



# Millennium Neuro-Regenerative Centers

*Applying the sciences of recovery*

## The Complete Millennium's Nutraceutical Treatment Protocols

The Millennium's Nutraceutical Treatment Protocols are based upon almost 19 years of clinical experience within the Millennium-TBI Network of physicians. Each protocol, from Basic to Comprehensive, offers a progressive level and complexity of treatment based upon the individual's responses. In 2020, while working with the Marines at Camp Pendleton, we found that the Basic Protocol was 65% effective when they took the Brain Rescue 3 pre-breakfast for 90 days. They achieved a 50-100% overall improvement based upon 18 conditional subjective areas of assessment.

Read each of the following Protocols paying attention to the "**conditions that benefit**" section since this is where you will find where to start in your journey to healing. Additionally, we have listed the pricing for each protocol and the discount code: **Phase2022** for a 10% discount which only works if you subscribe to the STORE. See discussion on last page.

### Basic Protocol (USMC Project)

The Basic Protocol consists of the Brain Rescue 3 product taken pre-breakfast.

**When to use:** (1) This is for those with mild and possibly intermittent symptoms that are not debilitating allowing for the individual to maintain a high level of functionality; (2) We are using this protocol for pre-treatment of individuals looking at Psychedelic Assisted Therapies (PAT). This is recommended for 30 to 90 days pre-PAT, and possibly for another 30 days post-PAT; (3) Mild cases of intermittent Tinnitus.

**Recommendation:** This protocol is for 30 - 90 days initially but can be extended based upon one's responses by 90 days. In the event that the improvement after 90 days is less than 50% then go to the Intermittent protocol.

**Conditions that benefit:** Occasional mild depression, mild reactive anxiety, intermittent insomnia, intermittent effect on libido, intermittent migraines, mood swings, and some cognitive issues with long/short-term memory.

**Program Cost (90-days):** \$552.00

### Intermediate Protocol

The Intermediate Protocol consists of using the Brain Rescue 3 product pre-breakfast and the Brain Care 2 product pre-dinner.



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**When to use:** (1) This is for those with mild to moderate intermittent symptoms that are slightly (mildly) debilitating affecting the individual emotionally and cognitively especially under additional stress and with the use of alcohol or drugs. Nonetheless they are able to maintain a level of functionality without need for assistance; (2) This protocol is also for pre-treatment of individuals looking at Psychedelic Assisted Therapies (PAT) with higher levels of symptoms; (3) Mild to moderate cases of Tinnitus.

**Recommendation:** This protocol is for 30 - 90 days initially but can be extended based upon outcome at 90 days. In the event that the improvement after 90 days is less than 50% then go to the Advanced protocol.

**Conditions that benefit:** Occasional mild to moderate depression, anxiety, insomnia, variable libido, recurrent migraines, emotional volatility, intermittent neuropathic pain, and cognitive issues with long/short-term memory.

**Program Cost (90-days):** \$762.00

## Advanced Protocol (P2P)

The Advanced Protocol also referred to as the Phase 2 Protocol, is the Intermediate protocol with Vitamin D 5,000iu(125mcg), DHEA 25mg, and Pregnenolone 50mg added and taken 15-30 minutes after dinner.

**When to use:** (1) This is for those with moderate symptoms that are debilitating affecting the individual emotionally and cognitively especially under additional stress and with the use of alcohol or drugs. These individuals may be in need of assistance from mental health workers or with common activities of life (organizational skills); (2) This protocol is also for pre-treatment of individuals in need of Psychedelic Assisted Therapies (PAT) to address depression and anxiety; (3) Moderate to severe cases of Tinnitus.

**Recommendation:** This protocol is for 90-days initially but can be extended up to 180-days and beyond as needed but in the event that improvement is less than 50% at 90-days, go to the Comprehensive protocol.

**Conditions that benefit:** Occasional mild to moderate depression, reactive anxiety, insomnia, neuropathic pain, poor libido, recurrent treatment resistant migraines, and cognitive impairment.

**Program Cost (90-days):** \$859.00

## Comprehensive Protocol

The Comprehensive protocol uses the Millennium’s Biomarker panel consisting of 28 laboratory tests that are analyzed by a software application called the Millennium Office Laboratory Assistant (MOA). Ultimately, treatment is based upon the results of the lab testing and the recommendations of the MOA.



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**When to use:** (1) This is for those with moderate to severe debilitating symptoms while the individual is on prescribed psychiatric medications and may or may not be using alcohol and/or drugs. These individuals are usually seeing a mental health professional; (2) this protocol is also for pre-treatment of individuals in need of Psychedelic Assisted Therapies (PAT) to address any form of neuropsychiatric illness; (3) Moderate to severe cases of Tinnitus.

**Recommendation:** This protocol is for up to 18 months. Enrollment is at [www.TBIMEDLEGAL.com](http://www.TBIMEDLEGAL.com)

**Conditions that benefit:** Polypharmacy, treatment resistant depression, anxiety, insomnia, neuropathic pain, poor libido, recurrent and treatment resistant migraines, cognitive impairment, with or without long and short memory loss.

**Program Cost (?-days):** Based upon the lab results that dictate a treatment protocol.

## Summary:

The selection of any one of these treatment protocols will be based upon your level of symptoms relative to your trauma. There is no absolute way of knowing which protocol will be the one for you.

☞ Nonetheless, we have generally started with the Phase 2 Protocol in over 7500+ of our non-patient clients that have acquired their products directly from our site: [www.MillenniumHealthStore.com](http://www.MillenniumHealthStore.com).

AS we continue to collect the data on outcomes, we will be able to refine our approach and treatment protocols. In nearly 100% of our failed cases (less than 50% improvement) there was a history of substance abuse as well as the use of a few key offensive medications that compete with improvement of brain inflammation and function.

☞ We highly recommend that you discuss the Millennium's program with your health care provider and encourage them to learn about our work and the science we use (Translational Medicine). We are always looking for smart healthcare providers to join our network, so please share our information with them.

Mark L. Gordon, MD  
Medical Director  
Millennium-Veterans TBI Program

**\*\* Millennium Health Store:** When you open an account, please make sure that you check the box that allows us to send you emails. You will then be subscribed to the STORE, and this will activate every discount code that we send you. If you are not a subscriber to the STORE, discount codes will NOT WORK. So check the box. We will not send you junk.



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