

BODY SCULPTING FAQS

What is body sculpting?

Body sculpting includes surgical and nonsurgical fat reduction procedures. These procedures reduce or remove stubborn pockets of fat to contour and shape different areas of the body.

What is nonsurgical body sculpting?

Nonsurgical body sculpting is also known as nonsurgical fat reduction. There are many types of nonsurgical fat reduction procedures including the ones listed below:

Butt Cupping Therapy: is a non-evasive, non-surgical technique for tissue stimulation for your buttock in a short period of time.

Cavitation: Destroys fat cells by using low frequency sound waves. These waves will put vapor bubbles into your body's tissues which will absorb the fat and naturally remove it from your body. Is a non- invasive procedure designed to tighten, reshape, and tone skin.

Lymphatic Drainage Massage: Lymphatic Drainage is a form of gentle massage that encourages the movement of lymph fluids around the body. The fluid in the lymphatic system helps remove waste and toxins from the bodily tissues.

Radio Frequency: Radio Frequency energy penetrates the skin layers to selectively heat the skin tissue where the collagen fibers are embedded and it also targets fat cells.

Vacuum Therapy: Vacuum is created around the area, lifting the cellulite away from the muscle, thus encouraging blood flow, stimulating lymphatic drainage and amplifying the effects of massage or exercise. Reduces excess fat deposit in hips, thighs and buttocks. Improves skin tightness, firmness and elasticity.

Wood Therapy: The wood massages treats area(s) with pressure to breakdown stubborn fat cells and cellulite which is eliminated naturally through your body. Wood Therapy is a natural yet effective treatment that uses wooden instruments to mold, redefine body contours, reduce cellulite and promote weight loss while improving the body's size and proportions.

Who is the best candidate for body sculpting?

The best candidate for body sculpting is someone who is close to their desired weight and wants to eliminate stubborn pockets of fat that are resistant to diet and exercise.

What is the "down time" of these procedures?

Most nonsurgical body sculpting procedures are minimally invasive to noninvasive. Generally, you can resume daily activities immediately after the treatment.

How long does a treatment take?

One treatment area takes 30-60 minutes.

How many treatments are required?

Multiple treatments are usually required to delivery satisfactory results.