

BULLETIN

4th Sunday of Lent

1st Reading: 1 Samuel 16.1b, 6-7, 10-13 2nd Reading: Ephesians 5.8-14 Gospel: John 9.1-41

Stewardship Reflection

The Sacrament of Reconciliation

What if you were given the greatest gift ever? A gift that could save you innumerable hours of anguish, guilt, and shame. A gift that helps you navigate through the spiritual and moral traps that are like land mines in the field of life. A gift that was actually instrumental in saving your soul and was the gift that essentially prepared you for your final end: to be with God and see him face to face? And you took that gift, and still in its wrapping, put it in the closet and left it there? And maybe, every now and then, like maybe once a year, you take it out and dust it off?

There is such a gift that we are all given in baptism because once we walk through the gateway to the sacraments that baptism is, we receive access to many great gifts from God. Among them, we may receive the Holy Eucharist and the Sacrament of Reconciliation. Of course the gift I am referring to here is the Sacrament of Reconciliation, also known as confession.

I've heard many reasons that some people use for avoiding confession. I think all of us have wounds that are unhealed and a fear that we can't quite trust God because he's angry and vengeful and so we're afraid of him. But we need not be. We misread God when we think like that. Our God is merciful and he loves us and only wants our good, he wants us to be with him always.



He's more like a loving father who wants to pick us up and hold us in his arms. He wants us to come to the healing sacrament of confession to give us the grace and the spiritual healing and nourishment we need to successfully cross through the minefield that is our life.

Peace.

Father Larry Lynn

"Behind every disordered desire is a good and holy desire, an unmet need, an unhealed wound, and a hidden pattern of sin."

Dr. Bob Schuchts of the St. John Paul II Healing Center

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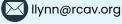
• 2022 ANNUAL REPORT

WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Fr. Larry.

Our Lady Of Lourdes Parish 828 Laval Square, Coquitlam, BC V3K 2E6

Pastor: Fr. Larry Lynn



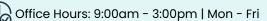




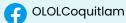


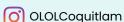
Parish Office:













WE ARE HIRING

"As each has received a gift, use it to serve one another, as good stewards of God's varied grace." 1 Peter 4:10

Heeding the call of the Church, we seek for someone who can join us on the mission of the church as:

- Administrative Assistant Full Time. Visit: rcav.org/jobs/461
- Custodian Part Time. Visit: rcav.org/jobs/460

Do you know anyone who will be a good fit? Do you know someone who is looking for a job? Please let them know. Thank you.

THE CHOSEN

Season 1 | Episode 6 | Indescribable Compassion

After witnessing the healing of a leper on the road to Capernaum, a woman forces her paralytic friend through the crowd to meet Jesus.

Lower St. Anne's hall | 10:00 am - 11:30am | MAR 21

HOLY WEEK RETREAT

For All Who Serve Others

Working for the Church and serving various ministries entail the constant giving of the self for others. To prepare for the busyness of Holy Week and Easter, you are invited to take time away with the Lord and commune with Him, together with the Archdiocesan community of leaders. Come join the RCAV Ministries and Outreach Office for a retreat on Saturday, April 1. The retreat will begin with Mass at 9:00 a.m., followed by talks, prayer, and lunch. Learn more and register at:

beholdvancouver.org/events/holy-weekretreat-for-all-who-serve-others

Saturday, Apr 01, 2023 | 9:00 AM - 3:00 PM St. Helen's Parish, Burnaby

PRAY

FOR OUR SEMINARIANS THIS LENT

Father, thank You for the generosity of our seminarians. Safeguard them as they prepare for the priesthood. Keep all evil far from them, so they may become strong Christian men who are faithful to prayer, diligent in their studies, open to spiritual direction, and docile to aspects of seminary all formation. Above all, enflame their hearts with love so they will be ardent and gentle shepherds for Your Church. We make this prayer through the great High Priest, Jesus Christ our Lord. Amen.

Please take a prayer card home.

Solemnity of St. Joseph

Spouse of the Blessed Virgin Mary

- PRINCIPAL PATRON OF CANADA
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On March 20, we celebrate the Solemnity of St. Joseph, who was a father to Jesus. As Pope Francis reminds us, "Every child is the bearer of a unique mystery that can only be brought to light with the help of a father who respects that child's freedom. A father who realizes that he is most a father and educator at the point when he becomes 'useless,' when he sees that his child has become independent and can walk the paths of life unaccompanied. When he becomes like Joseph, who always knew that his child was not his own but had merely been entrusted to his care. In the end, this is what Jesus would have us understand when he says: 'Call no man your father on earth, for you have one Father, who is in heaven' (Mt 23:9)." Let us pray for all fathers, that they will model their vocations after the life of St. Joseph.

Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ learned to be a man. Blessed Joseph, to us, too, show yourself a father, and guide us in the path of life. Obtain for us grace, mercy and courage, and defend us from every evil. Amen.



WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am By appointment only. Thursday Mass will be followed by Adoration

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm Adoration: 9:00am – 10:00am and 5:45pm - 6:45pm Contact Parish Priest before making arrangements.

CONFESSION SCHEDULE

Mon. to Sat. at 8:00am Sat.: 4:00 – 4:45 pm. Or by appointment

STATIONS OF THE CROSS

Every Fridays during Lent at 6:00PM and followed by Mass.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Nonparishioners must obtain written permission from your parish.

FUNERAL

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BOOKING MASS INTENTIONS

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

THIS WEEK'S MASS INTENTIONS

18-Mar	Saturday	5:00 PM	+	Jaime Deduque
19-Mar	Sunday	9:00 AM	+	Jose & Angela Ranches
19-Mar	Sunday	11:00 AM	INT	Our Lady of Lourdes Parishioners
20-Mar	Monday	8:30 AM	+	Jose Manual Onandia
21-Mar	Tuesday	8:30 AM	+	Pablo Robledano
22-Mar	Wednesday	8:30 AM	+	Luisita Robledano
23-Mar	Thursday	8:30 AM	+	Rosina Bertani
24-Mar	Friday	8:30 AM	+	Agapito F. Quiapo Sr.
25-Mar	Saturday	8:30 AM	+	Adela Onandia

LENTEN PENITENTIAL SERVICE 2023

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Tues, Mar 21	Our Lady of Fatima, Coquitlam	
Wed, Mar 22	Our Lady of Lourdes, Coquitlam	
Thurs, Mar 23	All Saints, Coquitlam	
Tues, Mar 28	St. Joseph's, Port Moody	
Wed, Mar 29	Our Lady of the Assumption, PoCo	
Thurs, Mar 30	St. Clare of Assisi, Coquitlam	
Fri, Mar 31	St. Luke's, Pitt Meadows	
Tues, Apr 4	St. Patrick's, Maple Ridge	

OUR PARISH IS ON FORMED

LENT PROGRAM

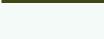


AYS FORLIFE. Here's how to take part in 40 Days for Life in our parish:









Parish COORDINATORS:

Nancy & Alex Lim, email: fireblade@telus.net For more information on 40DFL, contact Alba, Email: vancouver40days@gmail.com

ourladyoflourdescoquitlam.ca/ current-events

FOOD FOR FAMILY

Restore: Lent with Sr. Miriam James Heidland, SOLT

ourladyoflourdescoquitlam.ca/formed

Knights of Columbus collect cans of food during the 40 days of Lent. We are inviting you to help us. Every Sunday mass, you can drop off non-expiry food can(s) (at least 6 months before expiry date) on the box with the sign "40 CANS FOR LENT" by the church entrance. These foods will be donated to the Share Food bank after Easter. Thank you for your generosity!

SECOND COLLECTION | Mar 26, 2023

The March 26, 2023 Solidarity Sunday, Development and Peace — Caritas Canada's Stand for the Land campaign invites you to give generously and thanks you warmly for your generosity. Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world. Our solidarity rests on your generosity. You can make a difference in our world by giving to the Share Lent parish collection or online - giving link:

> ourladyoflourdescoquitlam.ca/donate Act in solidarity, give generously



PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Lina Aussant, Jamie Awa, Dr. Erb, Rob Gilmour, Kathleen Lauzon and Ralph Roberts.

Through the intercession of Saint John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

COFFEE AND DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank the Couples For Christ for sponsoring.

PARISH MINISTRIES

Altar Server Alex Lim ACRSS Rep Irenaeus Lim

CWL Josephine (Dollie) Basa Choir (Sun 9am) Josephine (Dollie) Basa

Choir (Sun 11am) Roger De Villa

Couples for Christ Alejandro & Stella Delos Santos

K of C Danny Kusnardi

Grief Support Peter O'Reilly Lector Suzanne Tkach

Prayer Group Alex & Nancy Lim

PREP Irenaeus Lim **Project Advance** Laurence Tkach

> RCIA David & Angela Kan Sacristan Alex Lim

Ushers Terry Charbonneau **Contact Parish Office for info** 2022 ANNUAL FINANCIAL REPORT

Our Lady of Lourdes Parish

Dear Parishioners,

In the year of 2022, Our Lady of Lourdes saw many changes, not the least of which was a change of pastors halfway through the year. That transition has affected each of us, of course, and yet we all must deal with change in our own way. I try to view it as an inevitable transition into the near future and I will do my best to help the parish thrive.

Part of that change is that we have had the blessing of having 27 new registered households to the parish in 2022. (Not counting a dozen or so since Jan 1).

A very special welcome to our new parishioners. I hope you always feel welcome and included and will make Our Lady of Lourdes your spiritual home. This brings our number of total households in the parish to a new (and more accurate) number of 261.

PARISH STATISTICS	2022
Household Registered	261
New Registrants	27
Operations & Maintenance	\$191,014.48
New Steps Project	\$307,116.53
Salaries & Benefits	\$113,898.74
Total Parish Income	\$417,996.11
Total Parish Expenses	\$612,029.75
Total Parish Revenue	-\$194,033.64



Many of our parish ministries are back in force after the shut down from the pandemic. The CWL and the Knights of Columbus are active and recruiting new members. We have opened the Upper St. Anne's Hall after Sunday morning Masses for coffee and donuts and treats. This has been a boon to connecting parishioners with each other. After all, a parish is a community and the coffee after Mass brings us together and allows us to get to know each other better.

The Upper Hall is being rented to the Place Maillardville Society three days a week. They provide activities for parents with young children and for seniors from 9:00 AM until 2:30 PM, Monday, Tuesday, Wednesday. It is open to all, including our parishioners, and the activities are free of charge. Feel free to join them.

Looking at our financial report, you will see that our total parish income was \$417, 996.11 and our total parish expenses \$612, 029.75 which means there is a deficit of \$194, 033.64. That is, \$194,033.64 more was spent than all of our revenue coming in. This is due to the expense of building the new steps at the front of the church. The new staircase took over eight months to complete and is a substantial improvement of the church property.

It is through your generosity that we are able to provide the proper upkeep that our beautiful Heritage church and surrounding campus needs. I'd like to thank you for that generosity with a reminder that the parish can only survive through your generosity, not only with financial support but with your gifts of time and talent.

May God bless you and our parish; may he keep it healthy and strong in faith and provide us with the tools necessary to continue our mission of the salvation of souls.

With prayers, I remain

Yours in Christ,

Father Larry Lynn

2022 ANNUAL FINANCIAL REPORT



PROJECT **ADVANCE**

Our Lady of Lourdes Parish received \$63, 290.00 in donations for Project Advance. This is a remarkable feat. Thank you for your generosity. And what is truly admirable is that the rate of participation increased dramatically. 28% of parishioners contributed something to the campaign. I am edified by

this fact because I believe it is more important that as many parishioners as possible contribute, than the amount that people donate.

parishioner

Our Project Advance goal which is the amount that goes to the Archdiocese, was \$15, 600.00. The funds over and above that threshold are returned to the parish. We collected \$63, 290.00 which means \$45, 801.57 is rebated to the parish. Our share of the administrative expenses for the project Advance appeal for 2022 is \$1, 888.43.

Gather Us, Lord

Our Lady of Lourdes Parish PROJECT ADVANCE	2022
Project Advance Goal	\$15,600.00
Collected	\$63,290.00
Expenses	1,888.43
Rebate	\$45,801.57
Percentage of Participation	28%

For more detailed Annual Financial Report for 2022 is available upon request. To receive a copy (hard copy or electronic) please contact the parish office.

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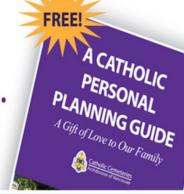
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