

Any Day Soirée™

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by Ana Hammond




# 30 Budget Dinner Ideas & Menus

# Introduction

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There is a time to shop local farms for the best organic produce and cuts of beef, for a recipe with lots of steps that we're eager to try. This ebook isn't that. No recipes. Simply dinner ideas and what to serve alongside them.

Let's face it, most of us want to serve fresh, healthy meals always. The reality however, is we're usually pressed for time and don't have money to waste. I put together this list with exactly this in mind. A refresher of the recipes we likely already made at least once, to get un-stuck when the question arises ,  
“What's for dinner?”

By using repetitive ingredients, many sourced directly from our pantry or freezer, these dinner ideas are fast , cost effective and easy! Leaving you with more time, money and energy to do the things you really love . 

# WHAT'S FOR DINNER ?

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# 15 EASY IDEAS

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- SPAGHETTI & MEATBALLS , GARLIC BREAD
- CHICKEN FRIED STEAK, MASHED POTATOES, CORN
- HOTDOGS, PASTA SALAD, WATERMELON
- BAKED ZITI, ROASTED ZUCCHINI, TOMATO SALAD
- TACO'S , QUESADILLAS, MEXICAN CORN
- PIZZA, SALAD, BREADSTICKS
- BLT SANDWICH , POTATO CHIPS, STRAWBERRIES
- PASTA BOLOGNESE , GARLIC GREEN BEANS
- GRILLED CHEESE SANDWICH , CUCUMBERS , OLIVES
- SAUSAGE , ONIONS & PEPPERS SUBS
- CHICKEN TENDERS, FRIES , APPLE SLICES
- ITALIAN WEDDING SOUP, CRUSTY BREAD
- CHICKEN PARMESAN , ANGEL HAIR , SALAD
- RAMEN NOODLES , HARD BOILED EGGS, BROCCOLI
- FETTUCCHINE, SWEDISH MEATBALLS , PEAS



## + 15 MORE ...

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- **BROCCOLI SOUP, GRILLED CHEESE SANDWICH**
- **STIR FRY CHICKEN & VEGGIES**
- **TURKEY SCALLOPINI, RICE , CARROTS**
- **FETTUCCHINE ALFREDO , BRUSSELS**
- **BLACK BEAN SOUP, TORTILLA CHIPS**
- **MEATBALL SUBS, CUCUMBERS-OLIVE SALAD**
- **MONGOLIAN BEEF NOODLES, BROCCOLI**
- **EGG DROP SOUP, BREADSTICKS**
- **PANKO CHICKEN , RICE & PEAS**
- **KIELBASA , CABBAGE , PIEROGIS**
- **CHILI, NACHOS , CORNBREAD**
- **JUMBALYA , ROASTED VEGGIES**
- **LOADED BAKED POTATOES, NOODLE SOUP**
- **PULLED PORK SANDWICHES, CORN ON THE COB**
- **BREADED CHICKEN SANDWICH , FRENCH FRIES, PICKLE**

# 10 DESSERT IDEAS

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1. **FRUIT SALAD**
2. **BAKED APPLES**
3. **ICE CREAM**
4. **CAKE**
5. **BERRIES & WHIPPED CREAM**
6. **SMOOTHIE**
7. **COOKIES**
8. **SHERBERT**
9. **FROZEN YOGURT**
10. **BROWNIES**



Yogurt is a great substitute for whipped cream. Berries with a sprinkle of sugar are also equally special enough to serve as dessert. In the culinary world we call that macerated.