

# 100% Alaska

## Survey Highlights Brief

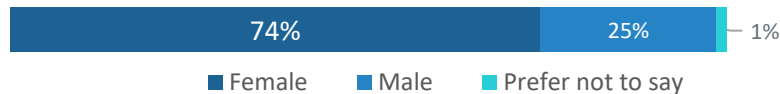
### What is 100% Alaska?

100% Alaska, an iteration of the "100% Community" book, initiative, and movement by Dr. Katherine Ortega Courtney and Dominic Cappello, provides a roadmap for understanding, implementing, and improving local systems of health, safety, education, and economic stability. 100% Alaska proposes new ways for the Kenai Peninsula community residents to live healthy, safe, and resilient lives. To initiate the 100% Alaska process, Change 4 the Kenai administered a community-wide survey between 2022-2023 to learn more about residents experiences.

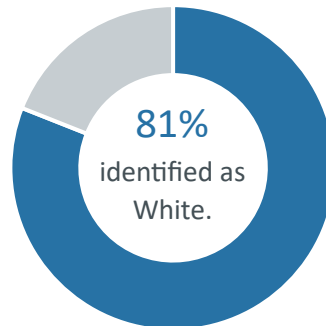
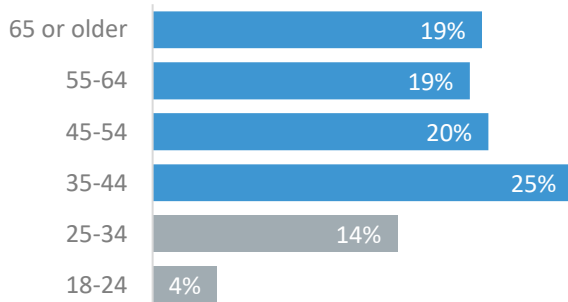
920 individuals responded to the survey. Of those, **706** responded to every question!

Let us tell you a little something about those 706 respondents...

Most respondents were **female**.

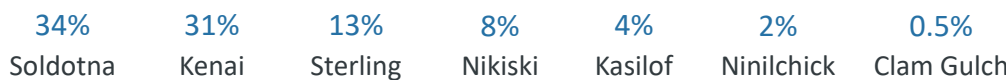


The majority who took the survey were **35 years and older**.



10% of respondents were Native American or Alaskan Native. Others identified as Hispanic or Latino (3%), multiracial (3%), Asian or Pacific Islander (2%), or Black

Respondents resided in **at least seven communities** on the Kenai Peninsula.



33% of respondents make up a **two-parent household**, 10% have a **single-parent household**, and 7% have a **grandparent household**.

About **18%** of respondents **have children under 5 years old** living in their household.



About **34%** of respondents **have children between 5 and 18 years old** living in their household.



Presented by



Change 4 the Kenai (C4K), coalition united to work towards connecting the community, is dedicated to building awareness on the prevalence of injection drug use.

[connectkenai.com](http://connectkenai.com)



Peninsula Points on Prevention (PPOP), a coalition working to build awareness and education on prevention, strives to build community capacity for fostering a safe, supportive, and healthy community.

[peninsulaprevention.com](http://peninsulaprevention.com)



Southcentral Alliance for Family Resilience is an upstream prevention workgroup focused on strengthening families, connecting families to resources, and reducing ACEs.

[southcentralconsultingak@gmail.com](mailto:southcentralconsultingak@gmail.com)

## What resources does our community need to survive and thrive?

Almost half of all respondents endorsed accessibility issues to these important community services...



**Housing programs** that provide safe spaces and prevent homelessness.



**Public transportation** which ensures residents get to vital social services, work, and school.



**Mental healthcare services** to treat emotional challenges, childhood experiences, and trauma.



**Accessible childcare.**

## What affects the health and safety of the community?

Adverse Childhood Experiences (ACEs)

ACEs are the traumatic events that occur before a child reaches the age of 18. Past research found a **relationship between the number of ACEs a person experienced and the likelihood for negative outcomes in adulthood**, such as physical & mental health concerns, substance misuse, and perpetrating violence. The 100% Alaska survey asked respondents about **the prevalence of ACEs in their lives during childhood.**

	Men	Women	Prefer not to say
Almost <b>54%</b> of respondents were <b>sworn at, insulted, or put down</b> by an adult at home.	<b>19%</b>	<b>69%</b>	<b>3%</b>
About 10% of respondents who did not answer the question on gender also experienced verbal abuse.			
Almost <b>38%</b> of respondents experienced <b>unwanted sexual contact</b> before their 18 <sup>th</sup> birthday.	<b>11%</b>	<b>78%</b>	<b>2%</b>
About 9% of respondents who did not answer the question on gender also experienced sexual violence.			
About <b>39%</b> of respondents experienced <b>harm either physically, mentally, or verbally</b> , by an adult at home.	<b>19%</b>	<b>70%</b>	<b>3%</b>
About 8% of respondents who did not answer the question on gender also experienced physical, mental, or verbal harm.			

## What can you do?



**Join** Change 4 the Kenai to share your voice, let's create a safe, supportive and healthy community for all.



**Be a part of one of the Action Teams**, join the conversation around availability and accessibility of these vital services.



**Volunteer** at your local organizations working to support prevention.



**Participate** in the 100% Alaska Survey to share your experiences to ensure that Kenai Peninsula residents are being supported in the ways they need.

Scan here for more info on what you can do and to take the 100% Alaska Survey!



This infographic was created by Strategic Prevention Solutions in partnership with The LeeShore Center.

