



THE ASCENSION OF THE LORD

1st Reading: Acts 1.1-11
2nd Reading: Ephesians 1.17-23
Gospel: Matthew 28.16-20

MAY 21, 2023
BULLETIN



STEWARDSHIP REFLECTION

Where the Head has gone before in glory, the Body is called to follow in hope.

(from the Collect of the Mass for the Ascension of the Lord)

Christ is our head. And today we are celebrating his ascension into heaven. This is a pretty big deal because it's like the denouement of Christ's life on earth. His life, his death, his resurrection each have their particular place in our consciousness.

God became incarnate, he became one of us, in order to show us the way home. He tells us that, in fact, he is the Way.

He suffered and died for us so that he could take on our sins and our sufferings so that we can be redeemed.

And his rising from the dead, his resurrection, is the ultimate reason he came to us – to defeat death. He died and rose from the dead so that each of us will rise from the dead at the end of time.

Now we come to his Ascension into heaven. This final act is, as I said like the denouement of his life. It's that part of the narrative in which the strands of the story are drawn together and the story is made clear.

It is made entirely clear to the Apostles who up until that time were still unclear on the meaning of Christ and the mission he entrusted to them.

Described in the Gospel of Luke, his Ascension went like this: "While he was blessing them (the Apostles), he withdrew from them and was carried up into heaven. **And they worshipped him and returned to Jerusalem with great joy.**" (Luke 24: 51-51)

They went with great joy! How's that? He left them and they had great joy? No, they had great joy because they realized he wasn't really leaving them. This is the part where they finally understood that Jesus Christ became incarnate but he never left his Father in heaven! And just as he is returning to his Father, he is not abandoning them. They finally realized that he truly is 'God with us'! He is always with us, always was and always will be. That's the message of the Ascension. Heaven is not somewhere over the rainbow or beyond the stars. Heaven is here in our hearts, our souls. Jesus Christ is present in each of us.

And at the same time, in his glorified body, he went to his Father and one day, at the end of time, we will be called to follow him when we rise from the dead. Christ, the head, has gone before in glory, and we, the body are called to follow him, in hope.

Peace,
Father Larry

IN THIS ISSUE

PAGE 1

- STEWARDSHIP REFLECTION

PAGE 2

- NEUFELD FARMS MARKET
 - PICK UP MAY 27
- COME, HOLY SPIRIT COME
 - PRAY FOR OUR CONFIRMANDI
- GARDENING BEE
- THE CHOSEN
 - SEASON 2 - EPISODE 7
- RACHEL VINEYARD RETREAT
 - JUNE 9 - 11

PAGE 3

- MASS INTENTIONS
- PATHS OF WISDOM: TIME-TESTED PRACTICES FOR MAKING MEANINGFUL DECISIONS
- ORDINANDI DINNER 2023

WELCOME

We welcome all visitors. If you are new to the Parish, please fill out the registration form available at the entrance to the Church. And please introduce yourself to our pastor, Fr. Larry.

Our Lady Of Lourdes Parish | Paroisse Notre-Dame de Lourdes

Pastor: Fr. Larry Lynn

llynn@rcav.org

Admin. Assistant: Ana C. Moura

ourladyoflourdesparish@gmail.com

828 Laval Square, Coquitlam, BC V3K 2E6

Office Hours: 9:00am - 3:00pm | Mon - Fri

(604) 936-1311 (604) 936-3911

OurLadyofLourdesCoquitlam.ca

[LOLCoquitlam](https://www.facebook.com/LOLCoquitlam)

[LOLCoquitlam](https://www.instagram.com/LOLCoquitlam)

THANK YOU FOR YOUR ORDER

Pick up your Neufeld Farms Market orders at the church parking lot on: **Saturday, May 27, 2023 from 10:00AM – 10:30AM.**



THE CHOSEN

Season 2 | Episode 7 | Reckoning

After learning of Jesus' whereabouts, Quintus sends Gaius to arrest him. The disciples lose control as they argue about how to respond. While seeking information about where Jesus has been taken, Andrew and Philip encounter old friends.

Lower St. Anne's hall | 10:00 am – 11:30am | MAY 23

COME
and SEE

Our Lady of Lourdes Gardening Bee

Spring has Sprung
The bells are rung
In the parish I own
The grass is (over) grown

The garden needs work
Don't be a jerk
Come out to the bee
And help our friend, Terry

The garden needs planting
the preacher's been ranting
Come out to the bee
And help our friend Terry

- **Coffee, snacks and lunch provided.**
- **Bring the family.**
- **Bring some friends.**
- **Make it a great day for our parish community.**
- **Meeting behind the church at 10:00 AM, Sat., May 27.**

"Ponder the fact that God has made you a gardener, to root out vice and to plant virtue."

-St. Catherine of Sienna

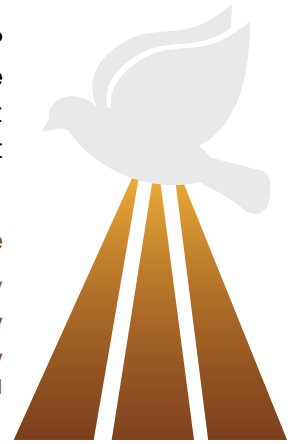


COME, HOLY SPIRIT COME!

Please pray for our PREP children who will be confirmed on Pentecost Sunday, May 28, 2023 at the 11:00 am Mass.

Our confirmandi are
Bethany (Max) Quek,
Arianna Allen-Bonilla,
Cyrus Maneclang,
Ferdinand Samuel Dupa
and Sanca Tran.

Fr. Larry will be celebrating the Mass and conferring the sacrament of Confirmation on the confirmands. Please come and join us!



After abortion care

Abortion may have affected you in ways you had not anticipated.

Confidential services provided free of charge.
Peer counselling | Support groups | Recovery retreats

604 525 0999 | pacscanada.org

Post
Abortion
COMMUNITY SERVICES

RACHEL'S VINEYARD Retreat

Join us on the next Rachel's Vineyard Retreat on Friday, June 9, to Sunday, June 11. For confidential information, please call **604-525-0999** or email info@pacscanada.org.

WEEKDAY MASS

Mon. to Sat.: Rosary at 7:55am and Mass at 8:30am
Thursday Mass will be followed by Adoration.

SUNDAY MASS

English: Sat.: 5:00pm and Sun.: 9:00am
English/French: Sun.: 11:00AM

FIRST FRIDAY OF THE MONTH

Masses: 8:30am and 7:00pm
Adoration: 9:00am – 10:00am and 5:45pm – 6:45pm

CONFESSION SCHEDULE

Tues. to Sat. at 8:00am until 8:25am
Sat.: 4:00 – 4:45 pm. Or by appointment.

HOLY COMMUNION

Anyone who is not able to attend Mass and wishes to receive the Eucharist, please contact the parish office.

BAPTISM

By appointment only.

MARRIAGE

All couples planning to be married in this Parish should contact the pastor at least 6 months in advance. Non-parishioners must obtain written permission from your parish.

FUNERAL

Contact Parish Priest before making arrangements.

SACRAMENTALS

For blessing of cars, religious articles and house blessings, please contact Parish Office.

BOOKING MASS INTENTIONS

Mass intentions are offered to God as prayers of intercession and thanksgiving. Please connect with the parish office to request an intention.

FORMED

**THE CATHOLIC FAITH
ON DEMAND**

Sign up for **FREE:**
formed.org/signup

Enter our parish name
or postal code **V3K 2E6**
and you're in.

Enjoy the content
you want.

THIS WEEK'S MASS INTENTIONS

20-May	Saturday	5:00 PM	✝	Louisa Fernandes
21-May	Sunday	9:00 AM	INT	OUR LADY OF LOURDES PARISHIONERS
21-May	Sunday	11:00 AM	✝	Sebastian Fernandes
22-May	Monday	8:30 AM	✝	Sebastian Fernandes
23-May	Tuesday	8:30 AM	✝	Rosina Bertani
24-May	Wednesday	8:30 AM	✝	Sebastian Fernandes
25-May	Thursday	8:30 AM	✝	Sebastian Fernandes
26-May	Friday	8:30 AM	✝	Mary Castro de Beltran
27-May	Saturday	8:30 AM	✝	Sebastian Fernandes

Paths of Wisdom: Time-Tested Practices for Making Meaningful Decisions

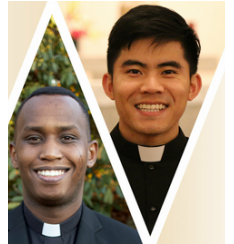
In today's complex, fast-paced world, many of us grapple with a sense of disconnection and uncertainty and are overwhelmed by the choices we have to make. Ignatian discernment, rooted in the long-standing Jesuit tradition, offers tried-and-true tools to help us navigate life and make choices that align with what really matters to us. Join this transformative webinar series and learn the importance of discernment in any walk of life, how to identify and choose life-giving paths, how to become your authentic self through discernment, and the practical tools for daily integration. On **Tuesday, May 23, at 9:00 a.m. via Zoom**. Learn more at beholdvancouver.org/events/paths-of-wisdom-time-tested-practices-for-making-meaningful-decisions

National March 4 Life Photos posted!

Fr. Larry Lynn was at the National March for Life in Ottawa on March 11, 2023. To view photos: ourladyoflourdescoquitlam.ca/gallery

ORDINANDI DINNER 2023

The Vocations and Seminarians Office of the Archdiocese of Vancouver cordially invites you to the Fifth Ordinandi Dinner featuring Deacon Patrick Le and Deacon Medard Kamanzi. The Ordinandi Dinner shines a spotlight on the men who are to be ordained as priests within the Archdiocese. This event brings the faithful together with their shepherds, and soon to be shepherds, in celebration of God's providential care for his flock. Join Archbishop Miller and members of the Catholic faithful on **Wednesday, June 21 at the Italian Cultural Centre in Vancouver**. Doors open at 5:00 p.m. | Dinner at 6:00 p.m. To register: secure.rcav.org/ordinandi-dinner-2023/



PRAYER FOR THE SICK

Please remember in your prayers our parishioners who are ill, especially:

Lina Aussant, Jamie Awa, Dr. Erb, Rob Gilmour, Kathleen Lauzon, Ralph Roberts, Gilberte Collette and the Quek Family.

Through the intercession of St. John Paul II we ask that you heal them O Lord. Give them love and strength we pray, through Christ our Lord.

COFFEE AND DONUTS AFTER MASS

Come and join us for coffee after the 9:00am and 11:00am Masses on Sundays. Celebrate with each other and get to know your fellow parishioners. This weekend we thank **the Couples for Christ** for sponsoring.



PARISH MINISTRIES

Altar Servers Alex Lim
ACRSS Rep Irenaeus Lim
CWL Josephine (Dollie) Basa
Choir (Sun 9am) Josephine (Dollie) Basa
Choir (Sun 11am) Roger De Villa
Couples for Christ Alejandro & Stella Delos Santos
K of C Danny Kusnardi
Grief Support Peter O'Reilly
Lector Suzanne Tkach
Prayer Group Alex & Nancy Lim
PREP Irenaeus Lim
Project Advance Kathy Gorkoff & Francis Gutierrez
RCIA David & Angela Kan
Sacristan Alex Lim
Ushers Robert Tang & Terry Charbonneau

Contact parish office for info.

PLEASE SUPPORT OUR ADVERTISERS



ALLONE ELECTRIC LTD.
 -Commercial - Residential - Data/Tel
Frank: 604-726-0002
Kam: 778-237-6360

CADMAN
 LAW CORPORATION

WILLIAM CADMAN, B.A., L.L.B.
 Lawyer

William Cadman Law Corp.
 410 - 2963 Glen Dr. Ph: 604.945.0012
 Coquitlam, BC V3B 2P7 Fax: 604.945.0187
Email: law@cadmanlaw.com
 Real Estate · Business · Wills & Estates · Immigration ·
 Collection & Foreclosure Lawyers
www.cadmanlaw.com

Burquitlam Funeral Home

'Family Owned'



Proudly Serving
 Our Lady of Lourdes Parish
 Since 1964
 625 North Road, Coquitlam, BC
 Phone: 604.936.9987 Fax: 604.936.6912
www.BurquitlamFuneralHome.ca

We're Here to Help



Mike Crean



Ryan Crean

We believe that locally-based, Family owned funeral homes are an important part of any community. We are honoured to carry forward our 115 year legacy of care.

New Westminster

604 521 4881 • 219 6th Street

f www.KearneyFS.com

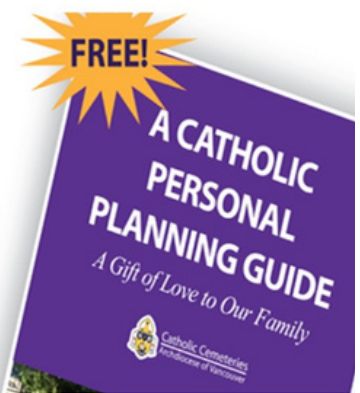
DBA Crean Family Holdings Ltd.



Catholic Cemeteries
 Archdiocese of Vancouver

It's never too early to plan.

Call **604-531-2141**
 or to download our free planning guide
 visit **www.rcav.org/FreePlanningGuide**



Raincoast Funeral and Cremation Services Ltd.

Compassionate Professional Affordable

Arrangements in your home
 or at our office:

116-618 E. Kent Avenue South, Vancouver, BC

Call us

24 hours a day

604-326-1454

info@raincoastfs.com

www.raincoastfs.com

Michelle J. Vizena

Co-Owner, Licensed Funeral Director
 Parishioner of Good Shepherd Church

*Quality and affordable
 Funeral & Cremation Services*

Look beyond fear.

See the possibilities.



Pregnant
 NEED
 HELP?

1-800-712-4357
Love4Life.ca



BOOKS • GIFTS • RELIGIOUS ARTICLES



Unit 106 - 3686 Bonneville Place, Burnaby
 www.standrewschurchsupply.com
604-875-1441

Do you know someone who owns a business that could benefit from affordable advertising?

Give them our number (604) 936-1311, so that our parishioners may be able to support them. Thank you!

PLACE YOUR AD HERE

Call Parish Office



(604) 936 -1311

Please Remember Our Lady of Lourdes Parish in Your Will. Thank you!