Born to Breath Project Timeline

Target Date	Task & To Do List	Date Completed
	Choose a Tobacco Related Topic: (circle one) Exposure to Tobacco Marketing How does big tobacco influence us? Secondhand Smoke Unwanted exposure to secondhand smoke? Environmental Impact Do tobacco products harm the environment? Access to Tobacco/Nicotine products How are youth getting it?	
	Choose Your Media: (circle one)	
	Spoken/Written Word Video Audio 3D/2D Artwork	
	Get Inspired, Gather Information & Organize Ideas • Visit www.NorCal4Health.org/born-to-breathe • Read the Tobacco Fact Sheets • Use the included Thought Organizer and Story Board	
	First Draft	
	Revise & Edit	
	Final Draft	
	Submit Your Entry Step 1: Fill Out the Online Entry Form bit.ly/B2BEntryForm2024 Step 2: Email Picture/Media Files You can take pictures, scan artwork, or send digital files.	
Entry Deadline:	Email: norcal4health@gmail.com	After Submission receive

\$20 Gift Card!!

April 5, 2024