit by what God is doing here. You can help with that. After you read this, please share it with someone else. Thank you for taking the time to read my note. God bless your day.

See you at the Lighthouse,  
Dale



**DALE WOLF**  
Pastor of Lighthouse  
Church

# WHAT'S HAPPENING AT LIGHTHOUSE?

---

## LIGHTHOUSE WOMEN'S EVENT

April 23rd | 5:30 PM

---

We are ALL beautiful in God's eyes! God created all things to be beautiful in His image. No matter how we see ourselves, God sees only beauty!

This is the topic we will be diving into at our Women's Event! We will be having dinner at Olive Garden, starting at 5:30 and will hear a special message from this year's speaker, Karen Johanson!

Interested in attending? Please RSVP by emailing Beth Wolf at [bethawolf@yahoo.com](mailto:bethawolf@yahoo.com)



## PHILIPPIANS BIBLE STUDY

---

Coming up after the Alpha series concludes this spring, Pastor Dale will be introducing a new Bible study in the book of Philippians!

We will update you all when more details are available, but for now, keep it on your radar if you're interested!



## 2024 ANNUAL BAPTISM DAY

Sunday, July 28th

We have set a date for the 2024 Baptisms!

Every summer, Lighthouse Church has a baptism day at the lake! It is an amazing day filled with food, community, joy and admirable steps of faith.

While it is still a few months away, if you are wanting to take the next step in your faith journey, we encourage you to pray about this opportunity and mark your calendars!



## SUMMER READING PLAN

Do you want to make a habit of reading the Bible more? Do you sometimes struggle to understand what you're reading?

This summer, Lighthouse Church will be having a summer reading plan, where the goal is to help you develop an understanding of the Bible and make it a constant in your life!

If you're interested in taking part of this opportunity, stay tuned to learn more details in the months to come! .

## GROUPS & MEETINGS

If you have never been to Lighthouse, we like to make sure the public is aware of the several anonymous meetings and support groups that are available to those in need within the community.

Whether you're struggling with substance abuse, alcohol, mental health, codependency or you know someone who is struggling, there is help.

Our weekly schedule with times and locations is attached at the end of the newsletter! Check out our website for the monthly calendar at [lhcfargo.org](http://lhcfargo.org)



## Beam Spotlight Stories



# Jason Reinhardt & Anne Clark

---

Anne Clark is a longtime church member and current Care Coordinator at Lighthouse. This past March was important for Anne, as she remembered the 20-year anniversary of her son's passing on March 15th, 2004. For two decades, Anne has fought to honor her son Jason, by sharing his story with many people across the country and within countless communities.

On the night before Jason's 21st birthday, Anne and her son shared dinner together before he left, giving his mom a kiss on the cheek and a hug.

That night, Jason had plans to celebrate his 21st birthday with his friends at a local bar, partaking in something called Power Hour. Power Hour consists of consuming 21 shots of alcohol for 21 years of age and goes from midnight on your birthday until bar closing. That night, Jason took 16 shots before he went home to his fraternity and went to bed. He died in his sleep due to alcohol poisoning.

Anne describes the pain she felt when she got the call that her son had passed away. At the time, she was at church and explained that there was no better place to find out the news, than God's house. When she was asked to give a statement to the media about her son, nobody could talk her out of it, regardless of how hard it was at the time. The message she shared that day was an amazing call to action, as she stressed the need for change. Anne strongly felt that somebody needed to stand up and say, "this needs to end."

## Beam Spotlight Stories

But she didn't stop there. Anne was contacted by several magazines, newspapers and talk shows including CNN, Dateline, The Today Show, Inside Edition and countless others, to share her story and push for a positive change. She describes how faithful God was by placing these opportunities in front of her, to speak on the issue. She went on to contact the Senator to make changes and put certain laws in place to prevent future accidents like Jason's. Anne has truly made a difference, regarding the legislation in North Dakota and Minnesota on the matter. Many people have remembered Anne for speaking at their schools, service clubs, etc.

"People come up to me and say, "because of you, I've stopped drinking" or "because of you, I've become a nurse." and it's very rewarding to see that lives are being changed."

Every day, Anne continues to use her story and experience within her line of work. As a Care Coordinator, Anne gets to use her passion for helping others daily. She describes her persistent effort to never give up on the individuals she works with and serves as a loving, motherly figure to those who have never experienced that type of love.

Not only has Anne brought awareness to the issue of alcohol abuse within the younger generations, but she has helped make changes to prevent further accidents. She states that she truly doesn't want other families to have to endure the pain that she has gone through. Anne has helped make a difference in many lives, but most importantly, she has honored her son Jason by sharing his story with the world.

"It always gets me when I hear, God gave his one and only son. And I gave my son, for this cause."

-Anne Clark



# “Advice to someone beginning their recovery journey...”



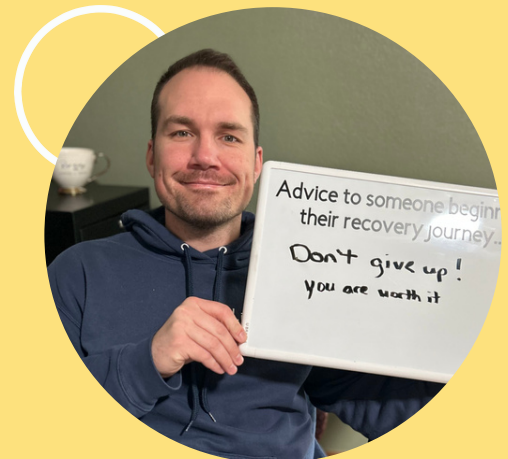
“Be willing and persevere”  
DESIREE MORROW



“Stop worrying about everyone else and start focusing on yourself; you're enough all on your own!”  
MORGAN GEBRO



“Keep going to meetings. There will be better days ahead. Don't give up on yourself!”  
BIG MIKE



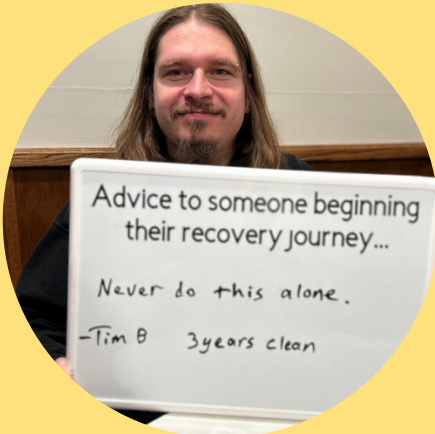
“Don't give up! You are worth it!”  
RYAN THORSON



“Build a supportive recovery community”  
KERRY LENO



“One day at a time, one step at a time”  
ANNE CLARK



Advice to someone beginning their recovery journey...

Never do this alone.

-Tim B 3years clean

"Never do this alone"  
TIM BJORNSON



Advice to someone beginning their recovery journey...

1) You deserve all the kindness and respect you give to others. ♥ Claire -3yrs

2) God can redeem "even that"

"1. You deserve all the kindness and respect you give to others. 2. God can redeem "even that"  
CLAIRE BULLIS



Advice to someone beginning their recovery journey...

1. Practice Selfcare
2. Treat yourself kindly on hard days
3. Keep moving forward / never give up

Brenda 1year

"Practice selfcare, treat yourself kindly on hard days, keep moving and never give up!"  
BRENDA MILLER

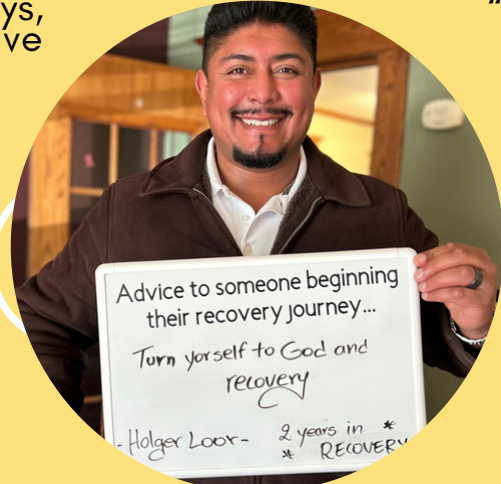


Advice to someone beginning their recovery journey...

Surround Yourself with Positive People

Shane 03/28/22

"Surround yourself with positive people"  
SHANE KAYESKA



Advice to someone beginning their recovery journey...

Turn yourself to God and recovery

-Holger Loor- 2 years in \* RECOVERY

"Turn yourself to God and recovery"  
HOLGER LOOR



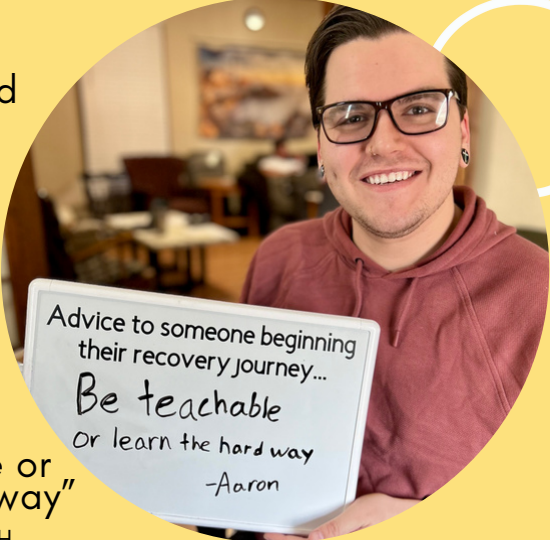
Advice to someone beginning their recovery journey...

Be open minded AND honest!

3yrs 7mths

\*8/10/20\* ♥-Jenni♥

"Be open minded and honest"  
JENNI WAHL



Advice to someone beginning their recovery journey...

Be teachable or learn the hard way

-Aaron

"Be teachable or learn the hard way"  
AARON FRENCH



**April Activity Schedule**

Monday 11a-5p		Tuesday 11a-5p		Wednesday 9a-5p		Thursday 9a-7p		Friday 9a-4p		Saturday 11a-2p	
1	3p Cards (A)	2	11:30a Meal Prep with Dan (A) 3p CODA (P) 4p Recovery Anonymous (P)	3	11:30a-12:30p Meal (A) 2p Art Hangout (A) 4p MH Group (ED)	4	11:30a Meal Prep with Dan (A) 1p Center Movie (A) 6p Walk to CR Meal (A)	5	11:30a-12:30p Meal (A) 1p Qigong with Kris (A)	6	11a Recovery Anonymous (P) 1p To-Do List (A)
8	11a Members Meeting 3p Cards (A)	9	11:30a Meal Prep with Dan (A) 3p CODA (P) 4p Recovery Anonymous (P)	10	11:30a-12:30p Meal (A) 2p Art Hangout (A) 4p MH Group (ED)	11	11:30a Meal Prep with Dan (A) 1p Center Movie (A) 6p Walk to CR Meal (A)	12	11:30a-12:30p Meal (A) 1p Qigong with Kris (A)	13	11a Recovery Anonymous (P) 1p To-Do List (A)
15	3p Cards (A)	16	11:30a Meal Prep with Dan (A) 3p CODA (P) 4p Recovery Anonymous (P)	17	11:30a-12:30p Meal (A) 2p Art Hangout (A) 4p MH Group (ED)	18	11:30a Meal Prep with Dan (A) 1p Center Movie (A) 6p Walk to CR Meal (A)	19	11:30a-12:30p Meal (A) 1p Bowling (see flyer for details) (A)	20	11a Recovery Anonymous (P) 1p To-Do List (A)
22	3p Cards (A)	23	11:30a Meal Prep with Dan (A) 3p CODA (P) 4p Recovery Anonymous (P)	24	11:30a-12:30p Meal (A) 2p Art Hangout (A) 4p MH Group (ED)	25	11:30a Meal Prep with Dan (A) 1p Center Movie (A) 6p Walk to CR Meal (A)	26	11:30a-12:30p Meal (A) 1p Qigong with Kris (A)	27	11a Recovery Anonymous (P) 1p To-Do List (A)
29	3p Cards (A)	30	11:30a Meal Prep with Dan (A) 3p CODA (P) 4p Recovery Anonymous (P)								

For more details about meetings, groups and special events, check out the calendar that we have on our website under the “Connect” tab.

# WEEKLY SPRING SCHEDULE

## SUNDAY

- 9:00 AM- Worship
- 10:45 AM- Worship & Sunday school (live streamed)
- 4:00 PM- Worship
- 5:30 PM- AI-Anon\*
- 5:30 PM- Alcoholics Anonymous
- 5:30 PM- Narcotics Anonymous
- 6:30 PM- Adult Children of Alcoholics\*
- 6:30 PM- Spirituality Recovery
- 8:00 PM- Narcotics Anonymous

## MONDAY

- 6:30 PM- Men's Biblical Citizenship

## TUESDAY

- 6:00 PM- Red Road Alcoholics Anonymous
- 8:00 PM- Narcotics Anonymous
- 3:00 PM- CoDA Group\*
- 4:00 PM- Recoveries Anonymous\*

## WEDNESDAY

- 2:00 PM- Art Hangout
- 4:00 PM- Mental Health Recovery Group
- 6:30 PM- Junior & Senior High Youth Group
- 6:30 PM- Alpha
- 7:00 PM- Sexaholics Anonymous\*

## THURSDAY

- 6:30 AM- Men's Biblical Citizenship
- 12:00 PM- Alcoholics Anonymous
- 1:30 PM- Alpha
- 6:00 PM- CR Fellowship Meal
- 7:00 PM- CR Large Group
- 8:00 PM- CR Small Group

## FRIDAY

- 7:30 PM- NA) PAC (Parents and Children

## SATURDAY

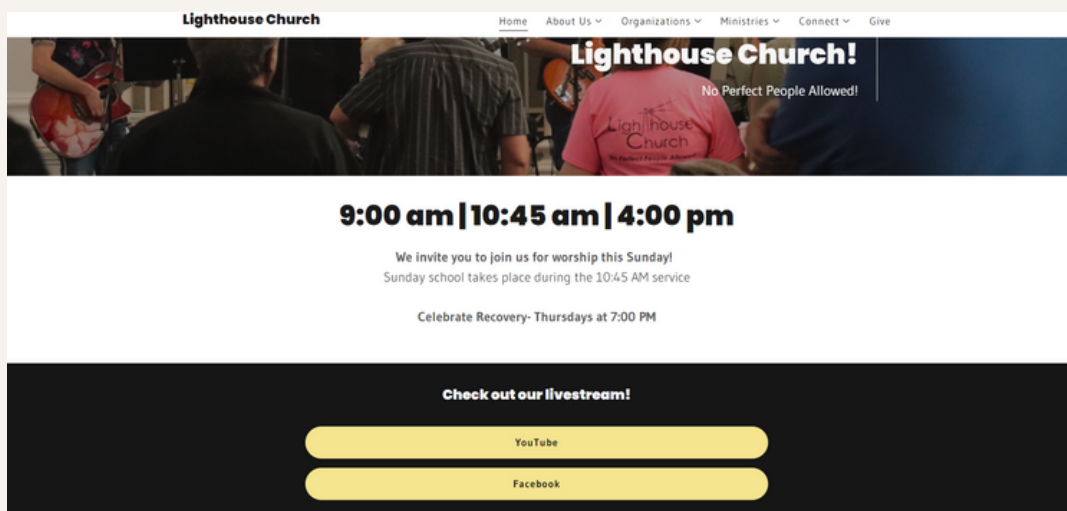
- 9:00 AM- Narcotics Anonymous
- 11:00 AM- Recoveries Anonymous\*
- 12:00 PM- Adult Children of Alcoholics\*
- 5:30 PM- Young People's AA
- 7:30 PM- Narcotics Anonymous

\*Denotes this meeting will be held at the House of Hope: 111 9th St S Fargo, ND

For more details about meetings, groups and special events, check out the calendar that we have on our website under the "Connect" tab.

[lhcfargo.org](http://lhcfargo.org)

# FOLLOW US!



Thank you for tuning into The Beam!

Want to learn more about Lighthouse or the other organizations we're associated with? Check out our website at

**[lhcfargo.org](http://lhcfargo.org)**

We would like to note that we have been going through some technical difficulties with our website and are working hard to get them resolved. With any technical questions regarding our site, please reach out to **Sydney Quibell at [sydney.quibell@lhcfargo.org](mailto:sydney.quibell@lhcfargo.org)**



## Find Us On Facebook!

The Lighthouse Facebook page is a place where we post daily schedules, upcoming events, reminders, announcements, and SO much more! It is also one of the places where we livestream our 10:45 AM Sunday service, so make sure to check it out!

**[Lighthouse Church Fargo](#)**



## Find Us On YouTube!

Our YouTube channel is where you can find all of the previous sermons throughout the weeks, special videos and testimonies! We also go live on Sunday mornings on this platform during the 10:45 AM service if you can't make it in person!

**[@lighthousechurch4164](#)**