

COURSE CERTIFICATE

Nov 5, 2020

Gail Denise Tyler

has successfully completed

Foundations of Mindfulness

an online non-credit course authorized by Rice University and offered through Coursera



Mintat Stor

Dr. Elizabeth Slator Associate Director, Gibbs Recreation and Wellness Department Director and Lecturer, Lifetime Physical Activity Program

> Verify at coursera.org/verify/AS8N3WHDLWBE Coursera has confirmed the identity of this individual and their participation in the course.