

**We are excited for our summer field hockey camp next week!**

Monday, August 7th-Thursdays, August 10th

9 am-10:30 am at Canton High School turf field

DROP OFF/PICK UP Area will be in the lot next to the turf field.

On day 1 please check in at our registration table at 9 AM

Camp will begin at 9 AM each morning and end at 10:30 am each day

**First day of camp please bring:**

1. If you have a copy of your player's recent physical please bring a copy of the physical (including immunizations) to camp registration on Monday or email a copy to [Extremefh@hotmail.com](mailto:Extremefh@hotmail.com) If you have questions please email Chrissy O'Connor at [extremefh@hotmail.com](mailto:extremefh@hotmail.com)
2. Extreme FH medical history form (attached)
3. *\*ONLY If player has Special Medical concerns or a medication list,* please fill out additional Authorization to Administer Medications form (Documents are attached below.)

**Each day of camp please bring:**

\*water bottle labeled with player's name

\*healthy snack, if desired, for our short break time

\*shin guards, mouth guard, and stick

\*goggles are recommended, NOT mandatory.

\*sunscreen: please apply to players before camp.

We look forward to a great week of practicing our field hockey skills and playing small games.

Thank you and see you Monday morning,

Kelly and Chrissy

Extreme Field Hockey