

Collaborative Problem Solving®

2-Hour Overview Presentation

Help for parents / caregivers addressing challenging behaviors

Facilitated by:

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CPS Certified



DATE | TIME: TBD

LOCATION: Your Site,
Virtual or Center in Tustin

\$450/2-hours

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Disclaimer:

*HBCC parent coaches and mentors are
CPS Certified and receive ongoing
supervision from Think:Kids (T:K).*

*This intro is independent of and has no
direct affiliation with T:K or
Massachusetts General Hospital (MGH)..*

*T:K is a program in the Department of
Psychiatry at MGH.*

*Additional resources can be found at:
www.thinkkids.org*



- Learn the Collaborative Problem Solving® approach & effective ways to reduce parent | child conflict.
- Pandemic fatigue can create challenging behaviors for the neurotypical child and exacerbate emotions for the neurodiverse.
- Learn an approach that uses collaboration to teach much needed frustration tolerance, cognitive flexibility, regulation, executive function, language/communication and social skills.
- Develop a new understanding of challenging behavior & learn ways to help children, adolescents & young adults
- Rethink conventional approaches to behavioral difficulties and strengthen relationships, in the long term, with less work.



The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child | youth | young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.