

100 DAYS 100 ACTIONS

As of today, there are 100 days until early voting begins on October 22. This will likely be the most important mid-term elections in a generation. While the temperatures are in the triple digits it is hard to think about November, but we must. To help make it easier to take part in the Blue Wave, here are 100 actions you can take to help save our Democracy. Pick and choose what works for you and do it often. Share this list far and wide and feel free to add on to it. We've been working toward this for nearly two years. The countdown is on. Let's go!

1. Attend an Indivisible meeting :)
2. Check out www.betofortexas.com and find out what you can do to help
3. Check out www.beverlypowell.com and find out what you can do to help
4. Check out www.burudfortexas.com and find out what you can do to help
5. Check out www.janmcdowell.com and find out what you can do to help
6. Check out www.ringofortexas.com and find out what you can do to help
7. Check out www.steveriddellfortexas92.com and find out what you can do to help
8. Check out www.votemortontx.com and find out what you can do to help
9. Check out your statewide candidates and support them in any way you can (Valdez, Collier, Nelson & more)
10. Become a Voter Registrar and register voters
11. Send a note of thanks to someone who is working really hard
12. Advocate for the rights of children with complex medical needs by following and supporting the Little Lobbyists
13. To counter the administration's anti-immigrant agenda, follow and support RAICES
14. Speak to your candidates about non-partisan approaches to creating voting districts and end gerrymandering.
15. Do an act of kindness for the LGBTQIA community
16. Send a card to a detained child: UAC/ORR Program ATTN: Cards for Kids, 330 C Street, SW - 5th Floor, Washington DC 20201
17. Make sure your voter registration information is correct and up to date
18. Attend a Beto Town Hall or find somewhere to hear him speak
19. Sign up for a phone banking shift
20. Be a part of a banner drop

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21. Do something good for the environment
22. Donate to the ACLU, they are fighting the administration's most harmful policies in court
23. Activists from ADAPT played a big role in saving the ACA, make a donation to their organization
24. Follow Amy Siskind on Facebook or Twitter, stay informed
25. Consider being a distribution site for candidate yard signs and/or gear
26. Watch / read reputable news sources, an informed activist is a better activist
27. Contact precinct chair and offer to help
28. To counter the administration's anti-Muslim agenda, follow and support CAIR-DFW
29. Contact your Senators and tell them to oppose HR620, approved by the House and will rollback part of the ADA if passed
30. Attend a Democratic Club meeting
31. Put a candidate bumper sticker or magnet on your car
32. Sign up to be an election judge
33. Create a care package for a teacher(s) - dry erase markers, pens and pencils & a box of Kleenex are always needed
34. Do an act of kindness for the immigrant community
35. Find a way to hear Kim Olsen (your next Agriculture Commissioner) speak
36. Follow all your candidates on social media and like & retweet/share often
37. Give block walking a try
38. Go to a Beers for Beto
39. Take the high road when there is a choice, set an example for how we should be toward one another
40. Google something that matters to you, there will be many more things you can add to this list.
41. Help your friends and family make sure they are registered to vote. You can check at: www.vote.org/am-i-registered-to-vote
42. Write a Letter to the Editor about a candidate or issue that matters to you
43. Hold a fundraiser, bake sale, party or lemonade stand for a candidate
44. Take texting (Hustle) training with Texas Democratic Party
45. Host an event for a candidate, in your home, at a park, reserve a space elsewhere
46. Attend a Postcards for Beto Party

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47. Hug an activist
48. Sign up to work the polls on voting days
49. To counter the administration's hostility toward people of color, follow and support the Texas Organizing Project
50. Invite friends to a Democratic Club meeting
51. Call your Representative when he/she is wrong, lying or causing harm.
52. Call your Senators when they're wrong, lying or causing harm.
53. Send a letter(s) or postcard(s) to your neighbors about why you support your favorite candidates
54. To counter the GOP's agenda against retirees, volunteer at a Senior Center
55. Speak up when you read a misleading or false story/post
56. Volunteer for a texting shift for a candidate
57. Donate to Beto
58. Donate to Jan McDowell
59. Donate to Beverly Powell
60. Donate to Carla Morton
61. Donate to Gwenn Burud
62. Donate to Mica Ringo
63. Donate to Steve Riddell
64. Join Showing Up for Racial Justice and find out what you can do to combat racism
65. Learn (relearn) some history, remember we've been low before and will overcome again
66. To counter the administration's support of white supremacy, follow and support Mothers Against Police Brutality
67. Make sure information you share is accurate and helpful
68. Send a note of thanks to a candidate for running
69. Make sure you are registered to vote. Check at: www.vote.org/am-i-registered-to-vote
70. Invite friends to an Indivisible meeting
71. Speak up when you see an injustice
72. Be kind to someone for no reason other than the world needs kindness right now
73. To counter the administration's attack on DACA, follow and support the North Texas Dream Team
74. Tell someone about a favorite candidate

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75. Stand up for reproductive rights! Discuss women's health, remove taboos, tell their stories.
76. Become a Precinct Chair
77. Check out the organization www.unitedstatesofcare.org and their work to keep the ACA intact
78. Visit your local Beto HQ & see what you can do to help
79. Put a candidate(s) sign(s) in your yard
80. Send a teacher a note of thanks and let them know you are voting for candidates that will support them
81. Sign Fair Maps TX petition for an Independent Citizen-led Redistricting Commission at www.fairmapstexas.org/petition
82. To counter the increase in anti-Semitism under this administration, follow and support the Anti-Defamation League
83. Volunteer with the Tarrant County Democratic Party
84. Stock up on sign/poster making supplies
85. Sign up to offer rides to the polls during the election
86. Bring water to canvassers, snacks to phone bankers
87. Check out Dogs for Beto on Facebook for a smile
88. Bilingual? Offer your translating services to a candidate's campaign.
89. Step outside your bubble. See how other people are seeing things.
90. Support the groups upholding your values - ACLU, Planned Parenthood, HRC, NAACP, Sierra Club, AARP, and more
91. Take snacks or drinks to a candidates HQ for the volunteers & staff
92. To counter the administration's anti-LGBTQ agenda, follow and support GALA NTX
93. Use a hidden talent for good - artist, musician, writer, typist, data entry? Ask a candidate how you can help.
94. Donate even \$5 to a charity countering 45s agenda of harm
95. Sign up for or start a list of volunteers to bring coffee & food to poll workers on election days
96. Use Resistbot to send a letter to your MoCs and/or Governor
97. Wear a candidate shirt / button. It's a conversation starter.
98. Practice self-care
99. Make good trouble
- 100.VOTE!**