



Dr. Rachel Dunn-Black
Siskiyou Clarity Medical Spa
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Pre-Treatment Instructions for Laser Hair & Vein

Hair Only: No plucking, waxing, depilatory or bleaching for a minimum of 2 weeks prior to your first treatment and we ask that you refrain from any plucking, waxing, depilatory or bleaching during the laser treatment process; these methods will interfere with the laser treatment and may result in requiring more treatments to achieve desired results. Shaving is permitted during laser treatments. Please shave desired treatment area 24 hours before your appointment.

Hair Only: Please remove make-up, deodorants, and lotions in the treatment area prior to treatment. Ladies: If you are treating your bikini area, please wear white underwear, because the laser is attracted to color.

Hair Only: If your hair in the treatment area is long and/or thick, please shave the treatment area 1-2 days prior to your treatment. Doing so will make your treatment more comfortable and more effective.

Hair Only: If you have fair skin and light hair we recommend no sun exposure if the 755 nm Alexandrite is being used. Recommendation is 4 weeks prior to, during and after the course of any laser treatment.

Hair & Vein: If you've started any antibiotics or any other medications that may make you photosensitive, please let us know. We may have to reschedule your appointment. Also notify the practitioner if there has been any change in your health status (new medications, heart condition, etc.).

Hair & Vein: Sun exposure and tanning beds should be avoided for two weeks pre and post treatment to avoid blistering. If self tanner is used, you should wait 2 weeks after application to avoid any discoloration. If sun exposure is unavoidable, use a minimum SPF 30 SUNSCREEN (UVA/UVB).

Hair & Vein: For maximum desired results, multiple treatments will be required at regular scheduled intervals.

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