



City Rocks HOPE BASKETBALL Youth Teams PROGRAM INFORMATION SHEET

YOUTH AGE GROUPS

City Rocks HOPE currently offers teams for 4th-8th grade boys. We have both local and travel teams. Our travel teams participate in the Marquee Hoops Circuit. We also have teams that participate in MADE Winter Circuit.

SEASONS

City Rocks HOPE has two seasons, Fall/Winter & Spring Summer. Our Fall/Winter season begins the first week of October and runs through the final week of March and we participate in the MADE Circuit. Our Spring/Summer season begins mid to late March and runs through June or July depending on your teams schedule. Travel teams play the Marquee Circuit.

TRYOUTS, MAKING A TEAM & TEAM LEVELS

Tryouts for the Fall/Winter season are typically held in September and tryouts for the Spring/Summer season are typically held in February. Some levels have local teams that do not travel outside of the area. Not everyone who tries out will make a team. Other Tryout Dates may be added. Follow us @rochestercityrocks on IG for updates or check the website, www.bballhope.com

TIME COMMITMENT & PRACTICE/TOURNAMENT LOCATIONS

Players can expect to attend two or three 90-120 minute practices, typically held between 6:00-9:30pm, Monday through Thursday evenings. For practices, we rent gyms within Monroe County. All local tournaments are held in Upstate NY while our travel teams will travel to Manheim PA, York PA, Baltimore MD, Harrisburg PA and other potential locations outside of NYS. Our teams will play between 2-5 games on a tournament weekend.

PROGRAM & UNIFORM FEES

Player fees for 2024 Spring are **\$600**. Player fees cover all gym costs, tournament entry fees, team insurance, coach & administration fees. Parents are responsible for purchasing a separate one-time **\$150** Nike uniform fee that includes a jersey, shorts & shooting shirt. Players are required to buy a new uniform every Spring season.

*****Pricing is subject to change.**

All team player fees are due in-full on Friday, April 5th. Reach out to Chris Fox for payment plan.

PLAYING TIME

Playing time on our travel teams is not even. Playing time is entirely dependent on practices attended, work ethic, effort and attitude. Please note that different games present different opportunities. We ask parents do not contact coaches about playing time until after 24 hours. If there are any issues, please contact Taurean at tdcopy@aol.com

OTHER SPORTS & COMMITMENTS

City Rocks HOPE recognizes and supports the fact that many of our athletes compete in other activities. However, other individuals will have been turned away in light of offering your son a roster spot. The quality of the experience for everyone is diminished if we have participants routinely miss practices/games without any communication. If your son is unavailable, we expect timely communication so the team can plan accordingly.