



The Beacon January 2024



Hours are now Mon.-Thurs.,
10-3pm and Fri. 10-4pm

DINNER P/U 3:45-4PM

January is Membership
month. Make sure you fill out
membership form on back
page and return to FSC

Important Updates/Events!!

- 1/4, 11 & 25 10:30am Yoga (pg3)
- 1/5 10:30am Craft (pg4)
- 1/8 & 1/25 BINGO(pg3 check calendar for times)
- 1/8 Doug's Fish Fry(pg4)
- 1/9 12:30pm fraud prevention (pg2)
- 1/11 12:15pm Education by Menorah Park (pg4)
- 1/15 1pm Book Club(pg.3)
- 1/15 & 1/29 1pm Chess Club (pg3)
- 1/16 12:30pm Steve Nathan
- 1/16 6:45pm SCAM Club
- 1/18 9-3pm Smart Drivers Course (pg2 arrive 15 min early)
- 1/22 11:30am Movie (pg.4)
- 1/25 12pm B'day (pg 4)

IT'S MEMBERSHIP RENEWAL TIME



Our membership dues are **\$25 per household** for anyone that wishes to belong to and participate at our center. Each year renewal is from January-March so that we can correctly update our list and view any changes. **Even if nothing has changed**, you need to fill out a form. A new data base is created every year. The form is located on the inside back of this newsletter. Please make sure you register so you can still be a part of our programming.



Series on Hamas and Israel Conflict

Part 1-Tuesday, Jan. 16th 12:30pm

- Steve Nathan will present and discuss the Geography of Israel, The West Bank, and Gaza and the strategic importance of these areas.
- In addition, Steve will give a brief history of Palestine since the end of WWI and how the Balfour Declaration established the protectorates.

Part 2-TBA in February

- Tom Henry/Steve Nathan will elaborate on the conflict in the Palestine, Israel, and the Gaza strip.

Questions, discussion and respectable opinions, are encouraged.

We hope to see Tom Henry back in February with a continuation of Steve's January presentation.

FAYETTEVILLE SENIOR CENTER
584 EAST GENESEE STREET
FAYETTEVILLE, NY 13066
(315) 637-9025

OUR STAFF:
Director: Janet Best
Kitchen: Dennis Murphy
Housekeeper: Annie Twichell

IN PERSON EMPIRE SAFETY COUNCIL
ONE DAY SMART DRIVERS COURSE \$35.
LUNCH AVAILABLE \$6



Thursday, January 18, 2024 9am-3:00pm arrive 15 min. early

- **Cost of the course \$35, send checks to FSC by 1/16 check made out to Empire Safety Council**
- **Lunch is NOT included in price. A homemade lunch may be purchased at FSC for a donation of \$6. You must reserve by 1/16. If not purchasing a lunch, please bring a snack and beverage for yourself.**
- **We do not take walk-ins for this class, please call 315-637-9025 to sign-up ASAP, it fills quickly**



Welcome to our family, new cook, Dennis Murphy.

Dennis comes to us, from the Eastern Hills Bible Church and several other establishments. Dennis is a Fayetteville resident, Dad, Grandpa and a talented guy.

Dennis will improve our menu, help guide us into 2024 and make us some good food, and laugh a little doing so. Stop in and say Hello. Better yet, use the lunch coupon in this newsletter for a free complimentary “new year(2024)” lunch to enjoy a meal on FSC.



**FAYETTEVILLE
SENIOR CENTER**

FREE SAMPLE LUNCH
Good for one free \$6 lunch
Please RSVP 24 hours ahead
Void after 1/31/24
offer good on in-house meals only
Please bring card with you



Happy New Year!!! Have a meal on us. Come sample a lunch for free. Just call and reserve, cut out the ticket and bring it with you. Enjoy, meet some new friends, and meet our new cook.

Welcome Annie Twichell to our FSC family.

Annie is a life long Fayetteville resident, retired Navy Veteran, and always one to help out. Annie will be cleaning our building to make sure we are all safe from those winter germs. You might not see her but, know that she is dedicated to all of us, keeping us clean and healthy this season.

Conclusion of FRAUD PREVENTION SERIES

Tuesday January 9 at 12:30pm the Manlius Police Department in collaboration with CARE from Le Moyne, will present the following topic: Internet/Mail/Phone Scams.

JOIN US FOR CHESS!

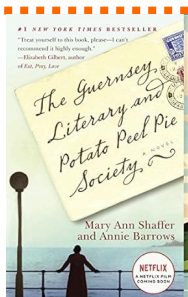


Mon., January 15th and Mon., Jan. 29th at 1pm is chess club. If you are at all interested now is the time to come on over to FSC, meet new people, play some chess and have a great time. Call to let us know if you are planning on coming.

Book Club

The next meeting will take place

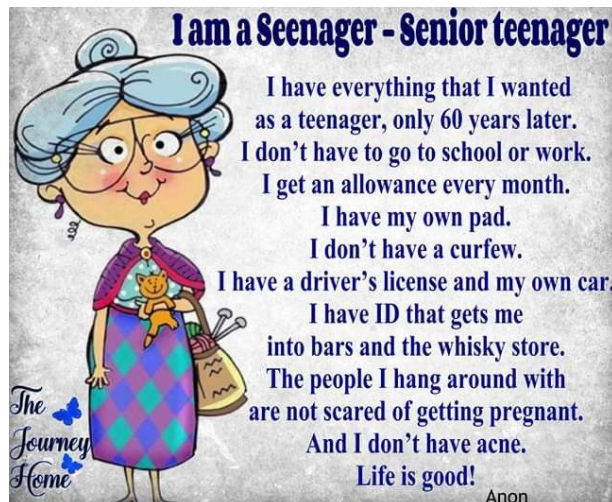
Mon., Jan. 15, 1pm, "The Guernsey Literary & Potato Peel Pie Society",



by Mary Ann Shaffer & Annie Barrows.

Book is available from Janet.

We will view the movie and compare on Mon., Jan. 22 11:30pm



Bingo 2X a month

Come join us for Bingo, with choice of prizes.

Monday, Jan. 8 & Thurs. Jan. 25

Check Calendar for times. Please

RSVP so we can set up

YOGA

Starting Jan. 4 at 10:30am we will once again be offering Chris DeAmicis's video for chair yoga. This form of exercise has been requested, while we are looking for a new instructor. We do hope you will join us on Thursday mornings to find you calm, reconnect and get some gentle stretching exercise.

namaste



What's for Dinner?

DINNER PICK-UP ON FRIDAYS IS 3:45-4PM FOR EVERYONE. PLEASE BE HERE A LITTLE EARLY AND **PARK** IN THE PARKING LOT. NO NEED TO LEAVE YOUR VEHICLE WE WILL BRING DINNER TO YOU.



Our Yoga instructor Chris is fully retiring to help her growing family. We wish her nothing but the best. If you wish to join her in her remaining class, it is 9:30am Feb. 14 and March 6 in Dwyer Hall at I.C. Church.



Our beautiful group



“Poetry, literature that evokes a concentrated imaginative awareness of experience or a specific emotional response through language chosen and arranged for its meaning, sound, and rhythm. “You don’t need to have experience to write your feelings, observations or views.” Join us Tuesdays at 12:30pm for our ongoing Poetry class. You don’t need to know how to write, you can come hear the ideas, make a new friend or, listen to the stories.



January Birthday Day Celebration Lunch (12pm)

• Lunch, Thursday, January 25 12:00pm **RSVP BY 1/22**
Seasoned Pork Loin, Baked Potato, Fresh Fruit, roll w/butter, & B'Day Cake

- **Join us for a rousing game of BINGO after the meal.**
- Cost– **non-Birthday is a donation \$6. Birthday in Jan., FREE**
- ****There are NO TAKE-OUTS for this meal.**



CRAFT DAY!!!!

Friday, January 5, 10:30am
Join us to make three assorted snowy mason jar candleholders. The class is a **\$5 donation**, all supplies are provided.
YOU MUST REGISTER BY 12/28 FOR THE CLASS !!!!

“What We Offer to You, the Community”

Join us **Thursday, January 11, 12:15pm**, for a presentation by Menorah Park on the services and options you have in the community as you age. They will be providing our dessert this day so come and enjoy a tasty treat and some good information.



MOVIE MONDAY. BRING YOUR OWN LUNCH, WE’LL SUPPLY THE DESSERT (popcorn & beverage too)

Monday, January 22, 2024 11:30am, “The Guernsey Literary & Potato Peel Pie Society.” The Guernsey Literary and Potato Peel Pie Society is a 2018 historical romantic drama Set in 1946, the plot follows a London-based writer who exchanges letters with a resident on the island of Guernsey, which had been under German occupation during World War II. 2 hr 4 min. starring Lily James
Bring your lunch, relax and enjoy the movie. Dessert, popcorn, and drinks will be provided. (book club is reading this book this month)

Enjoy your lunch or dinner with **DOUG’S FISH FRY TO-GO. Monday, January 8 from 11-6pm** No reservations are needed, just come on over to our parking lot, order and receive your food.



Prices are: Fish: Sandwich, \$10.10 Dinner with fries and coleslaw \$16.65.
Shrimp: Portion \$13.27, Dinner with fries and coleslaw \$19.85
Scallop: Portion \$17.20, Dinner with Fries and coleslaw \$23.77

Mexican Train Wednesdays: Come play this creative domino game every Wed. at 12:30pm. If you would like to have lunch ahead of time with your friends, call to sign up.

Party Bridge: 1 group that plays every Wednesday, 10:30am, call for info.

Mah Jong Fridays: Come play Mah Jong Fridays at 12pm!

Member Game of Choice Day: 12:30 Thursdays. Bring in a group, choose your game (Uno, Scrabble, Cards, or board games) and play till 3pm.

We have plenty of all types of games available for use. If you have a group that needs a space, speak to Janet about using one of our available rooms free of charge. We would love to have more groups use our facility.



Salt City Auto Model Club



Remember building scale models as a kid? Well, Some of us never gave up on this wonderful hobby, and that's where the Salt City Auto Modelers model car club comes in. We're a fun loving group of 10 or so that meet once a month for "show-n-tell" to share our scale modeling projects and enjoy each other's company.

While the focus is on cars and trucks built from plastic model kits, we appreciate any sort of miniatures. The club has no dues, officers, or formalities, and ALL are welcome. Of course, adults are encouraged to bring the youngsters as we're always anxious to share our love of the hobby with the next generation.

Meetings are held at the Fayetteville Senior Center on the 3rd Tuesday of every month from 6:45pm -9pm., and the next few gatherings are scheduled for December 19th and January 16th. It's all FREE, and if you have any questions, please call David Best at 315-663-7045, or talk to Janet.



Snow Days

It's that time of year again!! Remember if the Fayetteville-Manlius School District is closed, the Fayetteville Senior Center will be closed. **Please watch your television for the school closing scroll at the bottom of the screen.** If there is a delay or it is a regular day off for the school district then please call the center to make sure we're here. We are open if there is a delay.

Illness Reminder

Out of consideration for all our members and staff, please stay home if you are coughing, sneezing, or have a sore throat. The flu and/or covid, is extremely contagious and you should stay at home for at least 36 hours once symptoms have subsided. Staff may ask you to wear a mask or leave if they have concerns for the health of yourself or others. We will all be here upon your return to full health.



VOLUNTEER OPPORTUNITY

THE FAYETTEVILLE CEMETERY IS LOOKING FOR SOMEONE TO SHADOW MARTY MORGENSTEIN AS A STEWARD OF THE CEMETERY. THE JOBS ENTAILS BUT IS NOT LIMITED TO:

- SELLING CEMETERY PLOTS
- MEETING THOSE INTERESTED OR BUYERS OF PLOTS AT THE CEMETARY
- ISSUING PLOT DEEDS AND MAINTAINING THE CEMETARY MAPS
- GENERAL COMMUNICATIONS REGARDING THE CEMETERY TO WHOMEVER NEEDS INFORMATION

Let Janet know if you are interested and she can connect you with the proper person.



WELCOME TO THE MOVIES, New Release Movie,
Wednesday's 12:30pm, POPCORN INCLUDED

DONATION WELCOMED

Movies are open to everyone.
Popcorn and beverage are provided.

**TO PREVIEW THE MOVIE, PLEASE GO TO MOVIE WEBSITE
 OR YOUTUBE, AND VIEW TRAILER.**

Wednesday, Jan. 3, 12:30 pm, "Camp Hideout" PG, 100 Min. Starring Christopher Lloyd **COMEDY/FAMILY:** Noah is a troubled teen who nearly gets caught stealing a top-secret gadget from some big city thugs. After barely escaping, he decides to hide out at a summer camp that's run by the eccentric Falco and counselors Jake and Selena. As Noah tries to blend in with the rest of the rowdy campers, his crooked partners show up to steal the classified item, now in his possession.

Wednesday, Jan. 10, 12:30 pm, "Mission Impossible— Dead Reckoning Part One" PG-13, 164 Minutes Starring Tom Cruise **ACTION/THRILLER:** Ethan Hunt and his IMF team must track down a dangerous weapon before it falls into the wrong hands. The weapon is a submarine that can launch nuclear missiles from anywhere in the world. Hunt and his team must race against time to stop the submarine from being used by a terrorist organization. Along the way, they will face old enemies and new challenges. But Hunt is determined to stop the submarine and save the world.

Wednesday, Jan. 17, 12:30 pm, "What Happens Later" R, 105 Minutes Starring Meg Ryan **ROMANTIC COMEDY:** Two ex-lovers, Bill and Willa, get snowed in at a regional airport overnight. Indefinitely delayed, Willa, a magical thinker, and Bill, a catastrophic one, find themselves just as attracted to and annoyed by one another as they did decades earlier. But as they unpack the riddle of their mutual past and compare their lives to the dreams they once shared, they begin to wonder if their reunion is mere coincidence, or something more enchanted.

Wednesday, Jan. 24, 12:30 pm, "She Came to Me" R 102 Minutes Starring Peter Dinklage **ROMANTIC COMEDY/DRAMA:** Composer Steven Lauddem is plagued by a creative block which leaves him unable to finish the score for his big comeback opera. When his former therapist-turned-wife Patricia suggests he rekindle his creativity by getting lost in the city, Steven sets out in search of inspiration. His epiphany comes after he meets a spirited woman named Katrina and discovers his life has much more potential than he bargained for, or ever could have imagined.

Wednesday, Jan. 31, 12:30 pm, "A Haunting in Venice" PG-13, 104 min Minutes Starring Jamie Doran **MYSTERY:** Celebrated sleuth Hercule Poirot, now retired and living in self-imposed exile in Venice, reluctantly attends a Halloween seance at a decaying, haunted palazzo. When one of the guests is murdered, the detective is thrust into a sinister world of shadows and secrets.



We are asking for some additional help from you as active members. If you are visiting, please try to keep your surroundings clean and tidy. Chip in to help out a bit before you leave. Put your chair back and push it in after lunch, pick up that tissue that you may have dropped, or put back those items you may have taken out. Everything and anything is greatly appreciated. Thank you so much!

A Word on Legacy or Planned Giving



As people, we often long to make a connection to something bigger than ourselves. Your legacy will capture meaningful aspects of your unique personality and presence to preserve it for the benefit of those who will follow in your footsteps. Whether through work, family, or community, we all have the opportunity to leave a one-of-a-kind mark on the people and places around us. **A Legacy gift is a symbol of empathy, love and sharing and a smart way to pay it forward.** Please consider remembering your senior center in your Estate planning. A gift of 5% may seem small, but to an organization, it is a priceless donation. We can continue on, in your name, providing the services and programs you have enjoyed. **If you need any additional information you may speak with Janet or call Jan Lane at the Community Foundation, 315.883.5546**



THANK YOU SO VERY MUCH

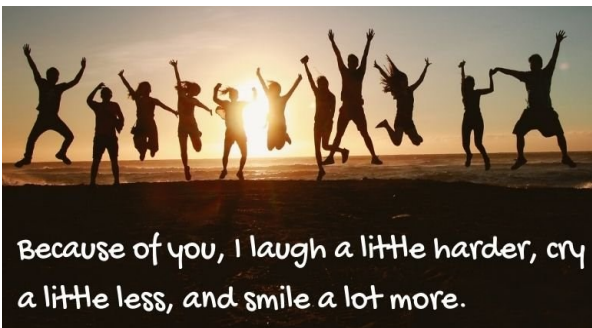
A big thank you to those that donated to our Toys for Tots drive. It was a very successful collection of donations again this past year. The Senior center and our members filled three boxes with toys this holiday season. It makes us proud to be able to donate to those that need it most.

IMPORTANT INFORMATION, PLEASE READ!!!!

Anyone that would like to have lunch/dinner, needs to sign up **EACH** time you would like a meal. **There is a sign-up book in Parnell Hall.** It is located on the black table by the serving table, it is labeled with the dates and the meal offered. If you would like a meal, **YOU MUST** sign-up. If you do not sign-up, you will have to wait to see if there is enough lunch for you. You can still call to sign-up but please, **make sure you talk to a person** and don't leave your reservation as a message. I am not always available first thing in the morning to get the machine messages.

Would you like to volunteer at the Senior Center?

We are looking for some additional volunteers to help us with small events, fundraising, and promoting our center to the public!! If you are interested Please talk to Janet or a board member **about your interest, times available, and any special skills you might have.** We need you, as our members, to help us be a success in our community.



In Memory of our Dearly Departed

members
Peter Olson

May you rest in peace

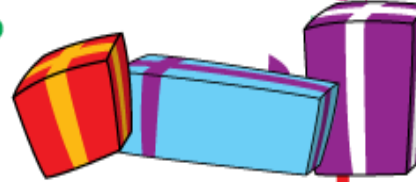


January Birthdays

Diane Adams	
Tessa Careaga	
Patricia Costello	
Carole Frank	
Douglas French	
Joan Gerardi	
Mary Teske	
Madeline Bort	1/2
Chris DeBottis	1/5
Donald Nicholson	1/5
Barbara Hadley	1/8
George Anderson	1/11
Laurel Huff	1/11
Avery Sinclair	1/11
Carol Shoudy	1/13
Michael Spillane	1/13
Richard Liss	1/14
Richard Greene	1/17
Cora Reals	1/23
Steven Schroeder	1/23
Peg McCarthy	1/25
Mil Owens	1/26



Happy Birthday!



WISH LIST

- Paper towels
- Toilet paper
- Tissues
- Chocolate candy
- Cake, brownie, cookie mixes
- Bags of frozen blueberries or cherries
- Frozen veggies
- White Bread
- Bags of Potato chips

- Potatoes
- Turkey or ham ultra thin prepackaged lunch meat
- Mayonnaise
- Ketchup
- Eggs

We thank you for any items that are donated. It takes a village to operate a center such as ours and we are proud to call you our members.

January 2024 MENU

Sun	Mon	Tue \$6 12pm	Wed \$6 12pm	Thu \$6 12pm	Fri \$12 3:45-4pm p/u	Sat
	1 HAPPY NEW YEAR CLOSED	2 CLOSED	3 Chicken Salad on Croissant Chips Fresh Fruit Dessert	4 Soup Day: Vegetable Beef Dinner roll Fresh Fruit Dessert	5 Stuffed Shells with Meat Sauce Salad Fresh Fruit Bread Dessert	6
7	8 11am-6pm Doug's To-go Truck Fish Fry 11-6pm In parking lot	9 Taco Tuesday Fresh Fruit Dessert	10 Beef Stroganoff over noodles Salad Fresh Fruit Dessert	11 Soup Day: Chicken Noodle Dinner roll Fresh Fruit Dessert	12 Chicken and Biscuits Green Beans Fresh Fruit Roll Dessert	13
14	15 NO LUNCH	16 Sloppy Joes with Waffle Fries Fresh Fruit Dessert	17 Baked Potato with Toppings Bar Salad Fresh Fruit Dessert	18 Soup Day: Cream of Potato Salad Fresh Fruit Dessert	19 Orange Cranberry Glazed Pork loin Maple Baby Carrots Roasted Potatoes Roll Dessert	20
21	22 Movie Monday Bring your own lunch we supply dessert	23 BLT Pasta Salad Fresh Fruit Dessert	24 Mild Chili Corn Bread Salad Fresh Fruit Dessert	25 B'Day Meatloaf Baked Potato Fresh Fruit Roll w/butter B'Day Cake	26 BBQ Chicken Baked Beans Coleslaw Roll Fresh Fruit Dessert	27
28	29 NO LUNCH	30 Deli Sandwich Potato Salad Fresh Fruit Dessert	31 Cheese Ravioli with Sauce Italian Bread Salad Fresh Fruit Dessert			

- **All meals \$6.00**
 - **Friday's are \$12.00.** check calendar for special meal prices.
 - **Menu subject to change!**
 - Vegetarian Meal available as substitute!
 - **If you have any food allergies, let staff know ahead of time.**
 - Take out available just ask!
 - **Lunch starts promptly at noon unless otherwise noted.**
 - All lunches are homemade and recipes available
- Call 637-9025 to reserve 24 hours ahead**



January 2024 Events

SMon 10-3Tues 10-3Wed 10-3Thurs 10-3Fri 10-4Sat

	<p>1</p> <p>HAPPY NEW YEAR</p> <p>CLOSED</p>	<p>2</p> <p>CLOSED</p>	<p>3</p> <p>10:30– Party Bridge</p> <p>12-Lunch</p> <p>12:30– Movie</p> <p>12:30– Mexican Train</p>	<p>4</p> <p>10:30-Yoga</p> <p>12-Lunch</p> <p>12:30 your choice of games</p>	<p>5</p> <p>10:30 Craft</p> <p>12– Mah Jong</p> <p>3:45-4 Dinner</p>	6
7	<p>8</p> <p>10:30-BINGO</p> <p>11am-6pm</p> <p>Doug's To-go</p> <p>Truck Fish Fry</p>	<p>9</p> <p>10:15– Art Class</p> <p>12-Lunch</p> <p>12:30– Poetry</p> <p>1– 4 part series on Fraud</p>	<p>10</p> <p>10:30– Party Bridge</p> <p>12-Lunch</p> <p>12:30– Movie</p> <p>12:30– Mexican Train</p>	<p>11</p> <p>10:30-Yoga</p> <p>12-Lunch</p> <p>12:15 Menorah</p> <p>Park information</p> <p>12:30 your choice of games</p>	<p>12</p> <p>12– Mah Jong</p> <p>3:45-4 Dinner</p>	13
14	<p>15</p> <p>1-Chess Club</p> <p>1– Book Club</p>	<p>16</p> <p>10:15– Art Class</p> <p>12-Lunch</p> <p>12:30– Poetry</p> <p>12:30 Steve Nathan</p> <p>6:45pm Salt City Auto Modelers</p>	<p>17</p> <p>10:30– Party Bridge</p> <p>12-Lunch</p> <p>12:30– Movie</p> <p>12:30– Mexican Train</p>	<p>18</p> <p>9-3pm Smart Drivers Course (arrive 15 min. early)</p> <p>12- Lunch</p> <p>12:30 your choice of games</p>	<p>19</p> <p>12– Mah Jong</p> <p>3:45-4 Dinner</p>	20
21	<p>22</p> <p>11:30 Movie (bring your own lunch we supply dessert)</p>	<p>23</p> <p>10:15– Art Class</p> <p>12-Lunch</p> <p>12:30– Poetry</p>	<p>24</p> <p>10:30– Party Bridge</p> <p>12-Lunch</p> <p>12:30– Movie</p> <p>12:30– Mexican Train</p>	<p>25</p> <p>10:30-Yoga</p> <p>12-B'DayLunch</p> <p>12:30 your choice of games</p> <p>1pm BINGO</p>	<p>26</p> <p>12– Mah Jong</p> <p>3:45-4 Dinner</p>	27
28	<p>29</p> <p>1-Chess Club</p>	<p>30</p> <p>10:15– Art Class</p> <p>12-Lunch</p> <p>12:30– Poetry</p>	<p>31</p> <p>10:30– Party Bridge</p> <p>12-Lunch</p> <p>12:30– Movie</p> <p>12:30– Mexican Train</p>			

Membership form



FAYETTEVILLE SENIOR CENTER



Board of Directors

Chairman: Tony Marsallo
Secretary: Janet Callahan
Treasurer: Don Brown

Barbara Arnold	Susan Goike
Paulina Murray-Lee	Mary Kilpatrick
Mike Small	
Kevin Kelly	
Peter Bertone	*Village Liaison:
Ryan Smith	Jane Rice

If interested in joining our Board, please contact Janet or one of our Board members for information. Members are welcome to attend board meetings. Meetings are the third Monday of every month, 6pm.

Mission Statement

The Fayetteville Senior Center meets the challenges facing the senior community by offering social activities, education, health and recreation programs, nutritional programs and other activities in friendly comfortable surroundings.

**584 E Genesee Street
Fayetteville, NY 13066**
Hours: M-TH 10am-3pm Fri 11am-4pm
Phone: (315) 637-9025
Email: fayseniorcenter2@yahoo.com
Website: FaySrCtr.org



Forwarding Service Requested

US Postage
Paid
Permit No. 47
Non-Profit
Organization

Fayetteville Senior Center
584 East Genesee Street
Fayetteville, NY 13066