

Aftercare guide



Leave the cover on for at least 2 hours. Do not remove the clingfilm until you can properly clean the tattoo with mild soap and hot water. Rinse it well, sloughing off as much of the slimy coating that may have formed over the tattooed area while underneath the cover. Gently pat the area dry with a clean cloth or paper towel, then allow it to air-dry for 15 minutes.

Re-wrap your tattoo with clingfilm for the **FIRST NIGHT ONLY**. Do not to use any ointment or lotion before wrapping it up, as your body's own fluids will be enough to keep the area moisturised for the night. It will become very goeey/gunky overnight and might look frightening in the morning, this is all normal so do not panic.

The reason for wrapping the healing tattoo with clingfilm for the first night is because your body loses the most fluid during the first day. This fluid is lymph. It is what oozes from the tattoo, sticks to your sheets and rubs off during the night, leaving your skin feeling dry and irritated in the morning. Taking this extra step and wrapping during the first night will minimise scabbing and make for a much easier heal.

Remove the clingfilm in the morning and wash the tattoo with warm soapy water using your hand only till all the slimy gunk has been washed away. Gently pat the area dry with a clean cloth or paper towel, then allow it to air-dry for 15 minutes.

Once dry apply aftercare cream, massaging a very small amount into the skin to keep the tattoo slightly moist, but NOT smothered. Use just enough ointment to make the tattoo slightly shiny, re-apply 2 to 3 times a day for 4 to 5 weeks as required

The healing tattoo should never stay submerged in water. Therefore, limit yourself to only short showers until the tattoo has finished peeling.

It's a good idea while healing a tattoo to take a quick shower in the morning and evening. It's also important that a fresh tattoo be protected from the sun and dirty environments, as it's still an open wound at this time. All normal activities involving water or sun exposure can usually be resumed after 10-14 days.