



## STEWARDSHIP REFLECTION

### LIFE IS MESSY

Paul Simon wrote a beautiful song called Some Folks Lives Roll Easy.

*Some folks' lives roll easy as a breeze  
Drifting through a summer night  
Heading for a sunny day  
But most folks' lives, oh, they stumble  
Lord they fall*

Did you ever look around and see the people whose lives just seem to roll easy? They've got it all together. They're on top of things. They've got no problems. At least that's the way it seems because I've made such a mess out of my life.

I think the theme this week is messy lives. Real lives. Because the truth is, if we only admit it, all of our lives are messy. Don't get me started on the "beautiful people": the rich celebrities.

Sometimes we feel like we can't even approach our Lord to ask for the help we need...

*And here I am, Lord  
I'm knockin' at Your place of business  
I know, I ain't got no business here*

On Saturday I gave a retreat for Separated and Divorced Catholics. (As I write this, the retreat has not happened yet) People are hurting. And people often make bad choices when they are hurting and feeling pressured to make life altering decisions. We make enough bad

## THIRD SUNDAY OF EASTER

1st Reading: Acts 2.14, 22b-28

2nd Reading: 1 Peter 1.17-21

Gospel: Luke 24.13-35

decisions when we're not even under pressure.

Today, I'm thinking about Rachel's Vineyard, which is a retreat offered for those who have suffered a loss due to an abortion decision. Because Our Lord is so merciful, is reaching out to those who are hurting from such an experience. It is a completely confidential and safe environment for women (and sometimes husbands). I have met several women and men who have attended a weekend retreat and they are transformed.

I think of Retrouvaille, a three-phase program for couples that teaches how to heal and renew their marriages. They work on communication techniques, forgiveness, healing, and restoration of trust.

*You said if I ever got so low  
I was busted  
You could be trusted*

But the Lord is here for us if we allow him in; if we can trust in him. Paul Simon who is not even Christian seems to think we can trust in God, that we can allow him into our messy lives.

In the Peace of Christ,

*Father Larry*

APRIL 23 2023

# BULLETIN



OUR LADY OF LOURDES  
COQUITLAM

## IN THIS ISSUE

### PAGE 1

- STEWARDSHIP REFLECTION

### PAGE 2

- WE THIRST – CHRISTIAN REFLECTIONS ON ADDICTION
  - BUILDING BRIDGES OF UNDERSTANDING
- RACHEL'S VINEYARD RETREAT
- NEUFELD FARM MARKET – FROZEN FOOD
- THE CHOSEN
  - SEASON 2 – EPISODE 3
- WE ARE HIRING

### PAGE 3


- MASS INTENTIONS
- SECOND COLLECTION
  - APRIL 30, 2023
- MARCH FOR LIFE
  - MAY 11, 2023

## WELCOME


We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Fr. Larry.

## Our Lady Of Lourdes Parish

Pastor: Fr. Larry Lynn


 [llynn@rcav.org](mailto:llynn@rcav.org)


 (604) 936-1311  (604) 936-3911

 828 Laval Square, Coquitlam, BC V3K 2E6

### Parish Office:

 [ourladyoflourdesparish@gmail.com](mailto:ourladyoflourdesparish@gmail.com)

 Office Hours: 9:00am – 3:00pm | Mon – Fri

 [OurLadyofLourdesCoquitlam.ca](http://OurLadyofLourdesCoquitlam.ca)

 [LOLCoquitlam](https://www.facebook.com/LOLCoquitlam)

 [LOLCoquitlam](https://www.instagram.com/LOLCoquitlam)

COME  
and SEE

## THE CHOSEN

Season 2 | Episode 3 | Matthew 4:24

A long, exhausting day turns into night as the disciples help Jesus deal with a large crowd hoping to be healed. Around the campfire, over dinner, the group tried to get to know each other better. But tensions erupt.

Lower St. Anne's hall | 10:00 am - 11:30am | APR 25

## NEW PHOTOS IN GALLERY


Holy Thursday Mass' photos are now posted in our website. Thank you **Miriam Valerio** for sending us the photos. Please view photos: [ourladyoflourdescoquitlam.ca/gallery](http://ourladyoflourdescoquitlam.ca/gallery)

## WE ARE HIRING | A Custodian - Part Time

We are in need of a custodian to help care for the parish buildings and grounds. Do you know anyone who would be a good fit? Please encourage them to apply or talk to Fr. Larry. Visit: [rcav.org/jobs/460](http://rcav.org/jobs/460) to learn more. Thank you everyone!

## RACHEL'S VINEYARD Retreat

*"I will deliver them from every place where they were scattered on the day of dark clouds, I will pasture my sheep; I myself will give them rest. The lost I will search out, the strays I will bring back, the injured I will bind up, and the sick I will heal."* - **Ezekiel 34:12,15,16**



**After abortion care**  
Abortion may have affected you in ways you had not anticipated.

Confidential services provided free of charge.  
Peer counselling | Support groups | Recovery retreats

604 525 0999 | [pacscanada.org](http://pacscanada.org)

Post Abortion COMMUNITY SERVICES

## CHARM SOCIETY presents

Recovering Families' Online Retreat

### **We Thirst – Christian Reflections on Addiction BUILDING BRIDGES OF UNDERSTANDING**

Join us for an educational series that addresses the various ways everyone is affected by substance use. Each week we will explore a different topic:

- Biology
- Psychology
- Sociology
- Spirituality
- Church/Action

Tues. Apr 25 thru Tues May 30 at 7pm on Zoom

To register:

[charmrecovery.org/family-programing](http://charmrecovery.org/family-programing)



## COMING SOON

A CWL Fundraiser for our church basement. More details next week.

**Healthy frozen meals and treats:  
Meat | Fish | Vegetarian | Baked Goods**

After a loss due to an abortion decision, one can feel so very lost and in many ways. It is a wonderful thing to know someone is seeking you and wants to bind up your wounds and wipe away every tear. Our Lord wants to embrace you and hold you tight so you can know His mercy. Will you allow Him? Join us on the next Rachel's Vineyard™ Retreat on Friday, June 9, to Sunday, June 11. For confidential information, please call **604-525-0999** or email [info@pacscanada.org](mailto:info@pacscanada.org).

### WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am  
Thursday Mass will be followed by Adoration.

### SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am  
English/French: Sun.: 11:00AM

### FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm  
Adoration: 9:00am - 10:00am and 5:45pm - 6:45pm

### CONFESSION SCHEDULE

Mon. to Sat. at 8:00am until 8:25am  
Sat.: 4:00 - 4:45 pm. Or by appointment.

### HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

### BAPTISM

By appointment only.

### MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

### FUNERAL

Contact Parish Priest before making arrangements.

### SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

### BOOKING MASS INTENTIONS

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

# FORMED

## THE CATHOLIC FAITH ON DEMAND

To sign up for **FREE**, visit:  
[formed.org/signup](http://formed.org/signup)

Enter parish name or postal code **V3K 2E6** and you're in.

Enjoy the content you want.

## THIS WEEK'S MASS INTENTIONS

22-Apr	Saturday	5:00 PM	✝	Roland Rivard
23-Apr	Sunday	9:00 AM	INT	OUR LADY OF LOURDES PARISHIONERS
23-Apr	Sunday	11:00 AM	✝	Rosina Bertani
24-Apr	Monday	8:30 AM	INT	Marie-Claire Lynn
25-Apr	Tuesday	8:30 AM	INT	Mia Gracia Lynn
26-Apr	Wednesday	8:30 AM	INT	CWL Members
27-Apr	Thursday	8:30 AM	INT	Martha Bala
28-Apr	Friday	8:30 AM	INT	Kelly Family
29-Apr	Saturday	8:30 AM	INT	Angie Solidum

### From the Knights of Columbus

#### • THANK YOU

Thank you for all your generosity for the 40 Cans for Lent, we have collected in total about 400 lbs of foods and \$120 total in cash. All had been donated to Share Food Bank, Port Moody.

#### • PANCAKE BREAKFAST

The Knight of Columbus will be having Pancake for Breakfast on **Sunday, May 7** after 9 am and 11 am mass. The money that we are collecting from the pancake breakfast will be used or donated to Knights of Columbus programs like Men's Hostel, Coat for Kids, Food bank, etc.

### PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

**Lina Aussant, Jamie Awa, Dr. Erb, Rob Gilmour, Kathleen Lauzon, Ralph Roberts, Gilberte Collette and the Quek Family.**

Through the intercession of Saint John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

### COFFEE AND DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank **the 9 am and 11 am Choirs** for sponsoring.

Victoria, BC

**MARCH for LIFE**

**LIFE is WORTH Living**

We invite you to join us again for the March for Life in Victoria, BC! This year, we are returning to the front lawn of the BC Parliament Buildings which are home to the Legislative Assembly on **May 11th**. The day will begin with 9:15 am Mass at Sacred Heart Parish in Delta (Ladner) - 3900 Arthur Dr., Delta where His Grace, Archbishop Miller, will be concelebrating Mass. From there we will leave by bus to the ferry terminal and attend the March 4 Life, returning on the 5pm ferry. To register for transportation: [rcav.regfox.com/m4](http://rcav.regfox.com/m4)

### SECOND COLLECTION - April 30, 2023

To support seminarians studying to become priests for the Archdiocese of Vancouver.



### PARISH MINISTRIES

**Altar Servers** Alex Lim

**ACRSS Rep** Irenaeus Lim

**CWL** Josephine (Dollie) Basa

**Choir (Sun 9am)** Josephine (Dollie) Basa

**Choir (Sun 11am)** Roger De Villa

**Couples for Christ** Alejandro & Stella Delos Santos

**K of C** Danny Kusnardi

**Grief Support** Peter O'Reilly

**Lector** Suzanne Tkach

**Prayer Group** Alex & Nancy Lim

**PREP** Irenaeus Lim

**Project Advance** Kathy Gorkoff & Francis Gutierrez

**RCIA** David & Angela Kan

**Sacristan** Alex Lim

**Ushers** Terry Charbonneau

**Contact parish office for info.**

**PLEASE SUPPORT OUR ADVERTISERS**



**ALLONE ELECTRIC LTD.**  
 -Commercial - Residential - Data/Tel  
**Frank:604-726-0002**  
**Kam:778-237-6360**

**CADMAN**  
 LAW CORPORATION

**WILLIAM CADMAN, B.A., L.L.B.**  
 Lawyer

**William Cadman Law Corp.**  
 410 - 2963 Glen Dr. **Ph: 604.945.0012**  
 Coquitlam, BC V3B 2P7 **Fax:604.945.0187**  
**Email: lawecadmanlaw.com**  
 Real Estate · Business · Wills & Estates · Immigration ·  
 Collection & Foreclosure Lawyers  
**www.cadmanlaw.com**

**Burquitlam Funeral Home**

'Family Owned'



Proudly Serving  
 Our Lady of Lourdes Parish  
 Since 1964  
 625 North Road, Coquitlam, BC  
**Phone: 604.936.9987 Fax: 604.936.6912**  
**www.BurquitlamFuneralHome.ca**

*We're Here to Help*



Mike Crean



Ryan Crean

We believe that locally-based, Family owned funeral homes are an important part of any community. We are honoured to carry forward our 115 year legacy of care.

**New Westminster**

**604 521 4881 • 219 6th Street**

**f www.KearneyFS.com**

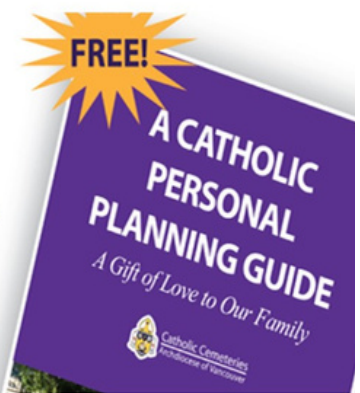
DBA Crean Family Holdings Ltd.



**Catholic Cemeteries**  
 Archdiocese of Vancouver

**It's never too early to plan.**

Call **604-531-2141**  
 or to download our free planning guide  
 visit **www.rcav.org/FreePlanningGuide**



**Raincoast Funeral and Cremation Services Ltd.**

*Compassionate Professional Affordable*

**Arrangements in your home**  
 or at our office:

116-618 E. Kent Avenue South, Vancouver, BC

**Call us**

24 hours a day

**604-326-1454**

info@raincoastfs.com

www.raincoastfs.com

**Michelle J. Vizena**

Co-Owner, Licensed Funeral Director  
 Parishioner of Good Shepherd Church

*Quality and affordable  
 Funeral & Cremation Services*

**Look beyond fear.**

**See the possibilities.**



**Pregnant NEED HELP?**

**1-800-712-4357  
 Love4Life.ca**



**BOOKS • GIFTS • RELIGIOUS ARTICLES**



Unit 106 - 3686 Bonneville Place, Burnaby  
 www.standrewschurchsupply.com  
**604-875-1441**

Do you know someone who owns a business that could benefit from affordable advertising?

Give them our number (604) 936-1311, so that our parishioners may be able to support them. Thank you!

**PLACE YOUR AD HERE**

**Call Parish Office**



**(604) 936 -1311**

**Please Remember Our Lady of Lourdes Parish in Your Will. Thank you!**