



1st Reading: Jonah 3.1-5, 10  
2nd Reading: 1 Corinthians 7.29-31  
Gospel: Mark 1. 14-20

# BULLETIN



## Life: It's Priceless!

What's a life worth? To some, life is cheap. Some people kill at the drop of a hat. In a war zone, say, Gaza, a life isn't worth a plugged nickel. To an abortionist, the life of a fetus is no life at all and worth only what fetal tissue and body parts will fetch from the research market.

### But really, how can we put a price on life?

Well of course we can't, I hear you say. But we do all the time. Check in at your local hospital, care home or hospice and see what kind of value is placed on one actual life. Find out how a person's life is considered on balance with the cost of care or a person's potential for productivity or perceived usefulness.

Since euthanasia was legalized in Canada in 2016, there have been well over 50, 000 people killed by what they call medical assistance in dying, a distorting euphemism if there ever was one. Euthanasia is the taking of a human life. It is killing, usually by injecting a fatal combination of drugs into a person.

It is not medical assistance in dying; it is the taking of a life. Real medical assistance for people who are dying takes care of the patient, helping to make them comfortable, using good nursing practices, caring for the whole person: body, mind, and spirit. That is what good, compassionate hospice care looks like. This holistic outlook empowers close friends and relatives to journey with the patient, allowing for compassion to be offered and accepted so that true, healing, closure may come about, and grief may proceed naturally.

Grief is a process that profoundly affects all concerned and is integral to the healing process.

Euthanasia short circuits that process, leaving friends and relatives with no closure, with no way of developing their grief. Here one minute, gone the next. But we are so much more than our bodies.

The real problem though, is one of ownership. The pro-euthanasia slogan says, "My Body, my Death, my Choice." St. Paul, in his letter to the Romans says, **"We do not live to ourselves, and we do not die to ourselves. If we live, we live to the Lord, if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's."**

Bishop Robert Barron asks the question, "Does the slogan get it right? Or does St. Paul get it right? Does my life belong to me or is it a gift from God?"

For Catholics, the answer is obvious. But please don't misunderstand. Being against euthanasia and abortion is to truly see suffering and to share in the suffering, to "suffer with" (which is the actual meaning of compassion). It is to accept life in all its complexities and suffering and the struggles that human beings face. It is to take on those struggles in solidarity with our brothers and sisters and to know that suffering is a very real part of human existence.

We may live in a world that believes that the killing of innocent human life is a legitimate solution to problems and inconveniences, a world that desires to stamp out suffering by decree.

But there is hope. And our hope is in recognizing the truth of the dignity of the human person and to realize that a single human life is worth more than an entire universe of material goods. **Each and every human life is priceless!**

## IN THIS ISSUE

### PAGE 1

- STEWARDSHIP REFLECTION

### PAGE 2

- CATHOLICISM SERIES
- YOUTH TABLE TENNIS
- ENVELOPES & TAX RECEIPTS
- SPIRITUAL CARE TRAINING PROGRAM

### PAGE 3

- MASS INTENTIONS
- PRO-LIFE MASSES AND PRAYER VIGILS
- VOCATIONS LIVE-IN
- DYING TO MEET YOU


# WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

Peace,  
*Father Larry*


## Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes


Pastor: Fr. Larry Lynn

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## WE HAVE THE DATE FOR 'TAKE-OFF' ON CATHOLICISM

On **February 1st at 7pm** in Upper St. Anne's Hall, LOL Parish will be undertaking a Journey around the world and deep into the heart of our Catholic Faith; by showing the *THE CATHOLICISM SERIES* created by *WORD ON FIRE MINISTRY* of Bishop Robert Barron. It is an engaging, formational program which uses the art, architecture, literature, music and all the treasures of the Catholic tradition, to illuminate the timeless teachings of the Church. Join us in this exciting journey - Come and Be Amazed - Register now to [ourladyoflourdesparish@gmail.com](mailto:ourladyoflourdesparish@gmail.com)

### ADORATION



**SERVE THE LORD  
IN SIMPLE PRAYER  
AND**

**CHANGE THE WORLD**

**WILL YOU COMMIT TO  
ONE HOUR A WEEK  
TO PRAY FOR PEACE?**

**Sign Up Sheet is available  
at Church**

**BECOME A TEAM LEADER.**

**SPEAK TO ANA IN THE OFFICE  
(604) 936-1311**

### Spiritual Care Training Program

One of the corporal acts of mercy is to 'visit the sick'. The Archdiocese of Vancouver is offering an eight week online via Zoom course titled 'Spiritual Care Training Program' to run every Thursday starting on Feb.1 until March 21 from 1:30 pm to 4:00 pm. This course will prepare you to be more available to seniors and others in the community 'who are experiencing profound loneliness and isolation'. Our parish will cover the cost of \$30 to those who will volunteer in the ministry of visitation and distribution of Holy Communion to shut ins. Christ sent forth his disciples in pairs. Please invite a friend to take this course with you and walk together in this ministry. Contact Ana by email or call the parish office at (604) 936-1311.

### Youth Table Tennis | Every Friday from 6:30-8:30pm



We're starting a Youth table tennis program at our Parish starting next Friday January 26th, 2024 every Friday from 6:30pm to 8:30pm. Our program is designed to teach youth fundamentals of table tennis in a safe and supportive environment. If you are interested, please contact the office and give your name to Ana: (604) 936-1311

### 2024 Envelopes & Tax Receipts

**Envelope boxes** are available at the back of church. They're separated in alphabetic order. Please pick it up this week. Also the **tax receipts** for parishioners will be in envelopes in the back of the church. If you have any questions please talk to Ana in the office.

#### WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am  
Thursday Mass will be followed by Adoration.

#### SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am  
English/French: Sun.: 11:00AM

#### FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm  
Adoration: 9:00am - 10:00am and 5:45pm - 6:45pm

#### FIRST SATURDAY OF THE MONTH

No morning Confession or Mass

#### CONFESSION SCHEDULE

Tues. to Fri. at 8:00am until 8:25am  
Sat.: 4:00 - 4:45 pm. Or by appointment.

#### HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

#### BAPTISM

By appointment only.

#### MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

#### FUNERAL

Contact Parish Priest before making arrangements.

#### SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

**Pro-Life Mass & Prayer Vigil**

The next Mass and Vigil takes place on Feb 3 at 9:00am at Blessed Sacrament | 3040 Heather St., Vancouver.

**From March to August:**

- **March 2:** Guardian Angels (9:00am) | 1161 Broughton St, Vancouver
- **April 6:** Holy Trinity (**8:30 a.m.**) | 2725 Lonsdale Ave., North Vancouver
- **May 4:** St. Mary's (9:00am) | 5251 Joyce St. Vancouver
- **June 1:** St. Bernadette's (9:00am) | 6543 132 St., Surrey
- **July 6:** St. Clare of Assisi (9:00am) | 2888 Delahaye Dr., Coquitlam
- **August 3:** St. Joseph's (9:00am) | 32550 7th Ave., Mission

20-Jan	Saturday	5:00 PM	INT	Edwina Boongaling
21-Jan	Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
21-Jan	Sunday	11:00 AM	✝	Jansen Sarte
22-Jan	Monday	8:30 AM	✝	Father Francis Chang
23-Jan	Tuesday	8:30 AM	✝	Rosina Bertani
24-Jan	Wednesday	8:30 AM	✝	Alice Nicholson
24-Jan	Thursday	8:30 AM	✝	Alice Nicholson
26-Jan	Friday	8:30 AM	✝	Alice Nicholson
27-Jan	Saturday	8:30 AM	✝	Alice Nicholson

**BOOKING MASS INTENTIONS**

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

**Vocations Live-in - Feb 10-11, 2024**

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, lectio divina (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus. We hope that in attending the Vocation Live-In, you will leave the seminary closer to Christ, more knowledgeable of seminary life, and will inspire other boys and men to respond to the possibility of a call to the priesthood or religious life. The next Seminary Live-in on **February 10-11, 2024.**

**For requests to attend please contact:**

College Seminary Live In: Father Matthew Gerlich, OSB | Email: **rector.majors@sck.ca.** and High School Seminary Live In: Father Anthony Nguyen, OSB | E-mail: **rector.minors@sck.ca**

**Dying to Meet You: Preventing euthanasia and encouraging hope**

Come join us after Mass (Mass at 9:00 am) on Saturday, **January 27th at 9:30 a.m.** at Holy Cross Church basement (1450 Delta Ave, Burnaby) to hear speaker **Amanda Achtman** share her experience as she travels across Canada listening to encourage the conversation surrounding suffering, death, meaning, and hope. Why has euthanasia become such a temptation for so many Canadians? How can we create and put forward a more attractive alternative vision? What are ways we can bring hope to our parish and community?

Come join us for this discussion. This event is for all ages and will be especially of interest to all pro-lifers. Light refreshments provided. RSVP at <https://forms.gle/DyingtoMeetYou>



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**PRAYER FOR THE SICK**

Please remember in your prayers our parishioners who are ill, especially:

**Lina Aussant, Dr. Erb, Kathleen Lauzon, Ralph Roberts, René & Gilberte Collette, the Quek Family, Father Lucien Larré and Teresita Cunningham.**

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

**COFFEE & DONUTS AFTER MASS**

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know you fellow parishioners.

This weekend we thank **the Couples for Christ** for sponsoring.



**PARISH MINISTRIES**

- Alpha** Anthony Marroquin & Alex Lim
- Altar Servers** Alex Lim
- ACRSS Rep** Irenaeus Lim
- CWL** Josephine (Dollie) Basa
- Choir (Sun 9am)** Josephine (Dollie) Basa
- Choir (Sun 11am)** Roger De Villa
- Couples for Christ** Alejandro & Stella Delos Santos
- K of C** Danny Kusnardi
- Lector** Suzanne Tkach
- Prayer Group** Alex & Nancy Lim
- PREP** Marilyn Sarte
- Project Advance** Kathy Gorkoff & Francis Gutierrez
- Sacristan** Alex Lim
- Ushers** Robert Tang & Terry Charbonneau

**Contact parish office for info.**


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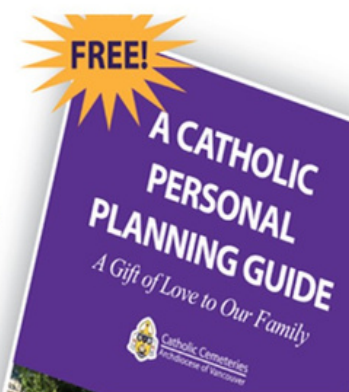
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