

57. Saffron Mixed Grill (For 2) £58.95

زعفران مشاوي مشكلة - شخصين سيني كباب زعفران - براي دو نفر
One skewer of lamb cubes, one skewer of chicken fillet,
two skewers of minced lamb & a skewer of minced chicken

SEA FOOD الأكلات البحرية

59. Fish, Silver Pomfret £24.95

سمك زيدي مقلي ماهي زيدي
Fried silver pomfret fish marinated in chef's special sauce

60. Fish, Grilled Seabass £24.95

سمك مسكوف سي باس ماهي سي باس
Char grilled seabass marinated in chef's special sauce

61. Grilled Jumbo Prawns £24.95

روبيان مشوي على الفحم ميگو كبابي - جامبو
Charcoal flamed jumbo prawns served with chef's special sauce

STEW & OTHER MAIN DISHES اطباق زعفران

63. Baamieh (Okra) £18.95

مرق بامية مع الرز خورشت باميه با برنج
Tomato based stew with okra, garlic & seasonal baby lamb pieces

64. Bademjan (Aubergine) £18.95

مرق باذنجان مع الرز خورشت بادمجان با برنج
Tomato based stew with aubergine, sour grapes & seasonal baby lamb pieces

65. Qima (Split Chick Peas) £18.95

مرق قيمة مع الرز خورشت قيمه با برنج
A stew of diced lamb & split chick peas cooked with sun dried limes garnished
with finely chopped potato chips

66. Qima Bademjan £19.95

مرق قيمة باذنجان مع الرز خورشت قيمه بادمجان با برنج
A stew of diced lamb, split chick peas & aubergine
cooked with sun dried limes & sour grapes

67. Gormeh Sabzi (Spinach) £20.95

مرق شبيزي مع الرز خورشت قرمه سبزي با برنج
A stew of seasonal baby lamb pieces and kidney beans
cooked with selection of fresh herbs & sun dried limes

68. Faasoulieh (White Beans) £17.95

مرق فاصوليا مع الرز خورشت فاصوليه با برنج
Tomato based stew with white beans, onion, garlic & lamb meat

69. Potatoes £17.95

مرق بطاطا مع الرز خورشت سيب زميني با برنج
Tomato based stew with white potato, onion, garlic & lamb meat

70. Beryani Chicken £22.95

برياني دجاج برياني مرغ
Marinated diced chicken breast, onion & peppers blended with rice & chef's special spices

71. Beryani Meat £23.95

برياني لحم برياني گوشت
Marinated diced lamb, onion and peppers blended with rice & chef's special spices

72. Zereshk Polo (Chicken zereshk) £21.95

مطبق دجاج مع زرشك زرشك پلو با مرغ
1/2 of a chicken braised in a saffron & tomato sauce
served with steamed saffron rice & sun dried barberries

73. Chicken Stew £19.95

مرق دجاج خورشت مرغ
1/2 of a chicken braised in a saffron & tomato sauce served with steamed saffron rice

74. Kouzi (Lamb shank) £24.95

كوزي لحم و المكسرات ماهيچه پلو
Lamb shank slow cooked in a special saffron & tomato based sauce,
served with mixed steamed rice with Almonds, raisins, fried onions & special spices

جميع أطباق المرق تقدم مع الرز او الخبز
All stew dishes served with rice or Bread

جميع أطباق المشاوي تقدم مع رز أو سلطة أو بطاطس
All grilled dishes served with rice, salads or chips

DISHES OF THE DAY

غذاهای روز

الأطباق اليومية

76. Fesenjan Stew £23.95

مرق فسنجان مع الرز خورشت فسنجان با برنج
A traditional persian stew with chicken in a rich pomegranate,
walnut sauce & chef's special spices

77. Bean Rice with Chicken £23.95

رز باقلاء مع الدجاج باقالي پلو با مرغ
Steamed rice mixed with dill weed & broad beans
served with 1/4 of a chicken braised in a saffron & tomato sauce

78. Bean Rice with Shank £24.95

رز باقلاء مع اللحم باقالي پلو با ماهيچه
Steamed rice mixed with dill weed & broad beans served with a lamb shank slow
cooked in a special saffron & tomato based sauce

SIDES & EXTRAS

چاشنی جات

الأطباق الجانبية

81. Portion of Saffron Rice £7.95

برنج زعفراني

رز زعفران

82. Portion of Baghla Rice £8.95

باقالي پلو

رز باقلا

83. French Fries £7.95

سيب زميني سرخ کرده

بطاطة مقلية

84. Zereshk or any other Topping £6.95

زرشك او مكسرات

زرشك يا جاشني اضافة

Sun dried barberries or almonds, raisins, fried onion mix topping

DRINKS

نوشيدنی ها

المشروبات

86. Soft Drinks (330 ml) £3.95

نوشابه

مشروبات غازية

87. Small Water (Still / Sparkling) £3.95

آب معدني

مياه معدنية

88. Large Water (Still / Sparkling) £6.95

آب معدني بزرگ

مياه معدنية - كبير

89. Fresh Juices (Orange, Lemon with Mint) £6.95

عصائر طازجة - برتقال، ليمون نعنان - برتقال، ليمون با نعنان

90. Dough (Yogurt) (Glass) £3.95

دوغ

لبن

91. Dough (Yogurt) (Jug) £11.95

پارچ دوغ

جك لبن

92. Pot of Tea £12.95

قوری چای

شاي

93. Pot of Tea with saffron £14.95

قوری چای با زعفران

شاي مع زعفران

94. Cup of Tea £2.95

استکان چای

فنجان شاي

DESSERTS

دسر ها

حلويات

96. Baklava £8.95

شیرینی باقلاوه

بقلاوة

Assorted of mixed filo pastry nuts & syrup honey



Saffron
Restaurant
Mesopotamian & Persian Cuisine

Tel: 020 7723 2377

E: saffron-r@hotmail.co.uk

39 Upper Berkeley Street,
Marble Arch W1H 5QH

APPETISERS

SOUPS

پیش غذاها	المقبات
1. Lentil Soup 🍲 Chef's traditional lentil soup served with finely chopped parsley & fresh lemon	20. Kubba Mousel Pan fried flat disc of 2 layers of bulghur with a thin layer of minced lamb mixture in the middle
2. Vegetable Soup 🍲 Chef's traditional vegetable soup served with finely chopped parsley & fresh lemon	21. Kubba Halab Fried mashed rice stuffed with minced lamb, herbs, spices & onion
3. Chicken Soup 🍲 Chef's traditional Chicken soup served with mushroom vermicelli and cream	22. Kubba Potato Fried mashed potato stuffed with minced lamb, herbs, spices & onion
4. Ashe Reshteh 🍲 A thick traditional vegetarian soup with persian noodles, grains, herbs, garlic, mint sauce & whey topping (Kashk)	23. Kubba Mix Mix Kuba, Halab, Potato

COLD STARTERS

پیش غذاهای سرد	مقبات باردة
5. Hummus 🍲 Blend of chickpeas, tahini, garlic, olive oil & lemon juice	24. Falafel 🍲 (4PCS) Deep fried chickpeas with herbs, spices & tahini sauce
6. Mutabal (Baba ghanoush) 🍲 Grilled aubergine, garlic, tahini sauce with a blend of olive oil & lemon juice	25. Halloumi cheese 🍲 Halloumi cheese served with tomatoes, lettuce & cucumber
7. Tabbouleh Salad 🍲 Finely chopped parsley, tomato, mint, crushed wheat and fresh lemon juice	26. Chicken Wings Chicken wings marinated in saffron special sauce served with lemon & garlic
8. Fattoush Salad 🍲 Fresh lettuce, cucumber, tomato, onion, crispy toasted bread, fresh lemon juice & olive oil	27. Iraqi Sausage Iraqi lamb sausages fried with lemon juice
9. Dolma (Warak inab) 🍲 Vine leaves stuffed with rice, parsley, onion, spices & olive oil	28. Saffron Hot Mixed Starters Sینی مزه - میرزا قاسمی، کشک بادمجان، فلافل، بورگ Selection of kashke bademjan, mirza ghasemi, falafel & boureg
10. Labneh 🍲 Strained yoghurt Mاست چکیده	SALADS
11. Mast o Khiar 🍲 Yogurt mixed with diced cucumber & mint	30. Paneer o Sabzi 🍲 🥑 Fresh seasonal herbs with feta cheese & walnuts
12. Mast o Mousir 🍲 Yogurt mixed with chopped shallots	31. Paneer o Sabzi (Large) 🍲 🥑 جن مع خضروات و جوز - پنیر سبزی و گردو - بزرگ Fresh seasonal herbs with feta cheese & walnuts
13. Torshi 🍲 Home made pickled mixed vegetables	32. Salad Fasl (Season Salad) 🍲 Fresh seasonal leaves with cucumber, tomatoes, sweet pepper served with chef's special dressing
14. Saffron Cold Mixed Starters 🍲 Sینی مزه - تبوله ، ماست و خیار، بادمجان با ماست و سیر، حموس، دلّه A selection of hummus, baba ghanoush, mast o khiair, tabboulah and warak inab	33. Salad Fasl (Season Salad) (Large) 🍲 Fresh seasonal leaves with cucumber, tomatoes, sweet pepper served with chef's special dressing

HOT STARTERS

پیش غذاهای گرم	مقبات حارة
16. Kashke Bademjan 🍲 Fried aubergine mashed with walnuts, fried onions, garlic, mint sauce & whey topping (Kashk)	34. Salad Shirazi 🍲 Finely diced tomato, cucumber, onion & parsley with a blend of Olive oil & fresh lemon juice
17. Mirza Ghasemi 🍲 Grilled aubergine with tomatoes, eggs & garlic	35. Greek Salad 🍲 Cheese, tomato, cucumber, red onion, parsley, olives & sumak served with olive oil & fresh lemon juice
18. A. Boureg Cheese 🍲 (4PCS) Filo pastry stuffed with cheese & herbs & spices	37. Naan Bread 🍲 Traditional fresh bread baked on order
B. Boureg Meat (4PCS) Filo pastry stuffed with lamb, parsley, onion & spices	MAIN COURSES
C. Mix Boureg (4PCS) Mix of meat and cheese boureg	GRILLED DISHES

کبه موصل	کبه حلب	کبه موصل
20. Kubba Mousel Pan fried flat disc of 2 layers of bulghur with a thin layer of minced lamb mixture in the middle	21. Kubba Halab Fried mashed rice stuffed with minced lamb, herbs, spices & onion	22. Kubba Potato Fried mashed potato stuffed with minced lamb, herbs, spices & onion
23. Kubba Mix Mix Kuba, Halab, Potato	24. Falafel 🍲 (4PCS) Deep fried chickpeas with herbs, spices & tahini sauce	25. Halloumi cheese 🍲 Halloumi cheese served with tomatoes, lettuce & cucumber
26. Chicken Wings Chicken wings marinated in saffron special sauce served with lemon & garlic	27. Iraqi Sausage Iraqi lamb sausages fried with lemon juice	28. Saffron Hot Mixed Starters Sینی مزه - میرزا قاسمی، کشک بادمجان، فلافل، بورگ Selection of kashke bademjan, mirza ghasemi, falafel & boureg

سلطات	سالادها
30. Paneer o Sabzi 🍲 🥑 Fresh seasonal herbs with feta cheese & walnuts	31. Paneer o Sabzi (Large) 🍲 🥑 جن مع خضروات و جوز - پنیر سبزی و گردو - بزرگ Fresh seasonal herbs with feta cheese & walnuts
32. Salad Fasl (Season Salad) 🍲 Fresh seasonal leaves with cucumber, tomatoes, sweet pepper served with chef's special dressing	33. Salad Fasl (Season Salad) (Large) 🍲 Fresh seasonal leaves with cucumber, tomatoes, sweet pepper served with chef's special dressing
34. Salad Shirazi 🍲 Finely diced tomato, cucumber, onion & parsley with a blend of Olive oil & fresh lemon juice	35. Greek Salad 🍲 Cheese, tomato, cucumber, red onion, parsley, olives & sumak served with olive oil & fresh lemon juice
37. Naan Bread 🍲 Traditional fresh bread baked on order	38. Kebab Koobideh چلو کباب (کوبیده)

الاطبايق الرئيسية	غذاهای اصلي
39. Kebab Kofta Iraqi Two skewers of char grilled seasonal minced lamb mixed with herbs add spices	40. Kebab Koobideh چلو کباب (کوبیده)
41. Kebab Tikka A skewer of char grilled tender cubes of marinated lamb fillet	42. Kebab Tikka Makhsous تکّه لحم مخصوص مع کباب A skewer of char grilled flattened lamb fillet, trimmed of all the fat
43. Kebab Barg (Steak) A skewer of char grilled flattened lamb fillet, trimmed of all the fat	44. Kebab Barg Makhsous (Soltani) استیک لحم مخصوص مع کباب A skewer of char grilled flattened lamb fillet & a skewer of minced lamb
45. Lamb Chops Five pieces of finest seasonal baby lamb chops marinated in chef's special sauce	46. Lamb Chops Makhsous ریش لحم مخصوص مع کباب Five pieces of finest seasonal baby lamb chops & a skewer of minced lamb

مشکله کباب	چلوکباب و کوبیده عراقی
40. Kebab Koobideh & Kebab Iraqi چلوکباب و کوبیده عراقی	41. Kebab Tikka تکّه لحم کباب چنجه A skewer of char grilled tender cubes of marinated lamb fillet
42. Kebab Tikka Makhsous تکّه لحم مخصوص مع کباب A skewer of char grilled flattened lamb fillet, trimmed of all the fat	43. Kebab Barg (Steak) استیک لحم کباب برگ A skewer of char grilled flattened lamb fillet, trimmed of all the fat
44. Kebab Barg Makhsous (Soltani) استیک لحم مخصوص مع کباب A skewer of char grilled flattened lamb fillet & a skewer of minced lamb	45. Lamb Chops ریش لحم کباب بره، ششلیک Five pieces of finest seasonal baby lamb chops marinated in chef's special sauce
46. Lamb Chops Makhsous ریش لحم مخصوص مع کباب Five pieces of finest seasonal baby lamb chops & a skewer of minced lamb	

CHICKEN

دجاج	جوجه
47. Chicken Kebab Two skewers of char grilled minced chicken mixed with herbs and spices.	48. Chicken & Kebab Iraqi کباب لحم و دجاج کوبیده مرغ و کوبیده عراقی
49. Shish Taook A skewer of char grilled chicken cubes marinated in saffron, yogurt, olive oil & lemon juice	50. Chicken Makhsous کباب دجاج مخصوص مع طاووق کوبیده مرغ مخصوص (با جوجه کباب بی استخوان) A skewer of char grilled chicken fillet & minced chicken marinated in saffron, yogurt, olive oil & lemon juice
51. Makhsous Taook شیش طاووق مخصوص مع کباب لحم A skewer of char grilled chicken fillet & minced lamb marinated in saffron, yogurt, olive oil & lemon juice	52. Chicken Pieces, Joojeh Kebab (on the bone) دجاج مع العظم - مقطع جوجه کباب با استخوان A skewer of char grilled pieces of chicken marinated in saffron, yogurt, olive oil & lemon juice
53. Joojeh Kebab Makhsous (On the bone) دجاج مع العظم مخصوص مع کباب لحم جوجه کباب با استخوان - مخصوص A skewer of char grilled pieces of chicken & a skewer of minced chicken or Lamb	54. Baby Chicken Bonless (Pousin) فروج مشوي مسح مرغ کوچک بی استخوان، بختیاری A skewer of char grilled baby chicken marinated in saffron, yogurt, olive oil & lemon

مشکله	سینی های کباب زعفران
55. Kebab Ghafghazi تکّه لحم و شیش طاووق چلوکباب قفقازی One skewer of lamb cubes and one skewer chicken fillet	56. Saffron Mixed Grill (For 1) زعفران مشاوي مشکله - شخص واحد کباب زعفران - برای يك نفر One skewer of minced lamb, one skewer of lamb and chicken fillet cubes