



Millennium Neuro-Regenerative Centers

Applying the sciences of recovery

Testimonial 2023.08.10

Mark,

I'm coming up on **4 weeks of taking Brain Rescue 3 pre-breakfast and Brain Care 2 pre-dinner** as you suggested. I have seen great improvement in cognitive function.

I have become more of my "old self" and feel good.

I am starting to have goals again for the first time in 5 years.

I am thinking there may be a chance in the future to return to a **doctoral program** I dropped out of halfway through because of my cognitive decline. Maybe I can get back and do a PhD in SWCC related TBI???? We will see someday.

I have been riding my bike for several years because I have multiple fractures, bulging discs and other spinal pain/issues related to SWCC fast boat wave pounding. **Typically, I ride 10 miles in about 45 minutes because of pain levels and fatigue.** For the last 2 weeks I have increased my miles to 20 a day for 1.5 hours of riding time each day. I am not fatigued when I'm done, and the pain levels are lower.

There are a lot of great things happening with me, I think most of it is due to **removing Neuroinflammation in the brain and gut.**

I've been reading about all the supplements that tout causing better cognitive function, they all say many reports lasting changes with a 3-month regimen of treatment.

I would like to try this for 3 months and see what cognitive changes occur.

I am posting the results with my peers, and I've told Tulane TBI clinic as well. I am supposed to have a meeting with them at Tulane hopefully next week to talk about their SWCC TBI research progress and what I have found in my own research data from my SWCC TBI survey.

On a side bar, I read a recent report that said that the covid vaccines is now linked to heart inflammation. I'm sure this is true, and I imagine your product also reduces heart inflammation since the heart is connected to nerves in the brain. That being said, **I have had heart palpitations for years, and they get really bad when I ride my bike a lot... I have only noticed 1 palpitation since I started taking your protocol.** Does your product help with heart inflammation and can it help correct palpitations, tachycardia, etc...??? Many SWCC including myself experience tachycardia due to our TBI.

Thanks for your help, and thanks for doing great work for military TBI.

(SWCC)

The Phase 2 Protocol: Brain Rescue 3, Brain Care 2, DHEA, Pregnenolone, and Vitamin D.