



Soul of Christ, sanctify me! St. Thomas Aquinas

When we receive the Holy Eucharist, that is exactly what Jesus is doing in us: **his soul is sanctifying our souls**. He is joining his soul to our soul. **We become one with him**. St. Thomas Aquinas tells us that the human soul of Christ has sanctifying grace, that this soul is in union with the Word of God, is dignified above all human souls, knows and loves God more perfectly than any other soul and that the grace of his soul overflows upon all others. **The grace of the human soul of Jesus overflows to us**.

We're coming to that time of year, the middle of Autumn, when the leaves are falling, the air is brisk, the days are short; it's a time of transition into a different state of mind. We begin to hunker down and prepare for winter. We observe the death of summer; it's now a memory. Life passes, seasons change, people die. It's all part of life.

There is no other religion or organization that attends to death as deeply reverent or profoundly meaningful as the Catholic Church. The Tibetan Book of the Dead which describes the transition rites of Tibetan Buddhists come the closest to Catholic thinking about life after death.

First Nations People have a beautiful sense that their ancestors live on in some way. When they pray, they often invoke "all my relations", meaning the line of ancestors that goes back to the beginning of time. Catholics have a similar belief we call "the Communion of Saints". I'm not so sure that Catholics in general understand that or believe it or invoke their "relations" that have gone

31st SUNDAY IN ORDINARY TIME
1st Reading: Malachi 1.14–2.2, 8–10
2nd Reading: 1 Thess.2.7–9, 13
Gospel: Matthew 23.1–12

before them. First Nations People get this.

But the one thing concerning death that we, as Catholics have that others do not, is hope! St. Paul tells us, "You don't have to mourn as others do who have no hope." (2 Thessalonians 4: 13). We can look forward to our death with joy because Jesus rose from the dead and that makes us co-heirs to the Kingdom of God. Naturally we grieve our loved one's death, but our grief is tempered by our hope and we carry the joy that comes from knowing our loved ones are likely to be with God in heaven. Or we can at least hope they're in purgatory and eventually they will be in heaven.

We are in the month of November, a time when we especially remember and pray for the souls of our loved ones.

We just celebrated All Saints Day on November 1, a day when we contemplate the glory of the **Church Triumphant** and we implore her intercession. We ask the Saints to pray for us. On All Souls Day, November 2, we considered the pains of the **Church Suffering** and we prayed for these souls the divine assistance: "Eternal rest grant unto them O Lord." This is the dogma of the **Communion of Saints** put into practice. The **Church Triumphant** intercedes for us, the **Church Militant**; and we, in our turn, hasten to help the **Church Suffering**. You see, there is no real separation from those who have died in Christ. Because **Jesus has sanctified our soul and has joined his soul to our soul**.

*Eternal rest grant unto them, O Lord.
And let perpetual light shine upon them.
May they rest in peace. Amen.*

(Adapted from the lost reflection written last week just before my computer crashed.)

Peace, *Father Larry*

NOV 5, 2023

BULLETIN



OUR LADY OF LOURDES
COQUITLAM

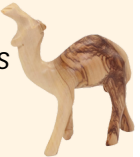
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WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Father Larry.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

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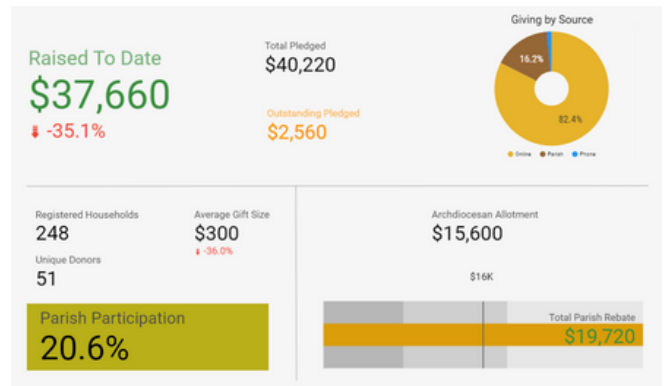
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**PROJECT
ADVANCE** Empowering
our Parish Vision
2023

As you can see by the chart, things are moving forward. A few more donations came in this week and that is encouraging. Don't forget, your donation is tax deductible and needs to be in before December 31. Be part of making the church a hub of activity by completing the basement. The sooner the better. Thank you for your generosity.

Project Advance Our Lady of Lourdes Parish Progress Report 2023



ADORATION



**SERVE THE LORD
IN SIMPLE PRAYER
AND
CHANGE THE WORLD**

**WILL YOU COMMIT TO
ONE HOUR A WEEK
TO PRAY FOR PEACE?**

**Sign Up Sheet is available
at Church**

BECOME A TEAM LEADER.

**SPEAK TO ANA IN THE OFFICE
(604) 936-1311**

ADORATION - PRAY FOR PEACE



"Peace begins with a smile. Smile five times a day at someone you don't really want to smile at; do it for peace. Let us radiate the peace of God and so light His light and extinguish in the world and in the hearts of all men all hatred and love for power."

-Mother Teresa

**Religious Articles from
the Holy Land to fulfill all
your spiritual needs!**



Hand-craved religious **olive wood carvings** from Holy Land will be available for purchase at the Upper St. Anne's Hall on **November 4 and 5** after all weekend Masses. Please note that that only cash, e-transfer, or cheque are accepted as payment at this time.

Life Compass Workshop Retreat for Men

This retreat workshop aims to help men eradicate passivity and build life purpose and meaning. This workshop is facilitated by Brett Powell and his son, Jacob. On Saturday, November 25, from 8:00 a.m. to 4:30 p.m. at Holy Grounds Coffee House on the campus of St. Patrick's Parish in Maple Ridge. Space is limited to 50. Enjoy early bird rate until Wednesday, November 8. Learn more and register at buildmylifecompass.com.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
Thursday Mass will be followed by Adoration.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm
Adoration: 9:00am - 10:00am and 5:45pm - 6:45pm

CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am
Sat.: 4:00 - 4:45 pm. Or by appointment.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

BOOKING MASS INTENTIONS

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

We are giving you

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4-Nov	Saturday	5:00 PM	INT	Vizenti Family
5-Nov	Sunday	9:00 AM	INT	OUR LADY OF LOURDES PARISHIONERS
5-Nov	Sunday	11:00 AM	+	Therese Alonco
6-Nov	Monday	8:30 AM	+	Len Philips
7-Nov	Tuesday	8:30 AM	+	Debbie Findlay
8-Nov	Wednesday	8:30 AM	+	Isabel Oliver
9-Nov	Thursday	8:30 AM	INT	Jack Warren
10-Nov	Friday	8:30 AM	+	Rollie Magsisi
11-Nov	Saturday	8:30 AM	INT	Roosniati Salihin

Basement Renovation

Good news! The basement renovation is off to a good start. The architect and the project manager are working together to find out about permits from the city, looking into various consultants and engineers who will be required to move the project forward. Out of this process we'll develop a preliminary budget. Stay tuned for updates. I'm sure it's going to be an exciting ride.



November. The month of All Souls

During the month of November, we will be using these great little booklets – November: The Month of Holy Souls. Each day, at each Mass we will recite a short prayer after the homily. If we're all headed somewhere, it's good to be reminded where we're headed. These prayers remind us our destination is with God.

We have November, Month of the Holy Souls envelopes available.

These are a little different than the normal Mass intentions. These intentions are collected and will be distributed to religious priests, such as at the Abbey in Mission, where priests don't have a lot of Mass intentions.

On these envelopes, you may write many names on the one envelope but only one stipend. PLEASE – NO CHECKS! The envelopes will be available for the whole month of November.



Please leave them at the designated baskets. Thank you.

PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Lina Aussant, Jamie Awa, Dr. Erb, Kathleen Lauzon, Ralph Roberts, René & Gilberte Collette, the Quek Family, Marielle Wunderlich and Father Lucien Larré.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

COFFEE AND DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank **the Knights of Columbus** for sponsoring.



PARISH MINISTRIES

- Alpha** Anthony Marroquin & Alex Lim
- Altar Servers** Alex Lim
- ACRSS Rep** Irenaeus Lim
- CWL** Josephine (Dollie) Basa
- Choir (Sun 9am)** Josephine (Dollie) Basa
- Choir (Sun 11am)** Roger De Villa
- Couples for Christ** Alejandro & Stella Delos Santos
- K of C** Danny Kusnardi
- Lector** Suzanne Tkach
- Prayer Group** Alex & Nancy Lim
- PREP** Marilyn Sarte
- Project Advance** Kathy Gorkoff & Francis Gutierrez
- Sacristan** Alex Lim
- Ushers** Robert Tang & Terry Charbonneau

Contact parish office for info.

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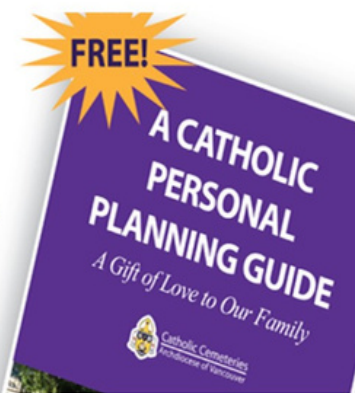
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Please Remember Our Lady of Lourdes Parish in Your Will. Thank you!