

BULLETIN

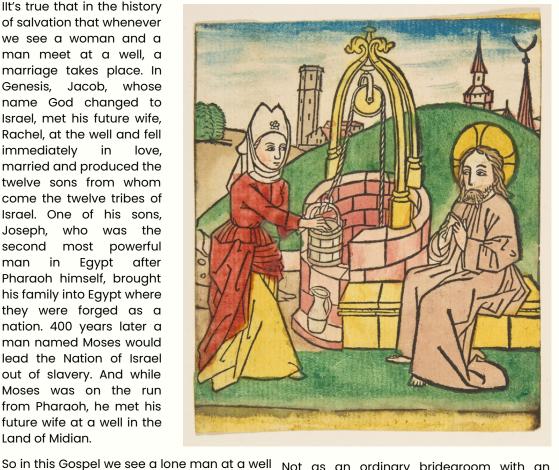
3rd Sunday of Lent

1st Reading: Exodus 17.3-7 2nd Reading: Romans 5.1-2, 5-8 Gospel: John 4.5-42 (longer) or John 4.5-15, 19-26, 39a, 40-42 (shorter)

Stewardship Reflection

Woman + Man + well = Marriage

Ilt's true that in the history of salvation that whenever we see a woman and a man meet at a well, a marriage takes place. In Genesis, Jacob, whose name God changed to Israel, met his future wife, Rachel, at the well and fell immediately in love. married and produced the twelve sons from whom come the twelve tribes of Israel. One of his sons, Joseph, who was the second most powerful after man in Egypt Pharaoh himself, brought his family into Egypt where they were forged as a nation. 400 years later a man named Moses would lead the Nation of Israel out of slavery. And while Moses was on the run from Pharaoh, he met his future wife at a well in the Land of Midian.



Not as an ordinary bridegroom with an ordinary bride, but as the divine bridegroom who has come in person in order to marry all of humanity through the new covenant in his blood. This new covenant is really an everlasting marriage covenant between God and humanity.

Peace,

Father Larry Lynn

Our Lady Of Lourdes Parish 828 Laval Square, Coquitlam, BC V3K 2E6

speaking with a lone woman. What is an

Apostle to think? This is beginning to look like

a set-up for a marriage. And in a way it is. Of

course Jesus is celibate and is not interested

in the Samaritan woman as a natural

spouse. But he is beginning to sow the seed

of his mission, not just as the Messiah and

not just the Savior of the world but as the

Pastor: Fr. Larry Lynn



bridegroom.

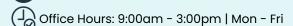
llynn@rcav.org



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Parish Office:





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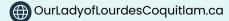
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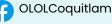
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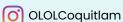
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WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Fr. Larry.







WE ARE HIRING

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace." 1 Peter 4:10

Heeding the call of the Church, we seek for someone who can join us on the mission of the church as:

- Administrative Assistant Full Time. Visit: rcav.org/jobs/461
- Custodian Part Time. Visit: rcav.org/jobs/460

Do you know anyone who will be a good fit?

Do you know someone who is looking for a job?

Please let them know. Thank you.

THE CHOSEN

Season 1 | Episode 5 | The Wedding Gift

Nicodemus interrogates John the Baptizer while Jesus and his students make their way to a wedding celebration in Cana. When the wine runs low, Mary asks her son to intervene on behalf of the bridegroom's family.

Lower St. Anne's hall | 10:00 am - 11:30am | MAR 14



OUR PARISH IS ON FORMED

New dedicated page in our website on Formed:

ourladyoflourdescoquitlam.ca/formed

- How to signup
- Updates on Contents

FORMED is excited to present curated content to help the Church journey through this Lenten season. In this collection are resources to help the faithful deepen their understanding of various Lenten days, practices, and devotions. You can find resources on prayer, the mystery of Christ's Passion, the roots of Holy Week found in Judaism, and many things to help guide the faithful through the holiest days in our liturgical year—the Triduum. We pray that all of these resources draw us deeper into the mystery of Lent, Holy Week, and the Triduum as we look forward to the joy of the Resurrection.







Lent





SINGING WORKSHOP

EXPLORING THE BEL CANTO SINGING METHOD

Do you like to sing? Our choirs have invited classical singer, orchestral and choral conductor, Armand Birk to lead a workshop to help our choir members to sing to the best of their ability. We would like to open this opportunity to all of our parishioners who have an interest in music, especially singing. It will be a fun evening for everyone and will help us to unlock the natural sound of our own voices. Intrigued? Please join us in the church at 7:00 PM on Saturday Mar 18. It's free. See you there!

LIFE COMPASS WORKSHOP RETREAT Eradicate Passivity. Build Purpose.

Men need the practical guidance of a workshop and the spiritual enrichment of a retreat to help them develop a compelling vision of a life worth pursuing. The Workshop Retreat includes a full day of content, a follow-up mastermind meeting, a private group chat, time for personal prayer, and available throughout the day, as well as a full hot lunch to restore your energy and help you enjoy some fellowship.

Saturday, Mar 25, 2023 | 9:00AM - 4:00PM John Paull II Centre, 4885 St John Paul II Way \$200 - Catholic Men

Register link: **buildmylifecompass.com**

LIFEC*MPASS

INTERCESSORY PRAYER NETWORK

Would you like to be part of the Intercessory Prayer Network? Every month we'll send you prayer intentions for the work of the Catholic Church in Vancouver. Your continued support for our Archdiocesan Priorities and Goals will focus pastoral efforts in our evangelizing mission together. To sign up: rcav.org/ipn

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am Thursday Mass will be followed by Adoration

SUNDAY MASS

Sat.: 5:00pm, Sun.: 9:00am and 11:00am (English/French)

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm

Adoration: 9:00am -10:00am and 5:45pm - 6:45pm

CONFESSION SCHEDULE

Mon. to Sat. at 8:00am Sat.:: 4:00 – 4:45 pm. Or by appointment

BAPTISM

By appointment only.



STATIONS OF THE CROSS

Every Fridays during Lent at 6:00PM and followed by Mass.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Nonparishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BOOKING MASS INTENTIONS

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

THIS WEEK'S MASS INTENTIONS

Saturday	5:00 PM	INT	Yurika Beltran
Sunday	9:00 AM	INT	Our Lady of Lourdes Parishioners
Sunday	11:00 AM	+	Babz Chula
Monday	8:30 AM	+	Lorice Z. Gutierrez
Tuesday	8:30 AM	+	Maria Bonifacio Aguilar
Wednesday	8:30 AM	+	Souls in Purgatory
Thursday	8:30 AM	+	Deanna Venida
Friday	8:30 AM	INT	Bruno & Alida Zalunardo (Thanksgiving)
Saturday	8:30 AM	+	Jansen Sarte
	Sunday Sunday Monday Tuesday Wednesday Thursday Friday	Sunday 9:00 AM Sunday 11:00 AM Monday 8:30 AM Tuesday 8:30 AM Wednesday 8:30 AM Thursday 8:30 AM Friday 8:30 AM	Sunday 9:00 AM INT Sunday 11:00 AM Monday 8:30 AM Tuesday 8:30 AM Wednesday 8:30 AM Thursday 8:30 AM Friday 8:30 AM INT

LENTEN PENITENTIAL SERVICE 2023

Tues, Mar 21	Our Lady of Fatima, Coquitlam	
Wed, Mar 22	Our Lady of Lourdes, Coquitlam	
Thurs, Mar 23	All Saints, Coquitlam	
Tues, Mar 28	St. Joseph's, Port Moody	
Wed, Mar 29	Our Lady of the Assumption, PoCo	
Thurs, Mar 30	St. Clare of Assisi, Coquitlam	
Fri, Mar 31	St. Luke's, Pitt Meadows	
Tues, Apr 4	r 4 St. Patrick's, Maple Ridge	



Here's how to take part in 40 Days for Life in our parish:



Parish COORDINATORS:

Nancy & Alex Lim, email: fireblade@telus.net For more information on 40DFL, contact Alba, Email: vancouver40days@gmail.com

ourladyoflourdescoquitlam.ca/ current-events

FOOD FOR FAMILY

Will you help feed the poor? Knights of Columbus collect cans of food during the 40 days of Lent. We are inviting you to help us. Every Sunday mass, you can drop off non-expiry food can(s) (at least 6 months before expiry date) on the box with the sign "40 CANS FOR LENT" by the church entrance. These foods will be donated to the Share Food bank after Easter.

Thank you for your generosity!

Create Hope: Stand for the Land

SECOND COLLECTION | Mar 26, 2023

The March 26, 2023 Solidarity Sunday, Development and Peace — Caritas Canada's Stand for the Land campaign invites you to give generously and thanks you warmly for your generosity. Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world. Our solidarity rests on your generosity.

You can make a difference in our world by giving to the Share Lent parish collection or online - giving link: ourladyoflourdescoquitlam.ca/donate



PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially: Ray Albert, Lina Aussant, Jamie Awa, Collin Chow, Dr. Erb, Rob Gilmour, Gilberte Knapp, Kathleen Lauzon, Francis Lee, Ralph Roberts and Deocenesa Taaca.

Through the intercession of Saint John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

COFFEE AND DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the CWL for sponsoring.

PARISH MINISTRIES

Altar Server Alex Lim

ACRSS Rep Irenaeus Lim

CWL Josephine (Dollie) Basa

Choir (Sun 9am) Josephine (Dollie) Basa

Choir (Sun 11am) Roger De Villa

K of C Danny Kusnardi

Grief Support Peter O'Reilly

Lector Suzanne Tkach

Prayer Group Alex & Nancy Lim

PREP Irenaeus Lim Project Advance Laurence Tkach

RCIA David & Angela Kan

Sacristan Alex Lim

Ushers Terry Charbonneau

Contact Parish Office for info

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Do you know someone who owns a business that could benefit from affordable advertising?

Give them our number (604) 936-1311, so that our parishioners may be able to support them.

Thank you!

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