



A Thought of God

A friend of mine called me the other evening to tell me that the mother of a good friend was preparing to die by euthanasia. They call that M.A.I.D. here in Canada. It's a euphemism, meaning it sounds a lot nicer than what it really means. It means having some medical person administer drugs to kill you. My friend, K., was extremely upset as she is a very compassionate person and is dedicated to the dignity of the human person and life in all its forms and most especially human life. So she went to see the mother and try to convince this Christian woman to turn back. The woman refused saying she didn't want to live in a long-term care home. My friend offered to take her home and care for her.

And she meant it; she has the financial means but more importantly, she has the heart for it. She was dead serious. But the woman insisted that she was going to meet Jesus. At 11:00 am the woman was killed, right on schedule.

While telling me the story, K said, "It's almost as if she was brainwashed." BINGO! She **WAS** brainwashed, as is a

Pro-Life Apologetics

Pro-abortion claim: Abortion is simply getting rid of a clump of cells.

Pro-Life response: When it comes down to it, every living being is also a "clump of cells," including you and me. But, this particular clump of cells in the womb of a pregnant mother is not only alive, fulfilling all the criteria of biological life (having highly organized structures, responding to stimuli, potential to reproduce, growing and developing, regulation, maintenance of homeostasis, energy processing), but this clump of cells is also a full member of the human species whose life began at conception, when sperm and egg united. Abortion is, therefore, not getting rid of a mere clump of cells, but the direct and intentional killing of a preborn human being living within his or her mother.

Source: Campaign Life Coalition Monthly Newsletter



5th SUNDAY IN ORDINARY TIME

1st Reading: Job 7.1-4, 6-7

2nd Reading: 1 Cor. 9.16-19, 22-23

Gospel: Mark 1.29-39

rather large segment of Canadian society. Canadians have been led to believe that the taking of innocent human life is a legitimate option to end suffering. And therein lies a lot of the misunderstanding and the great divide in our society over abortion and euthanasia and any killing of innocent human life.

The dignity of the human person is rooted in the image of God. A fundamental teaching of the Catholic faith is that we are made in Imago Dei, that is, in the image and likeness of God. Pope Benedict XVI noted that, "We are not some casual and meaningless product of evolution. **Each of us is a result of a thought of God.** Each of us is willed, each of us is loved, each of us is necessary."

You are very special. You are not valuable because you are useful to other people or can be used by other people. You are not special simply because of what you have achieved or for superficial reasons like your physical appearance, your athletic abilities, your intelligence, your profession, or your awards. **You are special because of who you are, a child of God.** Because **God thought of you** and continues to hold you in being while thinking about you.

FEB 4, 2024

BULLETIN



OUR LADY OF LOURDES
COQUITLAM

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Lent is coming soon, and so is the 40 Days for Life, a campaign for people all over the world to pray and witness to life. (See inside.) There are several ways you may participate with your parish in ending the killing of innocent human life. Join us this Lent.


Peace,
Father Larry

WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.


Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes


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 llynn@rcav.org

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"Sleepers, wake up from your slumber!" *Ephesians 5: 14*

Our society is sleepwalking in the middle of a holocaust. 20% of pregnancies in Canada end in abortion. Every year about 100,000 abortions are reported, either in hospitals or clinics, but there are many, many more human lives killed by over-the-counter drugs. Over 50,000 Canadians have died by euthanasia since 2016. But the tide is turning in our favor. The pro-life movement is having an effect. Stay posted.

The **40 Days for Life campaign** runs every year during Lent to bring about the end of abortion and euthanasia all over the world. These are some ways we can actively participate with the parish in this campaign:

- Make a commitment to prayer and/or fasting; anywhere and anytime. (Sign a pledge card.)
- Go to the on-site prayer vigil at the Women's Hospital at 32nd and Willow St. in Vancouver between 7am-7pm. Choose your hours and go with some friends, carpool.
- Zoom rosary at 8 pm PST for 40 days. (Join any time, as often as you can.)
- Make a special commitment to come and spend some time before the Holy Eucharist in our church.

More details to follow.

ADORATION



**SERVE THE LORD
IN SIMPLE PRAYER
AND
CHANGE THE WORLD**

**WILL YOU COMMIT TO
ONE HOUR A WEEK
TO PRAY FOR PEACE?**

**Sign Up Sheet is available
at Church**

BECOME A TEAM LEADER.

**SPEAK TO ANA IN THE OFFICE
(604) 936-1311**



Feast Day of OUR LADY of LOURDES - February 11

Let us celebrate the feast day of Our Lady of Lourdes by honoring her with:

Novena

- From Feb 2 - Feb 10, 2024 after 8:30am Mass, *except on:*
 - Feb 3 after 5:00pm Mass
 - Feb 4 after 9:00am and 11:00am Masses

Procession

- February 11, 2023 after the 11:00am Mass.

We are blessed to have known Our Lady; we want others to know her too.

Youth Table Tennis | Every Friday from 6:30-8:30pm

This is a weekly program, it takes place every Friday from 6:30pm to 8:30pm. Our program is designed to teach youth fundamentals of table tennis in a safe and supportive environment. If you are interested, please contact the office and give your name to Ana: (604) 936-1311



A CALL for last year's palms to make into ashes

Hello everyone, please bring last year's palms to the church this weekend to make into ashes for **Ash Wednesday**. Thank you and God bless.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
Thursday Mass will be followed by Adoration.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm
Adoration: 9:00am - 10:00am and 5:45pm - 6:45pm

FIRST SATURDAY OF THE MONTH

No morning Confession or Mass

CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am
Sat.: 4:00 - 4:45 pm. Or by appointment.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

Catholicism Series

Every Thursday @7:00pm

Last Friday, we have started the Catholicism Series created by Bishop Robert Barron. And you are welcome to join the next episode on **Feb 8 at 7:00 pm in Upper St. Anne's Hall**. It is an engaging, formational program which uses the art, architecture, literature, music and all the treasures of the Catholic tradition, to illuminate the timeless teachings of the Church. Join us in this exciting journey and be amazed. Call parish office to register.

3-Feb	Saturday	5:00 PM	INT	Eva Maracanas Castro
4-Feb	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
4-Feb	Sunday	11:00 AM	INT	Gordon Then and Minette Lim
5-Feb	Monday	8:30 AM	✝	Lourenco Conceicao
6-Feb	Tuesday	8:30 AM	✝	Agueda Lavilla
7-Feb	Wednesday	8:30 AM	✝	Lourenco Conceicao
8-Feb	Thursday	8:30 AM	✝	Alberta B. Sanches
9-Feb	Friday	8:30 AM	✝	Alice Nicholson
10-Feb	Saturday	8:30 AM	✝	Teresa and Francis Kwok

BOOKING MASS INTENTIONS

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

How to use social media and remain Catholic

The Canadian Conference of Catholic Bishops (CCCC) has released its **Pastoral Letter** on the use of social media titled:

“Let Your Speech Always Be Gracious.”

Acknowledging the prominent role social media has come to play at an individual and societal level, this timely Pastoral Letter considers the benefits and dangers of social media from the perspective of Catholic Social Teaching.

It provides tools for moral reflection and self-examination, and suggests seven commitments by which to be guided for a more ethical use of social media. The Pastoral Letter can be accessed and shared via rcav.org/announcements.

Momentum Single Mothers Lunch

This is an opportunity for women to gather, share, pray, and learn more about Momentum, a faith community for Catholic single mothers that offers retreats, as well as in-person and online gatherings.

We will be joined by Claire Brown, who has been a single mother to her son since his birth in 2000. Claire is a co-founder of Momentum and a Professor at McGill University. On **Saturday, February 24, 12:30 p.m. to 2:30 p.m. at Corpus Christi Parish in Vancouver.**

Lunch and childcare will be provided. Learn more and register for free via beholdvancouver.org/events.

Our Parish is on FORMED Diving into the beauty of the faith has never been easier: at home, on the go or from any internet connected device.

Sign up

for free: formed.org/signup

Then type in our parish name or postal code **V3K 2E6** and you're in. Enjoy the content you want.

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Lina Aussant, Dr. Erb, Kathleen Lauzon, Ralph Roberts, René & Gilberte Collette, the Quek Family, Father Lucien Larré and Teresita Cunningham.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

PARISH MINISTRIES

- Alpha** Anthony Marroquin & Alex Lim
- Altar Servers** Alex Lim
- ACRSS Rep** Irenaeus Lim
- CWL** Josephine (Dollie) Basa
- Choir (Sun 9am)** Josephine (Dollie) Basa
- Choir (Sun 11am)** Roger De Villa
- Couples for Christ** Alejandro & Stella Delos Santos
- K of C** Danny Kusnardi
- Lector** Suzanne Tkach
- Prayer Group** Alex & Nancy Lim
- PREP** Marilyn Sarte
- Project Advance** Kathy Gorkoff & Francis Gutierrez
- Sacristan** Alex Lim
- Ushers** Robert Tang & Terry Charbonneau

COFFEE & DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know you fellow parishioners.

This weekend we thank **the Knights of Columbus** for sponsoring.



Contact parish office for info.


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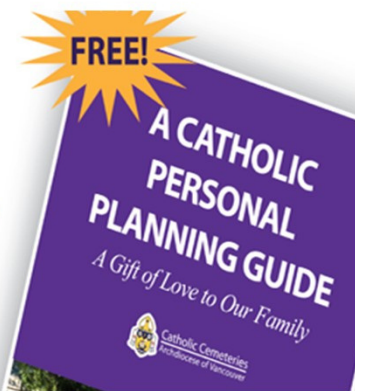
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