



MVIA FAQs

General Ice Arena Questions

What sessions can I skate on public ice?

We have made signing up for public skating in our "flex sessions" easy with our ez-facility sign up. Please go to this link to sign up for sessions: <http://bit.ly/ezfacmvia>.

How do I sign up for public skating?

We have made signing up for public skating in our "flex sessions" easy with our ez-facility sign up. All ice sessions MUST be pre-booked online. There is no option to sign up at the rink. Please go to this link to sign up for sessions: <http://bit.ly/ezfacmvia>.

How do I use ez-facility to sign up for skating sessions?

Ez-facility is an easy way to sign up ahead of time for ice sessions. Please follow this link to learn how to use ez-facility: <http://bitly/MVSA-EzFacility>.

Do you offer skate rentals?

We do! For \$5 you may rent skates for the Flex (public) sessions. To rent skates and book ice, please go to this link: <http://bit.ly/ezfacmvia>.

How should I dress for ice skating?

The typical rink stays between a chilly 35F to 50F throughout the year. We encourage you to dress for the cold, wearing layers including long pants, wear gloves and socks that are above your calf (preferably to your knee) to be above the skate line. If you are attending a private lesson, you may be advised to dress differently by your coach.

How do I tie my skates?

Ice skates need be tight at the instep and the tightest at the ankle. The foot and ankle should not be able to easily slide around. Feel free to approach the Skating Director or a MVIA employee for skate tying assistance!

How often should my skates be sharpened?

Skates should be sharpened after about 15-20 hours of ice time.

Do I need to wear a helmet?

We recommend bringing a bicycle helmet for children and adults alike. Helmets are not available to rent.

Do you offer food? Can I bring in outside food?

With covid restrictions our café is currently closed. When we can re-open fully, the café is typically open during most public skating sessions. We offer a variety of snacks and drinks. No outside food or drink except for water is allowed at the rink.

Are there benefits or punch cards for regular or frequent skaters?

At this time, family passes and punch cards are no longer being offered. Check out our Learn to Skate and Academy (MVSA) for skater specific benefits that come with both of those programs.

Do you offer group discounts?

We always offer group rates for parties of 10 or more. Please contact our rink manager at bob@mtviewice.com for more information.

What if I fall in love with ice skating? What are the next steps?

We have many options for skaters:

1. **Private Lessons:** We offer private lessons to skaters wanting to progress. Please email for more info: mtnviewsa@gmail.com with questions.
2. **Skating Academy (MVSA):** We recommend skaters at the Basic 5 level and higher join the Mountain View Skating Academy which offers the following:
 - a. **Aspire Program** which is an accelerated cost-effective small group class which offers an introduction to figure skating. Aspire focuses on proper stretching, warm-up/cool down, stroking, edges, power skating, introductory to moves, spins and jumps.
 - b. **MVSA Jr Academy** is for skaters exploring testing, exhibitions, and local competitions.
 - c. **MVSA Sr Academy** is for skaters who are competing regionally and nationally as well as testing, exhibiting and competing locally.
3. **Hockey Skills:** We offer additional hockey skills development in group and private lessons. This program focuses on proper technique for hockey skating. No pads or sticks are needed for the skills lessons.

How do skaters advance in the Learn to Skate Program?

Each level is built on the fundamentals learned in the previous levels. Each skater progresses at their own pace. Coaches determine whether a skater should move up a level or repeat a class to reinforce skills before moving onto the next level. More practice outside of the Learn to Skate Program makes progression smoother and quicker!

Do you offer Adult Learn to Skate Programs?

Yes. We often host adult group instructions. We recommend you email our skating directors for more info: mtnviewsa@gmail.com with questions.

