



Toole Family Dentistry, L.L.C.

Bleaching Consent

Professional tooth bleaching is designed to whiten and brighten teeth that have stained or discolored over time. I understand that results may vary due to a variety of circumstances including but not limited to, types and depth of stains and the porosity of my enamel. I understand that almost all natural teeth can benefit from whitening treatments but that I may not reach the shade I desire and a guarantee cannot be given that I will achieve benefits from whitening my teeth.

I understand that whitening treatments are not limited to lighten teeth, caps, crowns, veneers or porcelain, composite or other restorative materials and that people with darkly stained yellow teeth or yellow-brown teeth frequently achieve better results than people with gray or bluish-gray teeth. I understand that teeth with multiple colorations, bands, splotched or spots due to tetracycline use or fluorosis do not whiten as well, may need multiple treatments or may not whiten at all. I understand that teeth with many fillings or cavities may not lighten and are usually best treated with other non-bleaching alternatives. I understand that provisionals or temporaries made from acrylics may become discolored after exposure to the whitening treatment.

I understand that the following complications could occur due to whitening treatments:

- **Tooth Sensitivity/Pain** – During the first 24 hours after treatment, some patients can experience some tooth sensitivity or pain. This is normal and is usually mild, but it can be worse in susceptible individuals. Normally, tooth sensitivity or pain following treatment subsides within 24 hours, but in rare cases can persist for longer periods of time in susceptible individuals. People with existing sensitivity, recession, exposed dentin, exposed root surfaces, recently cracked teeth, abfractions (micro-cracks), open cavities, leaking fillings, or other dental conditions that cause sensitivity or allow penetration of the gel into the tooth may find that those conditions increase or prolong tooth sensitivity or pain after treatment.
- **Gum/Lip/Cheek Inflammation** – Whitening may cause inflammation of your gums, lips or cheek margins. This is due to inadvertent exposure of a small area of those tissues to the whitening gel. The inflammation is usually temporary

which will subside in a few days but may persist longer and may result in significant pain or discomfort, depending on the degree to which the soft tissues were exposed to the gel.

- **Root Resorption** – This is a condition where the root of the tooth starts to dissolve either from the inside or outside. Although the cause of this is still uncertain, I understand that there is evidence that indicates the incidence of root resorption is higher in patients who have undergone root canals followed by whitening procedures.
- **Relapse** – After the treatment, it is natural for the teeth that underwent the whitening treatment to regress somewhat in their shading after treatment. This is natural and should be very gradual, but it can be accelerated by exposing the teeth to various staining agents. I understand that the results of the whitening treatment are not intended to be permanent.

Alternatives to bleaching include but are not limited to:

- Crowns or Veneers
- Other _____

The whitening process has been explained to me. I will receive custom made trays and an at home bleaching kit which includes syringes of a peroxide based bleaching gel. Instructions for use will be given at the delivery of the bleaching trays and at home bleaching kit.

The instructions, advantages and disadvantages, risks and known possible complications of alternative treatments have been explained to me by my dentist and my dentist has answered all my questions to my satisfaction.

Patient Signature

Date

Patient Name (Printed)

Date