

Nitrolingual® Pumpspray (nitroglycerin lingual spray) 0.4 mg nitroglycerin per spray

WWW.NITROLINGUAL.COM

A resource for nurses. Brought to you by Nitrolingual Pumpspray.

Indications and Usage:

Nitrolingual Pumpspray is indicated for acute relief of an attack or prophylaxis of angina pectoris due to coronary artery disease. See below for full **Important Safety Information** about the product.

When you spend time with patients, your goal is to make sure they have all the relevant information they need for the medication they have just been prescribed.

Use the following helpful tips to cover important information about Nitrolingual Pumpspray with your angina patients.

Helpful Tips for Patients.

- Patients taking certain drugs for erectile dysfunction (phosphodiesterase inhibitors) should NOT take this product.
- Before using Nitrolingual Pumpspray for the first time, the pump must be sprayed five times into the air (this is known as priming).
 - If the product has not been used for 6 weeks, a prime of one spray is necessary.
- Nitrolingual Pumpspray should be administered while the patient is in the sitting position.
- Spray onto or under the tongue. Do not inhale the spray.
- During angina, one or two sprays should be administered. If pain persists, a third spray can be used. If pain continues, prompt medical attention is recommended.
 - No more than three sprays within a 15-minute period are recommended.
- Do not rinse out mouth for 5 – 10 minutes after administration.
- Nitrolingual Pumpspray can be used as a preventive measure 5 – 10 minutes before an activity that would normally provoke angina.
- Patients may require the use of Nitrolingual Pumpspray at night, therefore should familiarize themselves with the positioning of the spray opening for effective administration in the dark.
- Patients should know the main triggers of angina.
 - 4 E's
 - Exercise
 - Emotional stress
 - Eating a large meal
 - Exposure to cold weather

Important Safety Information

Nitrolingual Pumpspray should not be used if you are allergic to nitroglycerin or if you are using medications for erectile dysfunction such as avanafil, sildenafil, vardenafil, or tadalafil. Using Nitrolingual Pumpspray with these products may cause low blood pressure (hypotension), fainting, or heart attack. Nitrolingual Pumpspray should not be used if you have anemia. Nitrolingual Pumpspray should not be used in patients with increased intracranial pressure. Talk to your doctor if you had a cerebral hemorrhage or traumatic brain injury before taking Nitrolingual Pumpspray.

You might develop a tolerance to this drug or to other nitrates and nitrites. Only the smallest number of doses required for effective relief of the acute angina attack should be used. You should use nitroglycerin with caution in the early days after a heart attack and it may aggravate the angina caused by a condition known as hypertrophic cardiomyopathy. Increased hypotension, mainly when standing upright, may occur even with small doses of nitroglycerin and may result in slow heart beat and increased angina. It should be used with caution if you are dehydrated due to drug therapy or if you have low blood pressure.

Headache is the most reported side effect and may be severe and persistent. Other side effects that have been reported are dizziness, numbness and tingling of the skin, drowsiness, nausea, increased heart rate.

Visit www.nitrolingual.com for Full Prescribing Information.

Talk to your healthcare provider to see if Nitrolingual is right for you.

You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit www.fda.gov/medwatch or call 1-800-FDA-1088 FREE.



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