The Limehouse Restaurant Recipes by Kwan Y. Jung, 1988

(31) Tofu with Vegetables

- 1/2 box tofu, cubes cut
- 2 oz bamboo shoots, slices cut
- 2 oz water chestnut, slices cut
- 4 oz snow peapods, ends peeled
- 2 oz carrot, cut in strips
- 1 teaspoon salt
- 1 teaspoon sesame oil
- 1 teaspoon ginger, minced

oil

1 cup soup stock

Cornstarch solution

- 1. Deep fry tofu in oil until golden brown, drain oil and set aside.
- 2. Grease wok with oil and heat until hot. Then add salt, ginger and mix well oil well.
- 3. Put all vegetables into wok and stir fry with sesame oil for a short while.
- 4. Add fried tofu, soup stock and cover the wok to bring soup to boil.
- 5. When the snow peapods are done, add cornstarch solution to the soup and make a gravy.