



# SHERI FLANDERS

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|--|-----------------|
| <a href="http://www.sheriflanders.com">www.sheriflanders.com</a> | HEIGHT: 5'4     |
| 773-895-0134   | WEIGHT: 110 Lbs |
| REPRESENTATION: NV Talent<br>Debby Kotzen (312) 563-0136         | HAIR: Black     |
| UNION STATUS: Actors Equity                                      | EYES: Brown     |

## COMMERCIAL/FILM

B.A.D.D. Feature Film  
 Brookdale Senior Living  
 Inventing Improv  
 Injury Network USA  
 Antony and Cleopatra  
 Infiniti Cars of Coconut Creek  
 Ransom

Mom  
 Health Aide  
 Actor  
 Actor  
 Actor  
 Actor  
 Principal  
 Reporter

Jil Ross  
 David Watson  
 Jude Leak  
 Esau Melendez  
 Amber Washington  
 Infiniti  
 Tim Parentau

Jil Ross  
 Treeline Bamboo  
 WTTW/PBS  
 Clandestino Films  
 Harold Ramis Film  
 Boca Talent  
 Independent Film

## THEATER

Corona Del Arte  
 Dramatic Improv Festival  
 Bangalore Improv Fest  
 Lightfoot Loose  
 Bookends  
 Monday Night Live  
 Engaging Women Conf.  
 Flanders Holiday Show  
 Nasty Brutish and Short  
 Corey Has Friends Too  
 That Sunday Show  
 Jumping Off A Clef  
 One-Minute Play Festival  
 The Beehive  
 Our Perspective  
 Cherry Storytelling  
 M Scroggs Festival  
 The Musical Armando  
 Choice The Musical  
 Flanders Sketch Show  
 Infinite Sundaes  
 Rhinoceros  
 Girl Gang  
 Cabal  
 Flamingo  
 Improvised Comic Book  
 BAPS  
 SMILE Jazz Improv  
 Say Yes to the Mess  
 Big Short End the Stick  
 Pow(d)er Room  
 Project Broadway  
 Underachievers  
 Barack All Night  
 This Is Art  
 Sketch Cast  
 Fake Believe, Writing 6  
 Monday Night Live  
 Pop Soda  
 Flanders Duo  
 La-Di-Dah  
 Coached Ensembles  
 Coached Ensembles  
 Coached Ensembles  
 The Tempest  
 JTF/Cheap Trills  
 Balloon Cocoon  
 Improvised Bible  
 Little Shop of Horrors  
 Showboat

Stand-Up  
 Improviser  
 Improviser  
 Actor/Vocalist  
 Actor/Vocalist  
 Actor  
 Stand-Up  
 Writer/Actor  
 Puppet Maker/Actor  
 Improviser  
 Improviser  
 Improviser  
 Actor  
 Host  
 Actor  
 Storyteller  
 Writer/Actor  
 Monologist  
 Writer/Actor/Vocalist  
 Actor/Writer/Vocalist  
 Actor/Writer/Vocalist  
 Housewife/Firefighter  
 Improviser  
 Improviser  
 Improviser  
 Actor  
 Actor/Vocalist  
 Improviser/Vocalist  
 Actor/Writer/Vocalist  
 Actor/Writer/Vocalist  
 Improviser  
 Actor/Vocalist  
 Assistant Director  
 Michelle Obama  
 Actor  
 Actor/Writer  
 Actor  
 Actor  
 Improviser/Vocalist  
 Improviser  
 Improviser/Vocalist  
 Improviser  
 Improviser  
 Improviser  
 Antonio  
 Director/Vocalist  
 Younger Self  
 Improviser  
 Chiffon  
 Chorus

Josh Levine  
 Jonathan Pitts  
 Sheri Flanders  
 K. Reome/A. Whitehurst  
 Stephanie Mc Cullough  
 Preston O'Fill  
 Sheri Flanders  
 Sheri & Josh Flanders  
 Nik Whitcomb  
 Corey Caldwell  
 Micah Philbrook  
 Jeff Bouthiette  
 Jonald Jude Reyes  
 Sheri Flanders  
 Mia Park  
 Catherine Savage  
 Winter Davis  
 Dave Asher  
 Jeff Bouthiette  
 Anthony LeBlanc  
 Tyler Dean Kempf  
 Bryce Read  
 Ensemble  
 Sean Sullivan  
 Bethany Remly  
 Sam Super  
 Jillian Ebanks  
 Jim Holman  
 Norm Holly  
 Anthony LeBlanc  
 Ensemble  
 Courtney Fontaine  
 Jay Sukow  
 Patrick Rowland  
 Jay Sukow  
 Zachery Stevens  
 Writing 6 Class  
 Patrick Newsom  
 Dave Asher  
 Flanders  
 Dave Asher  
 David Montgomery  
 Jay Sukow  
 Annie Taylor  
 Colleen Stovall  
 Tom Neile  
 Nicole Stoddard  
 Jessica Miloto  
 Starlite Productions  
 Starlite Productions

Silent Theater  
 Theater Momentum  
 Improv Bangalore  
 Second City Training Ctr.  
 Second City Training Ctr.  
 iO Theater  
 St. Mary's College  
 The SC Blackout Cab  
 Links Hall  
 Laugh Out Loud  
 SC Beat Lounge  
 SC Beat Lounge  
 The Den  
 The Revival  
 Goodman Theater  
 iO Chicago  
 Second City TC  
 iO Chicago  
 MCL Theater  
 SC Beat Lounge  
 Second City Training Ctr.  
 Public House Theater  
 iO Theater  
 ComedySportz  
 ComedySportz  
 Various Theaters  
 The Crowd Theater  
 Blackout Cabaret  
 Sec City Grad Revue  
 Sec City MI Grad Revue  
 Second City Training Ctr.  
 MCL  
 Second City Training Ctr.  
 The Revival  
 Stage 773  
 Second City Training Ctr.  
 Second City Training Ctr.  
 iO Theater  
 Crowd/Playground/SC  
 Playground/MCL  
 iO Theater  
 Second City Training Ctr.  
 Second City Training Ctr.  
 Second City Training Ctr.  
 Shakespeare Miami  
 Just The Funny  
 The Vanguard  
 Gorilla Tango  
 The Headback Theater  
 The Headback Theater

## VOICEOVER

Bloody April Fools  
 Story of a Life  
 Once Upon a Time in Vietnam  
 Donde Esta Elisa?

Principal  
 Jade/Principal  
 Ahn/Principal  
 Various

Cedrick Boyer  
 Cedrick Boyer  
 Cedrick Boyer  
 Cedrick Boyer

The Kitchen  
 The Kitchen  
 The Kitchen  
 TheKitchen

## **Education**

**The Second City Chicago** - Conservatory Program Graduate, Music Conservatory Graduate, Improvisational Acting A-E, Stand Up 1, So You Think You Can Uke?, Process Week Intensive, Yes, Yes, Y'all, On Camera Acting

**Instructors:** Anne Libera, Kevin Reome, Micah Philbrook, Norm Holly, Jeff Bouthiette, Andrew Roy Ritter, Jonathan Wagoner, Stephanie Mc Cullough, Rachel Mason, Matthew Von Colton, Jeff Griggs, Peter Kim, Anthony LeBlanc, Reena Calm, Jimmy Tomasello, Michael Gellman, Rene Duquesnoy, Harold Dennis

**Vocal Instruction:** Julie Miller

**Vocal Range:** Soprano & Alto

**iO Chicago** Improvisational Acting Levels 1 – 5, Music Improv Levels 1 - 3

**Instructors:** Dave Asher, Seth Weitberg, Christy Bonstell, Susan Messing, Shane Wilson, Matt Higbee, Craig Uhler

**Links Hall**, Puppeteers of Color Incubator – Nik Whitcomb & Jamilah Henson

**Onion/DaF Writing Workshop**, The Onion, Chicago

**Presenting Your POV CDCC Workshop**, ComedySportz – Anthony LeBlanc

**Late Night Writing Packet**, The Crowd Theatre- Zackery Stephens

**Improvised Shakespeare Workshop** – Just the Funny, Miami

**Acting Master Class**, Just the Funny, Miami - Tom Toddoroff

**Protecting the Freak Workshop**, Just the Funny, Miami – Susan Messing

**Instant Characters and Positive Choices Workshop, David Razowsky** – Sick Puppies, Miami

**iO Weeklong Intensive in Miami**, Just the Funny Miami, Charna Halpern, Lyndsay Hailey, Tara De Francisco

**Sketch Writing Workshop**, Kevin MacDonald – SAK Comedy Lab, Orlando

**Jeanette Hopkins Vocal Instruction**

## **Skills**

Shortform and longform improvisation, writer, vocalist, rapper, freestyle and basic dance, marathon runner, scuba diver, basic handgun, stage combat, golf, fashion design and fine arts, puppet maker and puppeteer, Fits In Suitcase (please don't kidnap me)

## **Accents**

Southern, British, Jamaican, Wicked Witch Cackle, Vulture