

# **IF YOU WANT EVENTS TO CONTINUE MUST READ AND SIGN!**

## **NorCal MX LLC TRACK RULES**

### **No Rider Medical Insurance Provided!!!**

You have chosen to participate in one of the most exciting and physically demanding sports that exist. It is also **VERY DANGEROUS!** Because of the difference in rider ability, it is necessary to establish some rules on the track, as well as off the track, for everyone's safety and enjoyment. Please thoroughly review, and abide by, all track rules below. These rules are something everyone must follow in order to keep Hollister Hills GP Track open for future events. If one person does not follow these rules the insurance company and the Park will cancel all upcoming events. I need everyone's help to keep an eye out for anyone breaking the rules. **Anyone breaking these rules will be warned one time after that you will be asked to leave!**

- 1. NO PIT RIDING** in the parking lot, or any other area of Hollister Hills GP Track, except to and from the track. **YOU MUST IDLE YOUR BIKE AT ALL TIMES ON THE WAY TO THE TRACK AND IN THE PITS / PARKING LOT AREA while going to or from the track entrance/exit. You must wear a helmet and no double riding. NO EXCEPTIONS!!**
- 2. NO RIDING WITHOUT HELMET** and full protective gear, anywhere at anytime.
- 3. NO DOUBLE RIDING** anywhere at anytime.
- 4. Obey all flags, Yellow flag - Caution go slow, Black flag – You must exit track, Red flag – Everyone stop riding and clear track, Checkered flag – End of Practice EXIT TRACK**
- 5. Yellow Caution Strobe Lights** are placed around the track if you see them come on slow down until the lights are turned off. These lights mean that a rider is down and you need to proceed with caution.
- 6. PLEASE RIDE IN YOUR CORRECT CLASS.** If we see slower riders in the **PRO – INT.** class riding slow or causing danger to other riders by not clearing the jumps or holding his line we will nicely ask them to move down a class. Just to note if you are riding **PRO - INT** class you should be clearing all of the jumps by the third lap. If you are hurt or for whatever reason you are not up to speed please do the smart thing for you and the other riders and move down a class until you are back up to speed. The same goes for riders in the **BEG. – NOV.** class if you are riding that class and clearing all of the jump throwing look-back whips or just throwing whips period you are in the wrong class and we will ask you to please move up to protect you and the other riders safety.
- 7. FASTER RIDERS MUST AVOID SLOWER RIDERS.** You must pass clean, no contact, stuffing, etc. You may only race close with someone of your own ability.
- 8. SLOWER RIDERS SHOULD RIDE THEIR OWN LINE** without swerving to move out of the way or trying to block a passing rider. Ride in a predictable fashion so a faster rider can decide how to go around you.

9. **DO NOT CUT ACROSS THE TRACK.** Enter and exit the track at the starting line. Do not cut around jumps or inside of corners. Collisions are caused this way. Be aware of the traffic around you.
10. **LEND ASSISTANCE TO DOWNED RIDERS.** If you are the first to see a downed rider, without endangering yourself, try to wave down approaching riders and if needed, alert track personnel immediately.
11. **NO STUFFING, RAMMING, OR DANGEROUSLY AGGRESSIVE RIDING.** Faster riders must avoid slower riders.
12. **IF SOMEONE TAGS YOU, DON'T RETALIATE.** Instead, remember who the rider is and go to NORCAL MX personal and report the incident. We can and will eject dangerously aggressive riders.
13. **ALL RIDING STOPS TEMPORARILY WHEN THERE IS ANY MEDICAL OR TRACK PERSONNEL ON THE TRACK TO EITHER TEND TO A DOWNED RIDER, ATTEND TO TRACK MAINTENANCE OR REPAIR, OR OTHERWISE.**
14. **ALL RIDING STOPS WHEN THERE ARE ANY VEHICLES ON THE TRACK, SUCH AS AN AMBULANCE, TRACTOR, WATER-TRUCK, OR OTHERWISE.**
15. **RIDER MUST PAY ATTENTION TO THE TRACK CONDITIONS AND TRACK ENVIRONMENT AT ALL TIMES, AND MUST SLOW DOWN OR STOP RIDING IF THE CONDITIONS ARE UNSAFE, INCLUDING AVOIDING A DOWNED RIDER OR ANY OTHER PERSONNEL OR VEHICLES ON THE TRACK.** Report any unsafe condition on the track!!!
16. Only enter and exit the track at designated areas. Waiver Pack
14. **OBEY** all signs, track rules, and instructions from NorCal MX personnel at all times.
15. **NO CONSUMPTION OF ALCOHOL** anywhere on NorCal MX LLC premises at any time.
16. There is **ZERO TOLERANCE** for breaking any track rule. NorCal MX LLC reserves the right to ask you to leave, without any refund, if you or any of your children break any track rule.

***RIDE AT YOUR OWN RISK!***

Signed: \_\_\_\_\_

Print name: \_\_\_\_\_

Date: \_\_\_\_\_