



**3.7  
liters**

**ROYAL ACE COCONUT OIL**

# *why choose* **COCONUT OIL?**

- ✓ **RICH IN LAURIC ACID WHICH HELPS PREVENT HEART DISEASE**
- ✓ **INCREASES GOOD CHOLESTEROL (HDL) & CONTROLS BAD SUGAR**
- ✓ **BOOSTS IMMUNE SYSTEM AND METABOLISM**
- ✓ **FOR DEEP FRYING, SAUTÉING & BAKING**

**ROYAL  
ACE**









**3.7  
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**ROYAL ACE CANOLA OIL**

# Benefits of **CANOLA OIL?**

- ✓ **LOW SATURATED FAT WHICH HELPS CONTROL CHOLESTEROL LEVELS**
  - ✓ **0G TRANS FAT**
- ✓ **CONTAINS OMEGA 3 AND OMEGA 6**
- ✓ **HIGH SMOKE POINT; IDEAL FOR DEEP FRYING, SAUTÉING, BAKING & MAKING SAUCES**

**ROYAL  
ACE**



**3.7  
liters**

**ROYAL ACE PALM OLEIN**

# BENEFITS OF Palm Oil?

- ✓ GREAT SOURCE OF ANTIOXIDANTS  
LIKE VITAMIN E
- ✓ 0G TRANS FAT
- ✓ HIGH SMOKE POINT; BEST FOR DEEP FRYING

**ROYAL  
ACE**





**3.7  
liters**

**ROYAL ACE CORN OIL**



# WHY CORN OIL?

- ✓ RICH IN PHYTOSTEROLS WHICH IS A CHOLESTEROL LOWERING AGENT
- ✓ CONTAINS OMEGA 3 AND OMEGA 6
- ✓ FOR DEEP FRYING, SAUTÉING, BAKING & MAKING SAUCES / DRESSINGS

**ROYAL  
ACE**