



VAACS2024



AMERICAN COLLEGE OF SURGEONS  
*ACS Chapter* | **Virginia**  
**2024 ANNUAL MEETING**

Committed to Improving the Quality of Surgical Care in Virginia



**MAY 17 & 18, 2024**

Hilton McLean Tysons Corner | McLean, Virginia

# CONFERENCE INFORMATION

## **CONTINUING MEDICAL EDUCATION CREDIT INFORMATION**

### **Accreditation**

The American College of Surgeons is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

### **AMA PRA Category 1 Credits™**

The American College of Surgeons designates this live activity for a maximum of **8.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Credit Claim Instructions**

In order to receive your CME credits, scan the QR code or complete the survey here:

[form.jotform.com/240615870937160](http://form.jotform.com/240615870937160)



**ONCE YOU COMPLETE THE EVALUATION,  
YOU WILL RECEIVE A CERTIFICATE.**

## **Program Objectives**

- The goal of this activity is to implement a forum for the latest information regarding clinical practice and research in the field of surgery.
- Attendees will identify cutting-edge treatment for surgical issues, both general and subspecialty.

## **Disclosures**

In accordance with the ACCME Accreditation Criteria, the American College of Surgeons must ensure that anyone in a position to control the content of the educational activity (planners and speakers/authors/discussants/moderators) has disclosed all financial relationships with any ineligible company held in the last 24 months. Please note that first authors were required to collect and submit disclosure information on behalf all other authors/contributors, if applicable.

Please see the insert to this program for the complete disclosure list.

## **Poster Session**

Visit the posters on Saturday. CME credit can be claimed for the Poster Session.

## **Exhibits**

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the Atrium.

## **Play to Win Raffle**

At registration, attendees will be given a "Play to Win" game card. Visit all of the vendors to get a signature from each one. We will raffle off two \$150 gift cards! The raffle will be held on Saturday after the final networking break.

## **Get in touch!**

**VA-ACS | [www.VirginiaACS.org](http://www.VirginiaACS.org)**

**Susan McConnell | Chapter Administrator**

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[smcconnell@ramdocs.org](mailto:smcconnell@ramdocs.org)



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# ABOUT US

## OUR GOALS

- Elevating the standards of surgery;
- Establishing a standard of competency and character for practitioners of surgery;
- Providing a method of granting membership in the organization;
- Educating that the practice of surgery calls for special training;
- Fostering support, mutual collaboration, and friendship among its members;
- Encouraging collaborative research to improve the care of surgical patients.

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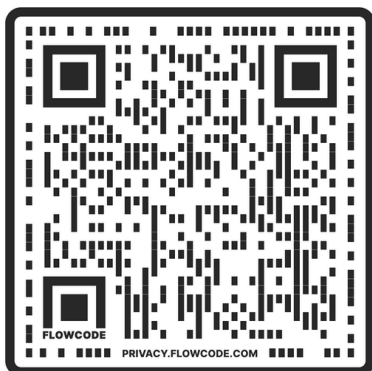
## STENGTH IN NUMBERS

We speak with one voice, but we can't do this without you. Your commitment and financial support allow us to continue to provide the great programs, services, and advocacy that you have come to rely upon. When you become a member, you are ensuring a bright future for the Virginia Chapter, but more importantly, you are ensuring we can provide for a close association of our common effort to improve the quality of surgical care.

*Please tell a colleague or join online now at [www.VirginiaACS.org](http://www.VirginiaACS.org)*

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## HELP SUPPORT YOUR Chapter Initiative Fund



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OF THE **VIRGINIA CHAPTER.**

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## Guest Speaker

WHAT IS THE CURRENT ROLE OF THE  
GENERAL SURGEON IN THE HOUSE OF  
SURGERY?

**Bryan K. Richmond, MD, MBA, FACS**

*Chair of Surgery, WV University/Charleston Division*

*WV University/Charleston Division*

*CAMC Institute for Academic Medicine*

A native West Virginian, Dr. Bryan Richmond was born in the town of Beckley, West Virginia. After attending medical school at West Virginia University and graduating summa cum laude with both his MD and his MBA, he completed his general surgical training at the West Virginia University - Charleston campus in Charleston, West Virginia. He has remained on the faculty there since 2005, rising to the rank the Bert Bradford Professor and Chair of Surgery of the West Virginia University Physicians of Charleston in 2020.

In addition to a busy clinical practice focusing on endocrine surgery and complex hernia repair, Dr. Richmond serves in a number of national leadership roles. These include serving on the Council of the American Board of Surgery where he serves as Director of the General Surgery Board and Vice-chair of the Continuous Certification Committee, the immediate past Vice President of the Southern Surgical Association where he also serves as their representative to the ACS Advisory Council for General Surgery, and the current Past President of the Southeastern Surgical Congress. He was also elected to the American Surgical Association in 2023.

He is an active clinical researcher, with an interest in the role of surgery in the treatment of functional gastrointestinal and biliary disorders. His CV includes over 100 published journal articles and book chapters.

In his spare time, he enjoys cooking, movies, whitewater kayaking, and spending time with his wife of 29 years, Linda, and his two children Hailey (23) and Jaxson (16).



TO IMPROVE THE HEALTH OF WEST VIRGINIANS AND  
ALL WE SERVE THROUGH EXCELLENCE IN PATIENT  
CARE, RESEARCH, AND EDUCATION.





## Guest Speaker

IMPROVING SURGICAL EDUCATION AND RESIDENCY SELECTION: HOW TO BUILD WINDMILLS - AND STOP TILTING AT THEM

**J. Bryan Carmody, MD, MPH**

*Pediatric Nephrologist | Associate Professor of Pediatrics  
Children's Hospital of the King's Daughters*

Dr. Carmody is a lifelong Virginian. Born and raised in Richlands, he majored in chemistry at Washington & Lee University before attending medical school at the University of Virginia. During his medical training, he became fascinated with kidney disease and renal physiology. After completing his residency training at CHKD, he returned to UVA for a fellowship in pediatric nephrology, then returned to CHKD to join the Children's Kidney Center and to be a part of Virginia's only freestanding children's hospital.

The Children's Kidney Center is equipped to manage all types of kidney disease. The center has the only dedicated pediatric dialysis unit and the only pediatric-specific kidney transplant program in the state of Virginia -- along with a multidisciplinary team to care for the children. In addition to patient care, Dr. Carmody also teaches at Eastern Virginia Medical School.

In his spare time, Dr. Carmody enjoys writing, running and spending time with his son and family.



**Children's  
Hospital  
of The King's  
Daughters**

HEALTH, HEALING, AND HOPE FOR ALL CHILDREN

# FRIDAY, MAY 17

## Council & Committee Meetings

- 3:00 p.m. – 4:00 p.m.      **Virginia Chapter, ACS Council Meeting**  
*Palmer Room*
- 4:15 p.m. – 5:15 p.m.      **Committee on Trauma Meeting**  
*Mobley Room*
- 5:15 p.m. – 6:30 p.m.      **Committee on Applicants Interviews**  
*District 1 – Statler A Room*  
*District 2 – Statler B Room*  
*District 3 – Stevens A Room*

## Social Events for all Meeting Attendees

- 6:30 p.m. – 7:30 p.m.      **Welcome Reception**  
Meeting attendees, guests & vendors welcome!  
*Innovation Gallery*
- 7:30 p.m. – 9:00 p.m.      **Group Dinner | Sponsored by Castle Biosciences**  
*Dallas Room*  
**Gene Expression Profiling: A New Approach to Identifying High-risk Patients with Melanoma and Squamous Cell Carcinoma**  
Eric Whitman, MD, FACS  
*Atlantic Health System | Atlantic Health System Cancer Care & Atlantic Melanoma Center*
- 9:00 p.m. – 11:00 p.m.      **Informal Gathering | Hilton Bar**



# SATURDAY, MAY 18

- 7:00 a.m. **Registration Opens**  
*International Foyer I*
- 7:00 a.m. – 7:55 a.m. **Breakfast with Exhibitors | Poster Session**  
*Atrium*
- 7:00 a.m. – 7:55 a.m. **Association of Women Surgeons, Virginia Chapter Breakfast**  
*Istanbul Room | Breakfast available in Atrium*
- 7:00 a.m. – 7:55 a.m. **Committee on Trauma Breakfast**  
*Dallas Room | Breakfast available in Atrium*  
**Presentations:**  
**COT 3rd Place Winner:** *Implementation of a Trauma Bay Time-Out Exit Procedure for Improving Antibiotic Prophylaxis Compliance in Open Fractures | Robert Luke, EVMS*  
**COT Student Winning Presentation:** *Interrupted Care: The Relationship Between Substance Use Disorder and AMA Discharges in the Trauma ICU | Sarah Marks, VCU*

## MAIN SESSION | *International Ballroom A*

- 7:55 a.m. – 8:00 a.m. **Welcome Remarks**  
Stefan Leichtle, MD, MBA, FACS  
*Virginia Chapter, ACS President*
- 8:00 a.m. – 8:50 a.m. **Guest Speaker | What is the Current Role of the General Surgeon in the House of Surgery?**  
Bryan K. Richmond, MD, MBA, FACS  
*Chair of Surgery, WV University/Charleston Division  
WV University/Charleston Division and the CAMC Institute for Academic Medicine*
- 8:50 a.m. – 9:00 a.m. **Cancer Paper Winner – First Place, Clinical Research**  
**Phase I/II Clinical Trial of a Helper Peptide Vaccine Plus PD-1 Blockade in PD-1 Antibody-Naive and PD-1 Antibody-Experienced Patients with Melanoma**  
Rick Vavolizza, MD  
*University of Virginia*

- 9:00 a.m. – 9:10 a.m. **Trauma Paper Winner – First Place**  
**Using Human Factors Engineering to Enhance New Trauma Bay Effectiveness**  
Don Scarboro, MD  
*Virginia Tech Carilion School of Medicine-Carilion Clinic*
- 9:10 a.m. – 9:20 a.m. **Trauma Paper Winner – Second Place**  
**Experience with Whole Blood Resuscitation at a Rural Level I Trauma Center**  
Zachary den Besten, MD  
*Virginia Tech Carilion School of Medicine-Carilion Clinic*
- 9:20 a.m. – 9:45 a.m. **Break with Exhibitors | Poster Session**  
*Visit exhibitors for a chance to win a \$150 Amazon gift card!*  
*Atrium*
- 9:45 a.m. – 10:30 a.m. **Guest Speaker | Improving Surgical Education and Residency Selection: How to Build Windmills - and Stop Tilting at Them**  
J. Bryan Carmody, MD, MPH  
*Pediatric Nephrologist | Associate Professor of Pediatrics*  
*Children's Hospital of the King's Daughters*
- 10:30 a.m. – 10:35 a.m. **Disparities in Stage-Specific Transcriptional Profiles Between Black and White Patients with Colon Cancer**  
Mohamad El Moheb, MD  
*University of Virginia*
- 10:35 a.m. – 10:40 a.m. **Financial Effect of Enhanced Recovery After Surgery (ERAS) in Autologous Breast Reconstruction**  
Robert DeVito, MD  
*UVA - Department of Plastic Surgery*
- 10:40 a.m. – 10:45 a.m. **Utilizing TQIP Data to Evaluate Differences in External Ventricular Drain Versus Intraparenchymal Intracranial Pressure Monitor Use Between Level of Trauma Center and Teaching Status**  
Mackenzie Goodrich, DO | *\*Carter Colwell, MD presenting*  
*Carilion Clinic*

10:45 a.m. – 11:05 a.m. **What's New at the Department of Surgery | EVMS**  
L.D. Britt, MD, MPH, D.Sc. (Hon), FACS, FCCM, FRCSEng (Hon),  
FRCSEd (Hon), FWACS (Hon), FRCSI (Hon), FCS(SA) (Hon), FRCS  
(Glasg)(Hon)  
*Henry Ford Professor of Surgery and Edward J. Brickhouse  
Chair in Surgery  
Eastern Virginia Medical School*

11:05 a.m. – 11:15 a.m. **Chapter Fund Initiative**  
Beth Carona, CFRE  
*Director ACS Foundation*

11:15 a.m. – 11:30 a.m. **Business Meeting**

11:30 a.m. - 12:20 p.m. **Boxed Lunches | Visit Exhibitors | Poster Session**  
*Visit exhibitors for a chance to win a \$150 Amazon gift card!*  
*Atrium*

11:30 a.m. – 12:20 p.m. **Buffet Lunch | Sponsored by SpringWorks Therapeutics**  
*Dallas Room*  
**An Approved Treatment Option for Adults With Progressing  
Desmoid Tumors Who Require Systemic Treatment**  
Bassan Allan, MD | *South Florida Surgical Oncology*

## **MAIN SESSION | *International Ballroom A***

12:20 p.m. – 12:30 p.m. **Visiting Surgeons Program**  
Stefan Leichtle, MD, MBA, FACS  
*VA-ACS President*

12:30 p.m. – 12:40 p.m. **Bigger – Lehman Award Winner**  
**Post-operative Opioid Reduction Protocol Reduces Racial Disparity  
in Clinical Outcomes in Children**  
Rick Vavolizza, MD  
*University of Virginia*

12:40 p.m. – 12:50 p.m. **Bigger – Lehman Second Place Winner**  
**Postdoctoral National Institutes of Health F32 Grants: Broken  
Pipeline in the Development of Surgeon Scientists**  
Adishesh Narahari, MD, PhD  
*University of Virginia*

- 12:50 p.m. – 1:15 p.m.      **Legislative Update**  
Amelia Suermann  
*ACS Senior Advisor for Congressional and Political Engagement*
- 1:15 p.m. – 1:35 p.m.      **Afternoon Break | Poster Session**
- 1:35 p.m.      **Play to Win Raffle – two winners announced!**
- 1:35 p.m. – 2:35 p.m.      **A Night on Call in Surgery | Panel Discussion**  
**Moderator:** Victor Zaydfudim, MD, MPH, FACS | *UVA*  
**Panelists:** Emily Faulks, MD, FACS | *Carilion*  
Sayuri Jinadasa, MD, MPH | *VCU*  
Bryan Richmond, MD, MBA, FACS | *WV University*  
Matthew Yanoff, MD | *Mary Washington*
- 2:35 p.m. – 3:15 p.m.      **Getting Involved in Advocacy and Policy | Resident Panel Discussion**  
**Moderator:** Gabrielle Steinl, MD | *UVA*  
**Panelists:** Jessica Burgess, MD, FACS | *EVMS*  
Stefan Leichtle, MD, MBA, FACS | *Inova*  
Megan Tracci, MD, JD, FACS | *UVA*  
William Ward, MD, FACS | *NMCP*
- 3:15 p.m.      **Final Announcements | Adjourn**
- 5:00 p.m. – 7:00 p.m.      **HAPPY HOUR at SER Restaurant**  
**Joint Social Function Metro DC Chapter / Virginia Chapter**  
*1110 North Glebe Road | Arlington*

# POSTER PRESENTATIONS

## **A Case of Strongyloides Transmission via Deceased Donor Kidney Transplantation**

Natalie Atkin, DO | *Inova Fairfax Medical Campus*

## **A Rare Case of Cecal Bascule**

Jessica Bailer, MD | *Naval Medical Center Portsmouth*

## **Malignant Degeneration of Peristomal Pyoderma Gangrenosum to Squamous Cell Carcinoma in a Patient with Longstanding Inflammatory Bowel Disease**

Elizabeth Bashian, MD | *Virginia Commonwealth University*

## **Procurement Methods in DCD Transplant**

Elizabeth Bashian, MD | *Virginia Commonwealth University*

## **Impact of Surgical Oncology Specialty on Oncologic Care of Gastric Adenocarcinoma - Analysis of Quality Improvement Project by Cancer Committee**

Siqi Brough, MD | *Inova Fairfax Medical Campus*

## **Aortic Root Replacement with Stentless Xenografts at Community Hospital**

Jinman Cai, MD | *Carilion Clinic, Virginia Tech Carilion School of Medicine*

## **Complications Associated with Delayed Loop Ileostomy Reversal, Greater than Twelve Months**

Jinman Cai, MD | *Carilion Clinic, Virginia Tech Carilion School of Medicine*

## **A Rare Case of Hypokalemic Periodic Paralysis in the Setting of Graves' Disease**

Romy Chu, BS | *Virginia Commonwealth University*

## **Differences and Similarities in Emergency General Surgery at a Tertiary and Community Hospital - One Surgeon's Perspective**

Jan J. Dekker, MD, PhD, FACS | *Department of General Surgery, Inova Fairfax Hospital*

## **My Mother-In-Law's Cooking Mimicked Appendicitis!**

Bryan Eldreth, DO | *Naval Medical Center Portsmouth*

## **Caught Between a Hematoma and a Hard Place: A Case Series Describing the Diagnosis and Management of Femoral Neuropathy due to Iliacus Hemorrhage**

Taylor Iobst, DO | *Naval Medical Center Portsmouth*

## **Congenital Malrotation in the Adult Patient: A Case Report of Acute Presentation and Prompt Surgical Management**

Amol Kamat, MD | *Naval Medical Center Portsmouth*

**Colon Cancer Diagnosis in the Emergent Setting: Recent Trends and Predictive Factors**

Lukas Lee, MS | *Virginia Commonwealth University*

**Posterior Rectus Sheath Hernia: A Rare Etiology of the Acute Abdomen**

Sonia Lele, BS | *Virginia Commonwealth University Health System*

**The Impact of Additional Congenital Anomalies in Patients with Esophageal Atresia on Surgical Outcomes at a Tertiary Hospital in Kigali, Rwanda**

Chioma Moneme, MD, MBA | *University of Virginia*

**Use of Kumar Cholangiogram Catheter to Perform Intercostal Rib Blocks During Thoracic Surgery**

Adishesh Narahari, MD | *University of Virginia*

**Incisional Negative Pressure Wound Therapy in Trauma Laparotomies and Rate of Superficial Surgical Site Infections**

Miles Reese, MD | *Eastern Virginia Medical School*

**Gender Differences in Risk of Adverse Outcomes and Complications Associated with Peripheral Artery Disease: A Systematic Review**

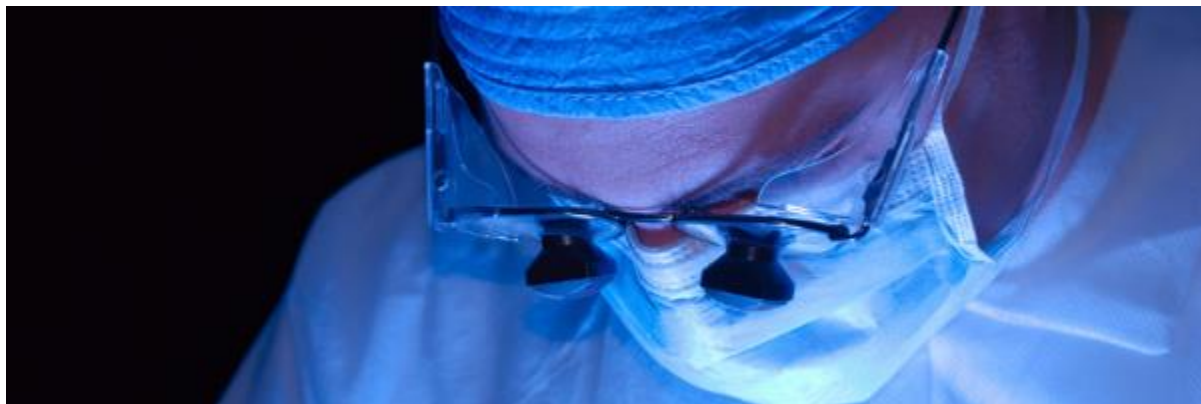
Kimball Sheehan | *University of Virginia*

**Type of Prior Operation Does Not Predict Surgical Intervention for Small Bowel Obstruction**

Alexandra Van Horn, MD | *Eastern Virginia Medical School*

**Case Presentation with Video: Use of Indocyanine Green Fluorescence in a Robot-Assisted Laparoscopic Repair of a Cholecystoduodenal Fistula**

Matthew Weber, MD, MS | *University of Virginia*



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