

# May 2024

**\*\*All meals are free from Peanuts, Egg & Sesame \*\***



Halal meat products for all meals/ Vegan substitutions for dietary restrictions

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b>	<b>3</b>
AM SNACK			Cheese, crackers & fruit	Fruit Smoothie with crackers	Yogurt & Fruit
LUNCH			Chicken Casserole Milk & Fruit	Baked Macaroni Milk & Fruit	Chicken Strips and Sweet potato fries Milk & Fruit
PM SNACK			Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Dill dip Baked good	Vegetable platter & Dill dip Baked good
	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
AM SNACK	Cheerios, Milk & Fruit	Carrot Cinnamon Muffins & fruit	Cheese, crackers & fruit	Blueberry muffins & fruit	Apple Sauce and fruit
LUNCH	Potato and lentil soup with crackers Milk & Fruit	Turkey Sandwiches + cucumber on the side Milk & Fruit	Chicken Fried Rice Milk & Fruit	Deconstructed shepherds Pie Milk & Fruit	Burgers and Sweet potato fries Milk & Fruit
PM SNACK	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Dill dip Baked good	Vegetable platter & Dill dip Baked good
	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
AM SNACK	Cheerios, Milk & Fruit	Carrot Cinnamon Muffins & fruit	Wow butter and Jam Sandwiches with Fruit	Blueberry lemon muffins & fruit	Yogurt & Fruit
LUNCH	Vegetarian Chilli Noodle Soup with crackers Milk & Fruit	Chicken Salad Sandwiches + cucumber on the side Milk & Fruit	Beef Quesadilla Milk & Fruit	Beef & Broccoli with rice Milk & Fruit	Grilled cheese with peppers on the side Milk & Fruit
PM SNACK	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Dill dip Baked good	Vegetable platter & Dill dip Baked good
	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
AM SNACK	<b>TEDDYVILLE CLOSED</b>	Cheerios, Milk & Fruit	Wow Butter and Jam sandwiches & fruit	Blueberry oatmeal muffins & fruit	Fruit Smoothie with crackers
LUNCH	<b>Victoria Day</b>	Potato and lentil soup with crackers Milk & Fruit	Roast Beef Sandwich + cucumber on the side Milk & Fruit	Buttered Noodles, chicken and broccoli Milk & Fruit	Pizza with peppers on the side Milk & Fruit
PM SNACK	<b>TEDDYVILLE CLOSED</b>	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Dill dip Baked good
	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
AM SNACK	Cheerios, Milk & Fruit	Carrot Cinnamon Muffins & fruit	Cheese, crackers & fruit	Fruit Smoothie with crackers	Hashbrowns & Fruit
LUNCH	Minestrone Soup & Crackers Milk & Fruit	Turkey wraps with peppers on the side Milk & Fruit	Mediterranean Chicken, rice and vegetables Milk & Fruit	Chicken broccoli, corn and potatoes Milk & Fruit	Mac N' Cheese Milk & Fruit
PM SNACK	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good	Vegetable platter & Garlic herb dip Baked good

**Teddyville options consist of:**

**Baked good of the day:** blueberry oatmeal muffins, banana bread, carrot/zucchini muffins, apple cinnamon muffins, oat bars with fruit and dried fruit (all is made fresh at Teddyville)

**Veggie platter with dip:** cucumber, carrots, peppers, cherry tomatoes      **Fruit:** apples, oranges, strawberries, honeydew, cantaloupe, pineapple, watermelon