



Toole Family Dentistry, L.L.C.

POSTOPERATIVE INSTRUCTIONS FOLLOWING DENTAL IMPLANTS

Placement of dental implants usually does not create a great deal of pain. However, carefully reading and following these instructions will help ensure smooth and easy healing.

If you have extreme pain and/or swelling which cannot be controlled with your prescribed medications or over the counter medications, please call our office immediately.

You can reach Dr. Toole on his emergency line after hours: 317-432-9151. You may text or call this number.

LIMIT PHYSICAL ACTIVITY during the first 3 days after surgery. Over exertion may lead to postoperative bleeding and discomfort.

AVOID SMOKING COMPLETELY: smoking delays healing and interferes with regeneration. Smokers have a higher risk for implant failure.

MEDICATIONS:

Take any regularly scheduled medication (for diabetes, high blood pressure, etc.) on your regular schedule unless advised to do otherwise.

SUTURES:

If sutures have been placed following implant surgery, Dr. Toole will provide instructions on WHEN and IF they need to be removed. Dissolvable sutures may loosen and come out any time between 2-14 days. Non-dissolvable sutures will need to be removed by Dr. Toole. We will schedule a post-op appointment to remove your sutures if necessary.

EATING:

A nutritious diet and adequate hydration are very important during your healing period. You may start eating as soon as numbness wears off and bleeding stops. For the first 3 days, soft foods are recommended. After 3 days you can return to your normal diet.