



PLASMA SKIN TIGHTENING TREATMENT AFTERCARE:

- In the hours following your Plasma session, a mild burning sensation (similar to a sunburn) may be experienced. This should subside within a couple of hours. If this discomfort lasts longer, anti-inflammatory medication can be taken (Providing you are well and safe to take along with any other medications you may be taking)
- Swelling in and around the treated area may be experienced, swelling may be more severe in some cases, this generally will subside within a few days providing all correct aftercare instructions are followed. In an eyelid treatment it is normal for the lower eye area to swell if the upper eye was treated. This is because the lower and upper eye are interconnected. Again, anti-inflammatory medication or antihistamine may help.
- Adding an extra pillow while sleeping will help with lymphatic drainage.
- If you have undergone Plasma treatment eyelid tightening, a clean sterile cold compress can be applied intermittently, for the next 48 hours. This aids in reducing initial swelling. Ensure that you do not apply solid ice as this can damage the skin tissue.
- As the skin begins to heal it will dry out. The dots that form on the treated skin is completely normal. Do NOT attempt to remove them. Allow them to naturally flake off. Usually 4-7 days but can take up to 2 weeks in some cases.
- Do not apply moisturizers, eye products, makeup or perfumed, or alcohol based cleansers to the treated area until the dots fall off. Until the dots have fallen off and the redness has disappeared, apply the recommended aftercare. If you do not need the additional coverage please use the night gel in place of the daytime foundation. Only use the foundation when you need the extra coverage.
- Sports, sauna, sunbeds etc. should be avoided until the dots falls off completely and the wound is completely healed
- Do not apply adhesive plasters to cover the treated area as this does not allow the area to breathe and heal properly.
- Sterile water is recommended when cleaning the area.
- Avoid sun exposure and tanning of the treated area until the area resumes its normal tone, (usually approx. 12 weeks) The area is extra sensitive to sun exposure and this can increase the chances of pigmentation on the treated area. The use of SPF and sunglasses on eyelid lift treatments is recommended.
- Additional treatments can be performed after 6-8 weeks and ONLY IF all redness has subsided.