APRIL 2024

Hours Mon.-Thurs., 10-3pm and Fri. 10-4pm

Mon. 10:30 Fri. 12:30 Yoga (pg2)

NEW DINNER P/U 4:45-5pm

Mon. 1pm Chess (pg2)

Tues. 10:15 Jill Art (pg3)

Tues. 12:30 Poetry (pg4)

Wed.10:30 Party Bridge (pg4)

Thurs. 10:15 Julie Art (pg3)

Fri. 12:00 Mah Jong (pg4)

4/4 12:30 UNO

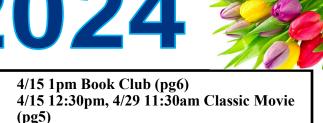
4/8 Craft 1pm (pg3)

4/11 Card Making (pg6)

Wed. 12:30 Mexican Train (pg4)

Bingo 4/12 10:30 4/22 1pm (pg3)

4/3, 4/10/, 4/17, 4/24 12:30, Movie (pg5)



- 4/16 12:30 Movie "Exodus" Talk Tom Henry & Steve Nathan (pg6)
- 4/18 Tech Help 12:30-2pm (pg3)
- 4/18 8:30-2:30 Drivers Course (pg2)
- 4/19 5pm Spaghetti Dinner w/ Humorist Yvonne Conti
- 4/19-5/17 Fall Prev. 10:30-12(pg4)
- 4/23 Vol. App. Lunch (pg3)
- 4/23 6:45 Model Car Club (pg4)
- 4/25 12pm Birthday Lunch (pg8)
- 4/26 11am "Women of Wit and Wisdom" Speaker (pg2)
 - 4/30 12:45pm Annual Meeting of Members

<u>Community Spaghetti and</u> <u>Meatball/Sausage Dinner</u> <u>with Yvonne Conte, Comedienne/</u> <u>Motivational Speaker</u>

- Date: Friday, April 19th
- Time: 5pm dinner Yvonne to follow
- Menu: Homemade Spaghetti and Meatballs/Sausage, Gourmet Salad,
- Fruit, Italian/Garlic Bread, and Italian Cream Cake
- Cost: \$15.00 per person or \$25 for two
- RSVP with payment before 4/17 (NO TAKE-OUTS)

Enjoy a delicious dinner and have a laugh or two..

Bring a new friend with you, they can have a great time too. RSVP early!



Make Your Voice Heard! Please join us for our **Board of Directors Annual Meeting for the Members** on **April 30th**. **Lunch is at 12pm, the meeting will begin at 12:45pm.** We will be providing a **FREE lunch of Spaghetti and Meat**

sauce, Salad, and Dessert for those who attend the meeting, at 12pm. Attendees will be able to meet with members of our Board of Directors following the meeting to discuss concerns or ask any questions you might have. We will be discussing future fundraisers and events for the center, reports from the committees, as well as the center's Annual Budget and election of new board members.

FAYETTEVILLE SENIOR CENTER 584 EAST GENESEE STREET FAYETTEVILLE, NY 13066 (315) 637-9025

OUR STAFF: Director: Janet Best Kitchen: Housekeeper: Annie Twichell

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Let's all wish our cook Dennis a fond farewell as he embarks on a new journey. Dennis was a great addition to our little family and we will miss you. Hopefully you can stop by occasionally to help out.



Do you know the benefits of chair yoga???(new Time and Day) Increased blood flow, reduction of stress, increased flexibility and muscle strength are just a few benefits. Chair Yoga promotes cognitive, physical, spiritual and emotional wellbeing. You can also lose weight by burning fat so you can get yourself to a place of overall health. JOIN US FOR CHAIR YOGA Monday 10:30am & Friday 12:30pm

We will offer Chris DeAmicis' video for chair yoga. We do hope you will join us to find your calm, reconnect, and get some gentle stretching exercises.

<u> "Women of Wit and Wisdom" Fri., April 26 11am</u>

A conversation with Dr. Renee Tembeckjian (Psychologist and Pastor) about how our life experiences provide an endless source of strength. This Ladies group is meant to increase your knowledge, express your opinions, discuss topics of interest and enjoy each others company. Let us enjoy each other, chat, relax, have some coffee/tea and a snack, and learn a few new things.



"Light Lunch" Thursday's

• Special price of \$4.00

- Meal includes: Homemade Soup, Salad, Bread and Beverage
- reservations are still needed in advance
- ONLY on THURSDAY'S **Excluding** Birthday Thursday's

JOIN US FOR CHESS!

Chess Club, Monday's at 1pm, . We have a couple of beautiful Chess Sets. Now is the time to come on over to FSC, meet new people, play some chess and have a great time.

IN PERSON EMPIRE SAFETY COUNCIL

ONE DAY SMART DRIVERS COURSE \$35, LUNCH AVAILABLE \$4 Thursday, April 18, 2024 8:30am-2:30pm arrive 15 min. early Cost of the course \$35, send checks to FSC by 4/16 check <u>made out</u> to Empire Safety Council Lunch is NOT included in price. A homemade lunch soup and salad, may be purchased at FSC for a donation of \$4. You must reserve by 4/16. If not

- purchasing a lunch, please bring a snack and beverage for yourself.
- We do not take walk-ins for this class, please call 315-637-9025 to sign-up ASAP, it fills quickly



JILL MCANDREW ART CLASS TUESDAY'S AT 10:15 This art class is for those that would like to learn any form of art, from novice to expert, drawing to painting. With Jill's help, nothing is impossible. Cost for this 6 week course is \$40, payable to Jill McAndrew. If interested, please contact Janet to sign-up. 315-637-9025

NEW MIXED MEDIA WATERCOLOR CLASS WITH JULIE GRATIEN THURSDAY'S AT 10:15

This art class is for those looking to improve their watercolor skills through the use of projects. You need to have some basic knowledge and experience for this class to participate. Class runs from April 4 through May 16 at 10:15, no class April 18th. Cost for this 6 week class is \$40, payable to Julie Gratien. If Interested, please contact Janet to sign-up 315-637-9025

Volunteer Appreciation Luncheon

When: Tues., April 23rd

Time: 12:00pm

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Menu: Assorted Finger Sandwiches, Pasta Salad, Fruit, and Cake <u>Cost:</u> FREE FREE FREE for ALL

RSVP: A MUST, By Friday, April 19th



Join us to celebrate and thank our volunteers. This one day a year we recognize those who continue to serve and support our center in their own unique way.

TECH HELP! Thursday, April 18th, 12:30-2pm

Looking for some help with using your computer, cell phone, or tablet? Need some guidance with basic email, Internet searches, photos, Zoom calls, or other online tasks? Aaron Best will be here once a month to offer assistance with whatever tech questions you may have (please, no device repairs). Please feel free to drop in anytime between 12:30-2 (please do not bring items that need **repair**.)



Support

CRAFT DAY!!!!! Mon., April 8, 1pm Join us to make a personalized wooden Rope Wreath. The class is a \$10

don., all supplies are provided. YOU <u>MUST</u> REGISTER BY 4/3 FOR THE CLASS !!!!

Bingo 2X a month

Come join us for Bingo, with choice of prizes. Friday, April 12 10:30am and Monday, April 22, 1:00pm please **RSVP** so we can set up



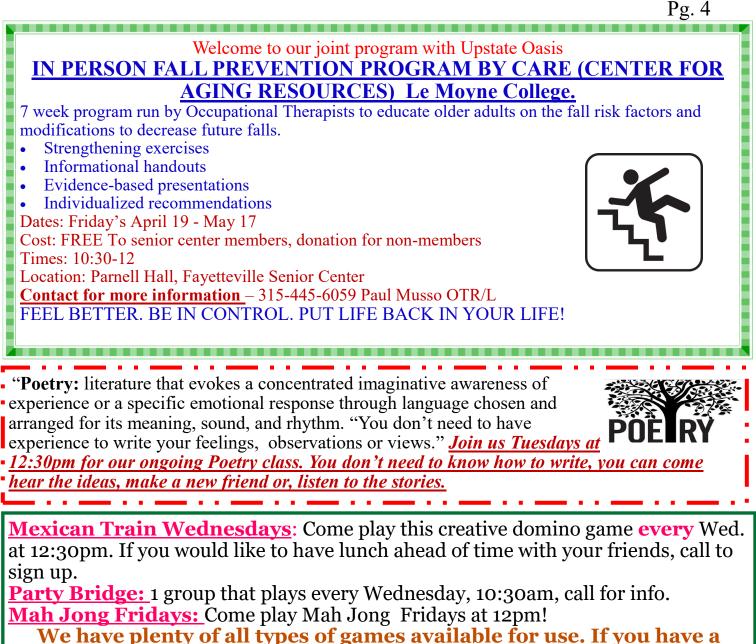
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WISH LIST

- Small bags of ice
- Eggs
- Cans of white albacore tuna/ white chicken
- Kitchen garbage bags
- Bags of potato chips

We thank you for any items that are donated. It takes a village to operate a center such as ours and we are proud to call you our members.



group that needs a space, speak to Janet about using one of our available rooms free of charge. We would love to have more groups use our <u>facility.</u>



Salt City Auto Modelers

Remember building scale models as a kid? Well, Some of us never gave up on this wonderful hobby, and that's where the Salt City Auto Modelers model car club comes in. We're a fun group of 10 or so that meet once a month for "show-n-tell", to share our scale modeling projects, and enjoy each other's company.

While the focus is on cars and trucks built from plastic model kits, we appreciate any sort of miniatures. The club has no dues, officers, or formalities, and ALL are welcome. Of course, adults are encouraged to bring the youngsters as we're always anxious to share our love of the hobby with the next generation.

Meetings are held at the Fayetteville Senior Center on the 3rd Tuesday of every month from 6:45pm-9pm, and the next gathering is scheduled for April 16. It's all FREE, and if you have any questions, please call David Best at 315-663-7045, or talk to Janet.





Wed., April 3, 12:30 pm, <u>"Anatomy of a Fall"</u> R, 152 Minutes Starring Sandra Huller DRAMA/ CRIME/MYSTERY A woman is suspected of her husband's murder, and their blind son faces a moral dilemma as the sole witness.

Wed., April 10, 12:30 pm, <u>"Freuds Last Session"</u> PG-13, 108 Min. Starring Anthony Hopkins DRAMA On the eve of the Second World War, two of the greatest minds of the twentieth century, C.S. Lewis and Sigmund Freud converge for their own personal battle over the existence of God. The film interweaves the lives of Freud and Lewis, past, present, and through fantasy, bursting from the confines of Freud's study on a dynamic journey.

Wed., April 17, 12:30 pm, <u>"The Zone of Interest"</u> PG-13, 105 Minutes Starring Christian Friedel DRAMA/HISTORY: The commandant of Auschwitz, Rudolf Hoss, and his wife Hedwig, strive to build a dream life for their family in a house and garden next to the camp.

Wed., April 24, 12:30 pm, <u>"The Boys in the Boat"</u> PG-13 124 Minutes Starring Callum Turner DRAMA/HISTORY: The triumphant underdog story of the University of Washington men's rowing team, who stunned the world by winning gold at the 1936 Berlin Olympics.

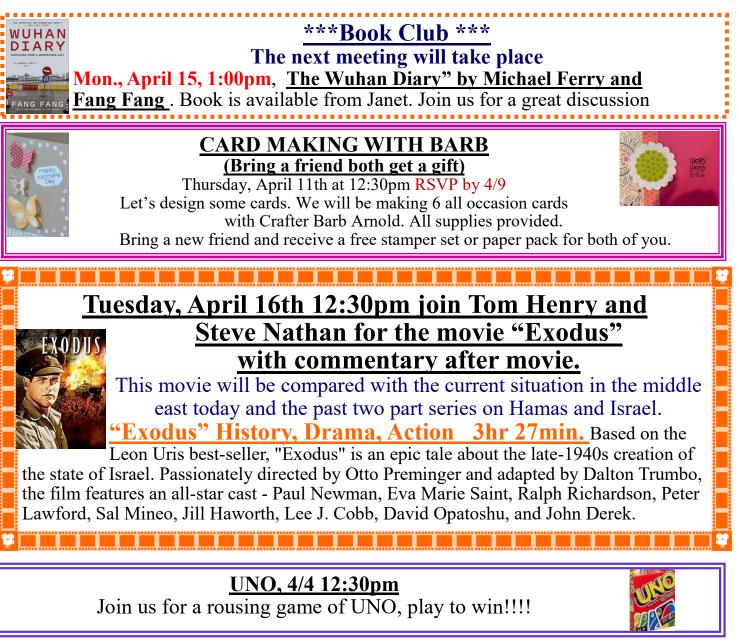
<u>CLASSIC MOVIE MONDAY. BRING YOUR OWN LUNCH, WE'LL</u> <u>SUPPLY THE DESSERT (popcorn & beverage too)</u>

Mon., April 15, 12:30am, "Sunset Boulevard" 110 min. Starring: Gloria Swanson. Sunset Boulevard revolves around the former star of the silent screen era, Norma Desmond. Aging and largely forgotten for years, she lives in her dilapidated mansion in Hollywood with her butler and chauffeur, Max. Lost in her memories, she is stirred into action when struggling screenwriter, Joe Gillis, suddenly enters her home and her life.

Mon., April 29, 11:30pm "The Maltese Falcon" 101 min. Staring Humphrey Bogart A San Francisco private detective deals with three unscrupulous adventurers, all seeking a jewel-encrusted falcon statuette.



PLEASE SEE CALENDAR FOR DINNER MENU & NEW PICK-UP TIMES(4:45-5PM) FOR FRIDAYS APRIL-OCT. NO NEED TO LEAVE YOUR VEHICLE . WE WILL BRING DINNER TO YOU.



HOLIDAY IN JULY SALE/FUNDRAISER

Do you have holiday items you are ready to part with? Are you starting to declutter and pare your holiday items down? Please donate to our Holiday sale. We will take any holiday item off your hands. From Valentine's Day to Christmas, Easter to Hannukah, anything that represents a holiday. If you have dishes with a Santa or a bowl with a flag on it, we would gladly accept it. (all items must be clean and fit in the guidelines for the sale) Items can be dropped off at the center anytime during business hours from April 1st to July 3rd. The sale, "Holiday in July", is planned for Saturday, July 13th from 9-2pm. All proceeds will go to the senior centers entertainment and arts programs. As we get closer to the date, we will need people to price, display and categorize. Plus we will need people the day of the sale. All volunteer help is welcomed. Get your grandchildren involved, how about a neighbor or friend. See Janet for further details.

LOOKING FOR DONATIONS FOR OUR SALE!

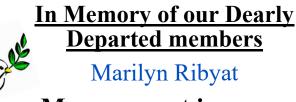
ANNUAL APPEAL UPDATE

Currently we have raised \$12,000 of our original request of \$30,000. The Annual Appeal is our largest source of yearly funding. It funds our programming, food program, special projects, yearly supplies, and general operating expenses. If you haven't already contributed to this years campaign, please consider doing so. If you already have donated, thank you so very much.

Please consider being an ambassador for our center. Tell your family and friends about us. Generate interest and introduce them to what you enjoy. Bring them by. Get a meal and watch a movie. Any support you can give to your center is of value. We appreciate each and everyone. Thank you.

LEGACY As people, we often long to make a connection As people, we often long to make a connection to something bigger than ourselves. Your legacy will capture meaningful aspects of your unique personality and presence to preserve it for the benefit of those who will follow in your footsteps. Whether through work, family, or community, we all have the opportunity to leave a one-of-a-kind mark on the people and places around us. A Legacy gift is a symbol of empathy, love and sharing and a smart way to pay it forward. Please consider remembering your senior center in your Estate planning. A gift of 5% may seem small ,but to an organization, it is a priceless donation. We can continue on, in your name, providing the services and programs you have enjoyed. If you need any additional information you may speak with Janet, a member of the FSC Board of Directors, or call Jan Lane at the Community Foundation, 315-883-5546

A life That Touches Others, Goes on Forever.



Planning a

May you rest in peace



A Word on Legacy or

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APRIL Birthdays

Irene Bahouth	, 4/1
Bob Myers	4/1
Janis Martin	4/3
Ann Olson	4/3
Peter Garner-Richards	4/8
Martin Morganstein	4/9
Susan Goldner	4/10
Deborah Black	4/11
Greg Saucke	4/11
Barbara Sullivan	4/11
BJ Brang	4/12
Bernie Schneider	4/13
Laura Stonefoot	4/14
Kerry Johnson	4/16
Walt Price	4/18
Arlene Pritzker	4/18
Joe Roth	4/18
Sharon Casper	4/20
Mary Jane Trencansky	4/20
Marilyn Beattie	4/21
Lillian Krenick	4/21
Dennis MacDowell	4/22
Judy Plumley	4/22

Karen Wortley	4/22
Cliff Buckley	4/23
Carol Gavan	4/23
Margie May	4/23
Roberta Hampson	4/24
May Anne Corasniti	4/26
Alice Heffron	4/26
Jean Quadrini	4/26
Sandra Mulhern	4/29
William Olin	4/29
Joan Stephenson	4/29
Peter Garner-Richards	4/30

Look for your free birthday lunch gift in your birthday card.

If you do not see your birthday listed or if it's incorrect, please let the office know.

April Birthday Day Celebration Lunch
 Lunch, Thursday, April 25, at 12:00pm <u>RSVP BY 4/23</u>
 Entertainment by Dale Randall
 Menu: Cheese Lasagna, Salad, Italian Bread, B'Day Cake
 Cost- non-Birthday is a donation \$6. Birthday in April,
 FREE with birthday coupon (check your b'day card you received)
 **There are NO TAKE-OUTS for this meal.

lappy Birthday

A	PRI	L 20)24	MEN	Pg.	9
Sun	Mon	Tue \$6 12pm	Wed \$6 12pm	Thu 12pm	Fri \$12 dinner p/u 4:45-5pm	Sat
	1 NO LUNCH	2 Taco Tuesday with the Fixings Fruit Dessert	3 Tuna/Egg/Salad Sandwiches Chips Fruit Dessert	4 \$4 Gnocchi & Chicken Soup Salad Fruit	5 \$12 Ham & Scalloped potatoes Roasted asparagus Fruit Roll Dessert	6
7	8 NO LUNCH	9 Breakfast For Lunch Pancakes Bacon Fruit Home Fries Danish	10 Goulash Salad Bread Fruit Dessert	11 \$4 Silky Zucchini Soup Salad Fruit	12 \$12 Lemon Herb Chicken Buttered Spaghetti Green Beans Fruit Roll Dessert	13
14	15 Bring your own lunch Free pop- corn/Dessert with movie	16 Sloppy Joe/roll salad Fruit Dessert	17 Chicken Salad Sandwich Chips Fruit Dessert	18 \$4 Chicken Noodle Soup Salad Fruit	19 \$15 DINNER/ HUMORIST 5pm Spaghetti & Meatballs/Sausage Gourmet Salad Fruit Italian & Garlic Bread Italian Cream Cake	20
21	22 NO LUNCH	23 Vol. Appr. FREE Assorted Finger Sandwiches Pasta Salad Fruit Cake	24 Hot Dogs with all the fixings Fries Fruit Dessert	25 \$6 B'Day Cheese Lasagna, Salad Italian Bread B'Day Cake	26 \$12 Pork Medallions w/ Balsamic Vinegar & Capers Mashed Pot./Gravy Squash Applesauce Roll Dessert	27
28	29 Bring your own lunch Free pop- corn/Dessert with movie	30 Annual Mtg FREE to those attending mtg Spaghetti and Meat sauce Salad Dessert				

- Tues. \$ Wed. Lunch \$6.00 Soup and Salad Thurs.\$4
- Friday's are \$12.00. check calendar for special meal prices.
 - Menu subject to change!

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- Vegetarian Meal available as substitute!
- If you have any food allergies, let staff know ahead of time.
 Take out available just ask!
 - Lunch starts promptly at noon unless otherwise noted.
 - All lunches are homemade and recipes available Call 637-9025 to reserve 24 hours ahead

NO TAKE-OUT FOR 4/19 DINNER

April 2024 Events

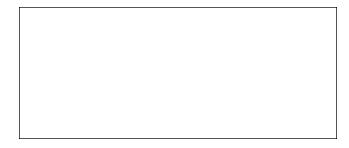
Pg. 10

<u>Sun</u>	<u>Mon 10-3</u>	<u>Tues 10-3</u>	Wed 10-3	<u>Thurs 10-3</u>	<u>Fri 10-4</u>	<u>Sat</u>
	1 CLOSED FOR EASTER	2 10:15– Art Class, Jill 12-Lunch 12:30– Poetry	3 10:30– Party Bridge 12-Lunch <u>12:30– Movie</u> 12:30– Mexican Train	4 10:15 Art Class, Julie 12 Lunch \$4 12:30 UNO	5 12– Mah Jong 12:30 Yoga 4:45-5 p/u Dinner	6
7	8 10:30-Yoga 1-Craft 1-Chess Club	9 10:15– Art Class, Jill 12-Lunch 12:30– Poetry	10 10:30– Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train	11 10:15 Art Class, Julie 12 Lunch \$4 12:30 Card making with Barb	12 10:30 BINGO 12– Mah Jong 12:30 Yoga 4:45-5 p/u Dinner	13
14	15 10:30-Yoga 10:30-Book Club 12:30-Classic Movie 1-Chess Club	16 10:15– Art Class, Jill 12-Lunch 12:30– Poetry 12:30 Movie "Exodus" with Commentary By Tom Henry/Steve Nathan 6:45 SCAM	17 10:30– Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train <u>RSVP and</u> <u>Payment due for</u> <u>4/19 Dinner</u>	18 NO ART 8:30-2:30 Drivers Course 12 Lunch \$4 1-Tech Help	19 12 – Mah Jong 10:30-12 Fall Prevention 12:30 Yoga 5:00pm Spaghetti Dinner with Entertainment by Humorist Yvonne Conte	20
21	22 10:30-Yoga 1-BINGO 1-Chess Club	23 10:15– Art Class, Jill 12-Lunch 12 Volunteer Appreciation 12:30– Poetry	24 10:30– Party Bridge 12-Lunch 12:30– Movie 12:30– Mexican Train	25 10:15 Art Class, Julie 12– B'Day Lunch \$6 entertainment Dale Randall	26 10:30-12 Fall Prevention 11– Women of Wit and Wisdom 12– Mah Jong 12:30 Yoga 4:45-5 p/u Dinner	27
28	29 10:30-Yoga 12:30-Classic Movie 1-Chess Club	30 10:15– Art Class, Jill 12-Lunch 12:45 Annual Meeting of Members 12:30– NO POETRY			<u>NO TAKE</u> OUT 4/19 DINNER	

Add Annual Appeal letter

Fayetteville, NY 13066 584 East Genesee Street hayetteville Senior Center

Forwarding Service Requested



Mary Kilpatrick **Ryan Smith** *Village Liaison: Jane Rice *Deputy Mayor: Mike Small

Directors Chairman: Tony Marsallo Secretary: Janet Callahan Treasurer: Don Brown Barbara Arnold Peter Bertone Kevin Kelly Susan Goike Paulina Murray-Lee

Board of

FAYETTEVILLE SENIOR CENTER

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreational programs, nutritional programs and other activities in friendly, comfortable surroundings.

584 E Genesee Street

Fayetteville, NY 13066

Hours: M-TH 10am-3pm Fri 10am-4pm

Phone: (315) 637-9025

Email: fayseniorcenter2@yahoo.com

Website: FaySrCtr.org

If interested in joining our **Board**, please contact Janet or one of our Board members for information. **Members** are welcome to attend board meetings. Meetings are the third Monday of every month,

Organization лоп-Ргоћ Permit No. 47 Pigq 9getsoy 2U