## Pre/Post Tan Check List

## **Before Your Appointment**

- Shave and Exfoliate well the night before or day of your tan. If you
  must shave the day of or do not have time to shower before, we
  recommend the purchase of a Pre Tan Exfoliation Mitt at your appt
  and clean skin.
- <u>Do not have lotion or oily residue</u> on your skin the day of your tan. Remove makeup and deodorants prior to your tan.
- Make sure to get manicures, pedicures, waxing or spa treatments before your appointment for a flawless tan. If done the day of, please inform your technician. Please arrive for your tan without any oily residue or lotion on your skin.
- Bring your swimsuit, underwear, or other garments to wear during your session. Your garments will get spray on them, so please wear items that you do not mind getting bronzer on. Many of our clients choose to tan topless or nude to minimize tan lines. Our staff is professional and discreet, and will do everything we can to make you feel comfortable during your session. Males have to wear boxer briefs or sock it.
- Be sure to bring loose fitting, darker colored clothing and flip-flops to wear after your session. Tight clothing can rub off the bronzer and create streaking. NO blue jeans, socks or tennis shoes!!
- DO NOT GET WET for up-to 24 hours after your appointment. You must not SWEAT, SHOWER, GET RAINED ON, or SWIM. If you get wet, it can halt the DHA development process and cause streaking. We recommend not rinsing for 12 hours but for best results we recommend not rinsing for 24 hours. Unless you get sprayed with the RAPID TAN then you <u>have to rinse</u> in 3–31/2 hours

## POST TAN INSTRUCTIONS

 Either 24 hours or Rapid Tan 31/3 hours after your spray, pop in the shower and do a WARM water rinse. NO soap on your skin. You can wash your hair in the rinse just no rubbing on your skin! You will notice 'brown' running down the drain during your first shower. This is normal... it is the cosmetic "instant bronze" color washing away as it is designed to do, leaving you with a beautiful bronze glow underneath!

- Pat dry with your towel- NO rubbing!
- Be sure to MOISTURIZE after your first shower! The key to a beautiful, long lasting tan is super-moist skin. We carry a great selection of tan extending moisturizers and can recommend a product specifically for your skin type.
- Make sure you moisturized 2x per day or more. Tans do not look good dry
- Enjoy your tan for about 5-10 days.

## PLEASE NOTE OUR CANCELLATION/LATE ARRIVAL POLICY:

Because your services are personally reserved for you, we ask that you notify us at least <u>24 hours in advance</u> if you need to cancel or reschedule.

There is no fee for cancellations made 24 hours in advance. For anyone who arrivals more than 10 minutes into the scheduled service time, are charged at full price of the service. A credit card is required to reserve services. If you currently have a tanning package then you will loose a tan and we will not charge your card the cancellation fee.

Individual sessions are booked in 20 minute increments to allow time for our signature service. Please note that, if you arrive more than 10 minutes past your scheduled appointment time, your service may be abbreviated or may not be performed if it will inconvenience the next scheduled client. Thank you in advance for your consideration of our schedule, and for helping ensure that your canceled visit is another's opportunity to tan!