## **Eating Contest Rules and Regulations**

- 1. The object is to see who can eat all of their food in the shortest amount of time. This may be street tacos, hamburgers, pies or any other type of food. No substitutions are permitted.
- 2. Contestants will compete standing and must eat the entire served platter (including crumbs and pieces) to be considered complete.
- 3. Contestants must wait for the starting signal and may not pick up any more food from their platter once the finish whistle is blown.
- 4. Any food in the mouth when the finish whistle is blown will be counted pending they are swallowed within 10 seconds immediately following the finish whistle.
- 5. Any contestant that throws up is disqualified.
- 6. Judges for each contestant will be on hand to assure adherence to contest rules, monitor the times of the top three fastest eaters, monitor the "no throw up" rule, and to disqualify contestants who fail to adhere to the rules.
- 7. Winners will be determined by finishing an entire platter of food in the shortest amount of time.
- 8. In the event of a tie, after a brief interval, a 1-minute eat-off will take place. The tie breaker will be determined by who can eat the most food in 1 minute.

## Scoring

- 1. The winner of the contest will get 75 points for their team.
- 2. Second place will get 50 points for their team.
- 3. Third place will get 25 points for their team.
- 4. Fourth place and beyond will not receive any points for their attempt.