



SHERI FLANDERS

Sheri_allender@hotmail.com	HEIGHT: 5'4
www.sheriflanders.com	
773-895-0134	WEIGHT: 100 Lbs
Representation: NV Talent Brett Sechrist (312) 563-0136	HAIR: Black
NON UNION	EYES: Brown

THEATER

Our Perspective
The Musical Armando
Choice The Musical
Flanders Sketch Show
Infinite Sundaes
Rhinoceros
Girl Gang
Cabal
Flamingo
Improvised Comic Book
BAPS
SMILE Jazz Improv
Say Yes to the Mess
Big Short End the Stick
Powder Room
Project Broadway
Underachievers
Barack All Night
This Is Art
Sketch Cast
Fake Believe, Writing 6
Monday Night Live
Pop Soda
Flanders Duo
La-Di-Dah
Coached Ensembles
Coached Ensembles
Coached Ensembles
The Tempest
JTF/Cheap Trills
Balloon Cocoon
Improvised Bible
Little Shop of Horrors
Showboat

Actor
Monologist
Writer/Actor/Vocalist
Actor/Writer/Vocalist
Actor/Writer/Vocalist
Housewife/Firefighter
Improviser
Improviser
Improviser
Actor
Actor/Vocalist
Improviser/Vocalist
Actor/Writer/Vocalist
Actor/Writer/Vocalist
Improviser
Actor/Vocalist
Assistant Director
Michelle Obama
Actor
Actor/Writer
Actor
Actor
Improviser/Vocalist
Improviser
Improviser/Vocalist
Improviser
Improviser
Improviser
Antonio
Director/Vocalist
YoungerSelf
Improviser
Chiffon
Chorus

Mia Park
Dave Asher
Jeff Bouthiette
Anthony LeBlanc
Tyler Dean Kempf
Bryce Read
Ensemble
Sean Sullivan
Bethany Remly
Sam Super
Jillian Ebanks
Jim Holman
Norm Holly
Anthony LeBlanc
Ensemble
Courtney Fontaine
Jay Sukow
Patrick Rowland
Jay Sukow
Zachery Stevens
Writing 6 Class
Patrick Newsom
Dave Asher
Flanders
Dave Asher
David Montgomery
Jay Sukow
Annie Taylor
Colleen Stovall
Tom Neile
Nicole Stoddard
Jessica Miloto
Starlite Productions
Starlite Productions

Goodman Theater
iO Chicago
MCL Theater
SC Beat Lounge
Second City Training Ctr.
Public House Theater
iO Theater
ComedySportz
ComedySportz
Various Theaters
The Crowd Theater
Blackout Cabaret
Sec City Grad Revue
Sec City MI Grad Revue
Second City Training Ctr.
MCL
Second City Training Ctr.
The Revival
Stage 773
Second City Training Ctr.
Second City Training Ctr.
iO Theater
Crowd/Playground/SC
Playground/MCL
iO Theater
Second City Training Ctr.
Second City Training Ctr.
Second City Training Ctr.
Shakespeare Miami
Just The Funny
The Vanguard
Gorilla Tango
The Headback Theater
The Headback Theater

COMMERCIAL/FILM

Injury Network USA
Infiniti Cars of Coconut Creek
Ransom

Actor
Principal
Reporter

Esau Melendez
Infiniti
Tim Parentau

Clandestino Films
Boca Talent
Independent Film

VOICEOVER

Bloody April Fools
Story of a Life
Once Upon a Time in Vietnam
Donde Esta Elisa?

Principal
Jade/Principal
Ahn/Principal
Various

Cedrik Boyer
Cedrick Boyer
Cedrick Boyer
Cedrick Boyer

The Kitchen
The Kitchen
The Kitchen
TheKitchen

EDUCATION

The Second City Chicago - Conservatory Program Graduate, Music Conservatory Graduate, Improvisational Acting A-E

Instructors - Anne Libera, Kevin Reome, Micah Philbrook, Norm Holly, Jeff Bouthiette, Andrew Roy Ritter, Jonathan Wagoner, Stephanie Mc Cullough, Rachel Mason, Matthew Von Colton, Jeff Griggs, Peter Kim, Anthony LeBlanc

iO Chicago Improvisational Acting Levels 1 – 5, Music Improv Levels 1 - 3, Instructors – Dave Asher, Seth Weitberg, Christy Bonstell, Susan Messing, Shane Wilson, Matt Higbee, Craig Uhler

Tom Todoroff Master Class & Susan Messing Protecting the Freak Workshop – JTF Miami, **David Razowsky Instant Characters and**

Positive Choices Workshop – Sick Puppies Miami, **iO Intensive in Miami** - JTF Miami - Instructors – Charna Halpern, Lyndsay Hailey, Tara

De Francisco, **Kevin Mac Donald Sketch Writing Workshop** – SAK Comedy Lab, Orlando, **Jeanette Hopkins Vocal Instruction** - Voice

Range: Soprano & Alto – specialties jazz and blues

Skills - Shortform and longform improvisation, writer, vocalist, rapper, freestyle and basic dance, marathon runner, scuba diver, basic handgun, stage combat, golf, fashion design and fine arts **Accents:** Southern, British, Jamaican, Wicked Witch Cackle, Vulture, Fits In Suitcase