



LET THEM BE LITTLE

WEEK: _____

DRINKS ARE ALWAYS PROVIDED DURING MEALS AND SNACKS WATER OR 2% MILK

●●● MENU ●●●

BREAKFAST

SNACK

LUNCH

SNACK

MON

OATMEAL
MAPLE SYRUP
FRUIT

YOGURT
STRAWBERRIES

ROTISSERIE
CHICKEN
BREAD/VEGGIES
APPLESAUCE

GRAPES
CHEESE
NAAN BREAD

2% MILK

TUE

CEREAL
FRUIT

COTTAGE
CHEESE
BLACKBERRIES
GRANOLA

GRILLED CHEESE
BROCCOLI
APPLES

NAAN BREAD
VEGGIE POUCH
RASPBERRIES

WED

OATMEAL
HONEY
BANANA

YOGURT
BLUEBERRIES
GRANOLA

CHICKEN SALAD
BACON
FETA CHEESE
STRAWBERRIES

CRACKERS
GRAPES
STRING CHEESE

THU

EGGS
POTATOES
TOAST JELLY

YOGURT
BLUE/BLACK
BERRIES

CHICKEN
SPINACH PASTA
VEGGIES

PEANUT BUTTER
CELERY STICKS
RAISINS

FRI

SWEET POTATO
WAFFLES
SAUSAGE

CUCUMBERS
RASPBERRIES
STRING CHEESE

TURKEY
SANDWICH
BLACKBERRIES

SPINACH
STRAW/BLUE
BANANA
SMOOTHIE