



The LeeShore Lighthouse



A Quarterly Publication of The LeeShore Center
<http://www.leeshoreak.org>

*Services for Victims of Domestic Violence and Sexual Assault
Support for the Central Peninsula's Families*

FALL 2023

VOLUME 20 NO.3

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The Crisis Line is available 24 hours
283-7257

Office hours for The LeeShore Center
Monday - Friday
9 am - 5 pm.
283-9479 phone
283-5844 fax

100% Alaska Community Assessment

100% Community (Alaska) Ensuring 10 Vital Services for Surviving and Thriving

Authors: Katherine Ortega Courtney and Dominic Capella

Peninsula Points on Prevention (PPOP) in collaboration with Change 4 the Kenai (C4K), Southcentral Alliance for Family Resilience (SAFR) and the Alaska Impact Alliance are currently conducting an assessment of our community utilizing the 100% Community model. This model was developed and implemented in the state of New Mexico after the unfortunate death of a child that was returned to an abusive home, the broken systems that allowed her to fall through the cracks, and all our children facing trauma. Trauma destroys essential relationships, fills our jails, diminishes our workforce, inhibits learning in our schools, overtaxes our emergency rooms and drives people to drugs and other self-destructive behaviors. Everyone is harmed, directly or indirectly, as the trauma is passed from generation to generation. 100% Community provides a catalyst for ending the predictable and preventable public health crisis of adverse childhood experiences (ACES). Protecting all our children is entirely possible with data, technology and a belief that our kids are our highest priority. When we fully understand the challenges faced by families, we can work collaboratively to ensure that each child grows up trauma-free and thriving.

How do we ensure that all our children, parents and grandparents – all our community members – can survive any public health crisis, and equally important, thrive after chaotic times end? This is a question we face every day and one that requires an answer now. This is a dialogue we must have on the state and local level, as that is where true power exists to make measurable change impacting every child and adult.

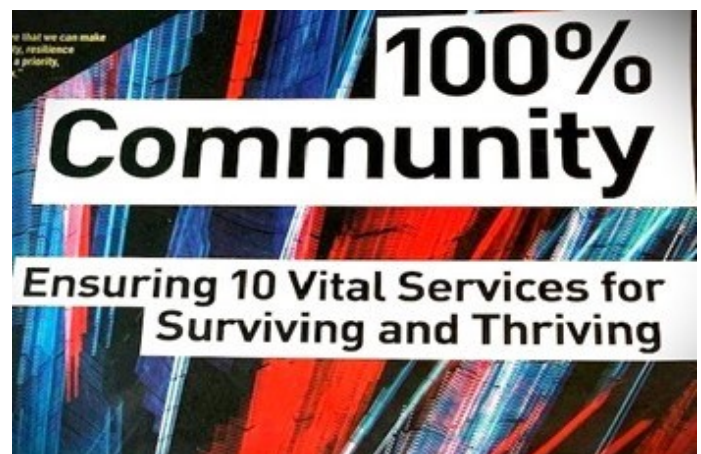
100 % Community shows how we can create a local system of readiness by investing in strong local systems of care, safety and education, and how we can decrease health disparities along with a host of long-standing and costly challenges including adverse childhood experiences, trauma, substance misuse, violence and untreated mental health problems. These vital services are:

Five Vital Services for Surviving

- Housing
- Food
- Mental Health Care
- Medical/dental Care
- Transportation

Five Vital Services for Thriving

- Parent Supports
- Early Childhood Learning Programs
- Community Schools
- Youth Mentors
- Job Training/Higher Education



100% Alaska Community Assessment

The Alaska Impact Alliance is looking to implement this model at a statewide level. The greater Kenai/Soldotna area is the first community to begin work on this assessment model and are calling it **100% Alaska** we have already developed and administered the community survey. Some of the initial findings show that almost half of all respondents endorsed accessibility issues with four important community services; housing programs that provide safe spaces and prevent homelessness, public transportation which ensures residents get to vital social services, work and school and mental health care services to treat emotional challenges and trauma and accessible childcare. Our community has established Action Teams for each one of the vital services, these teams are now beginning the work on availability and accessibility of each of these 10 services. If you are interested in hearing more about this assessment or would be interested in being a member of one of the Action Teams, please contact Renee Lipps by phone at (907) 283-9479 or by email at rlipps@leeshoreak.org.



HOUSEHOLD PRODUCTS

Liquid dish detergent
Toilet Paper / Paper Towels
Laundry Soap
Brooms / Mops
Dryer Sheets
Comforters
Bleach
Towels / Washcloths
Pillows / Twin Sheets

Miscellaneous

Diapers / Pull ups
Baby Wipes
Phone Cards Gas cards
Alarm clocks Batteries
Gift Certificates (haircuts, etc.)

LeeShore's Wish List

KITCHEN / COOKWARE

Dishes Pots and Pans
Glassware Baking Dishes
Coffee Mugs
Kitchen Towels
Food Storage Containers

FOOD ITEMS

Rice / Beans Flour / Sugar
Turkey / Ham
Dry Soup Mix
Baby Food / Formula
Coffee / Tea / Creamer

TOILETRY ITEMS

Combs / Brushes Body Lotion Shampoo
Toothpaste / Toothbrush Q-Tips Conditioner
Hand Cream Razors / Shaving Cream

CLOTHING (ADULT, TEEN, & CHILDREN)

Hats Gloves Scarves Socks Underclothes
Boots Shoes Coats Sleepwear Slippers Robes

If you're yearning to get involved with a great agency and put some of your talents to good use look no further! The LeeShore Center is looking for people like you to join our board of directors!

Volunteer Opportunities

The LeeShore Center is in need of year-round volunteers for crisis and non-crisis programs.

All volunteers who work directly with our clients must complete the Community Awareness Workshop on Domestic Violence and Sexual Assault.

We're always looking for volunteers for our Board.

Fundraiser and Awareness Events:

Volunteers are integral to our fundraising and awareness events.

Activities with women and children:

Would you like to teach crafts, do cooking projects, story time for children, teach aerobics?

Handy Person:

Is your best friend your toolbox? Do you have a garage full of building materials that aren't being used? We could always use a volunteer to help with the electrical, plumbing, and carpentry. Donations are also very much appreciated.

If you are interested in volunteering, please call Haili at 283-9479.



Upcoming Events and Office Closures

Events:

Annual Board Meeting and Volunteer Appreciation: November 29th

Office Closures:

Thanksgiving: November 23rd & 24th
 Winter Break: December 22nd & 25th



If you would like to receive the newsletter via email, please call 283-9479 or contact Haili at herikson@leeshoreak.org

THANK YOU

We have received many generous donations from various individuals and organizations this fall. We received 296 quilts of different size and design from Bearly Threaded quilting and the Alaska quilt drive organized by Sew Yeah. 21 crochet hats of different sizes also from Bearly Threaded Quilting. We thank every single person and organization who donates. We are able to continue providing the services we do because of all of your generous donations, whether it be your time, gently used items, new items, or your support in our mission.

Tucked in one of the quilts we received was a letter that read “Hello Sew Yeah! Here is a quilt for the Alaska Quilt Drive. Hope it keeps someone warm when the weather cools down. Thank you for all you do to make the world a better place! In Hebrew, it is called “Tikkun Olam” - a human mission to repair the world; a key element of Judaism. Signed Debbi Koplen (metro stitcher)”



Annual Membership Drive

It’s that time of year again to renew your LeeShore membership. Or if you haven’t become a member, now is great time to do so. By becoming a member you can help us in our mission and continued endeavors to improve services to victims of domestic violence and sexual assault.

Annual Student Membership		
<input type="checkbox"/> Individual \$20	<input type="checkbox"/> Benefactor (Lifetime) \$250	<input type="checkbox"/> Annual Family \$40
Annual Membership		
<input type="checkbox"/> Individual \$50	<input type="checkbox"/> Benefactor (Lifetime) \$500	<input type="checkbox"/> Annual Family \$75
* 65 Years & Older *		
<input type="checkbox"/> Individual \$25	<input type="checkbox"/> Benefactor (Lifetime) \$250	<input type="checkbox"/> Annual Family \$50

We cannot do this work alone. Your membership supports our work, not just to provide services, but also to offer opportunities for change on an individual level, relationship level and societal level. Your membership is not just supporting an organization, you’re also helping people; people like you, your friends, neighbors, co-workers. Your membership supports The LeeShore Center’s work in our community to create an environment of zero tolerance for interpersonal violence where each one of us has the right to live in peace and freedom.

Please call Tyra at 283-9479 for more information.



*The LeeShore Center
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Kenai, AK 99611
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LeeShore is a member program of the Alaska Network on Domestic Violence & Sexual Assault

LeeShore's Clothes Closet

The LeeShore Center has a clothes closet available to everyone in our community.
Hours are: Open to Public - Tuesday and Wednesday 9:00 am - 4:00 pm.
Drop off donations - Thursday and Friday 9:00 am - 4:00 pm
Please call 283-9479 for more information.

**Volunteer Corner
Volunteer of the Quarter
October - December 2023**

Dixie St.John is our volunteer of the quarter. Dixie is a driving force in prevention and education with our local youth. She has a fierce passion for bringing the community together and is always the first to volunteer her time. She is a strong advocate for the youth she works with and always provides a safe space for vulnerability. Dixie is the head of sources of strength at Kenai Middle School and is working with a group of students on an Anti-Bully campaign.

If you would like to volunteer, call the Education and Training Assistant at 283-9479

The LeeShore Center is proud to be a United Way agency.

