



Avocado Toast 7

Grilled Toast with fresh avocado smashed
add one egg 1.50
add two eggs 3.00
sub Just Egg (v)4.00



Breakfast Bowl 9

Breakfast potatoes, two eggs and sausage or bacon
add avocado 2.00
add cheese 1.00
add toast 2.00
sub Just Egg (v)4.00



Breakfast Sandwich 9

Our Schar Sourdough Deli Style Bread with two eggs, bacon or sausage
add avocado 2.00
add cheese 1.00
add garlic sauce 1.00



Chicken & Waffles 9

Three waffles with 3 baked chicken tenders- with butter and maple syrup or maple hot sauce

Make it Vegan +3



Waffles / Pancakes 7

Our homemade grilled waffles -with butter syrup and fruit



Breakfast Pita 7

Eggs with fried potatoes with onion

add bacon or sausage 1.00
impossible sausage (V) 2.00
Just Egg (v)4.00



Eggs and Omelettes

Two eggs your way 3.00
Three egg Omelette 8.00
add cheese
add onions and peppers
add roasted red peppers
add veggie mix



Bagel Toasted 3.50

Trader Joe's Bagel Toasted with Butter
choose plain or everything
add strawberry jam.50
add cream cheese 1.00



Bagel with Lox 9

Trader Joe's Bagel with cream cheese and Lox (smoked Salmon)
add capers 1.00
add onion 1.00
add tomato 1.00
add lettuce .50



Bagel /Egg & Cheese 7

Trader Joe bagel toasted with two eggs and cheese - plain or everything
add bacon or sausage 1.00
add onion 1.00
add avocado 2.00
add tomato and lettuce 1.50
add garlic sauce 1.00



Bagel Combo 10.95

Bagel with egg and cheese and sausage or bacon / side of potatoes
add onion 1.00
add avocado 2.00
add tomato and lettuce 1.50
add garlic sauce 1.00



Potatoes 4

Fried potatoes yukon gold potatoes with our special spices and red onions

Good Cafe is Gluten Free and Dairy Free

Each meal is prepared to order, from scratch, using consciously sourced whole foods & plant based ingredients. Our cafe is Blue Zone Friendly. Blue Zone Friendly means we don't serve any dairy, we only use EVOO for cooking our dishes, we use pink Himalayan salt, we source organic items when possible.

PLEASE ADVISE US OF ANY FOOD ALLERGIES PRIOR TO ORDERING.
Consuming raw or undercooked eggs may increase your risk of foodborne illness.



Pasta Bowl 12.95

Fettucine egg noodles cooked in garlic pesto, garlic butter, garlic tomato sauce
add chicken breast 3.00



Hawaiian Plate 12.95

Grilled chicken, fire roasted veggies, and sticky rice with a sweet pineapple habnero sauce



Grilled Cheese 8.95

Our Schar Sourdough Deli Style Bread with our Violife chees toasted to perfection on our panini grill.



Garlic Burger 11.95

Angus beef patty on a toasted bun with lettuce, tomato, and garlic mayo (add ketchup, mayo, mustard, pickle, onion)
add cheese 1.00 Cheeseburger
add bacon, or avocado 1.00 each
add a extra patty \$3.00



Chicken Bowl 11.95

Grilled chicken, sticky rice, choose your toppings chopped spinach, olives, cucumber, red cabbage, pickle, chickpeas, banana peppers, red onion, (choose a sauce -Chipolte or Cilantro or Garlic Sauce



Chicken Tender Sandwich 8.95

Trader Joe toasted bun with our seasoned baked tenders, lettuce, tomato and mayonaise.



Chicken Pita 9

Grilled chicken, tomato, lettuce & garlic sauce on a grilled pita
add extra chicken 3.00



Veggie Pita 9

Spinach, tomato, cucumber, red onions, olives, sundried tomato Feta(v)
add chicken 3.00



Spicy Chickpea Pita 9

Spicy chickpeas, cucumber, tomato and lettuce



Classic Salad 8.95

Organic Spring mix, organic spinach, tomato, cucumber, carrots, onions
add cheese 1.00
add avocado 2.00
add chicken 3.00



Mediterranean Salad 6.95

Organic Spinach, tomato, cucumber, red onions, olives, sundried tomato Feta(v)
add avocado 2.00
add chicken 3.00



Strawberry Fields 12.95

Grilled chicken, organic spring mix, organic spinach, freeze dried strawberries, tomato, cucumber, cranberries, pecans, pepitas ..
 choose a dressing

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Sides Items

Hard Boiled Eggs	3.00
Eggs	3.00
Egg Bites	4.50
(veggie, Bacon and cheese, cheese)	
Sausage	3.00
Bacon	3.00
Lox	3.00
Ham	3.00
Sourdough Toast	3.00
Side of Cream Cheeses	2.00
Side of Avocado	2.00
Side of Rice	4.00
Side of Beans	3.00
Side of Spicy Chickpeas	3.00
Side of Poatatoes	4.00
Baked Potato	4.00
Loaded Baked Potato	6.00
Side of Grilled Veggies	5.00
Side Salad	5.00
Seasonal Fruit	5.00

Bakery Items

Blueberry Muffins	Butter Biscuits
Chocolate Chunk Muffins	Chedder Biscuits
Carrot Cake	Chedder Bacon
Zucchini Bread	Brownies
Lemon Poundcake	Cheesecake Bars
Lemon Bars	Espresso Rice Krispies
Marble Cake	Chocolate Chunk Cookie
Chai Cake	Sugar Cookie

*Good Cafe offers custom desserts and cake orders.
Please email Michelle@goodcafeeaston.com*