



A Alliance

Outpatient Physical Therapy
and Wellness Services


GRAND OPENING


Alliance Physical Therapy and Wellness is a non-profit, outpatient rehabilitation clinic located in our Community. Our Mission is providing **physical, occupational and speech** therapy services for active adults. Alliance offers newly renovated space designed to keep clients safe while delivering state-of-the-art treatment.

- Physical Therapy
- Occupational Therapy
- Speech and Language Pathology
- Wound Care Services
- Cardio-pulmonary Services
- Fall Prevention and Vestibular Re-training
- Neurological therapy including Post Stroke Care
- Cancer Recovery
- Community Re-integration
- Dysphasia Services
- Aphasia and Executive Function Training
- Orthopedic Therapy and post joint replacement
- Movement Disorders such as Parkinson's, MS
- Low Vision Retraining

Start the Summer right by feeling healthy, happy, and strong!

Call today (617) 769-5188

 If you have become deconditioned and need to regain function after an illness or injury...

 If you want to remain active in your community, thrive in your home, and be as independent as possible.

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2 Seaport Drive, Marina Bay
Quincy, MA 02171



Dr. Sara Rawan is the Director of Outpatient Services for Alliance Health at Marina Bay. She received a Bachelor of Science, Exercise Science in 2010 and Doctor of Physical Therapy in 2014 from Sacred Heart University, Fairfield, CT. She enjoys treating individuals with neurological, orthopedic, joint replacement, and chronic pain conditions. Her specialty certifications include Parkinson's Disease, Graston MI and M2, and NASM Corrective Exercise Specialist. She has also taken advanced courses for the lumbar and cervical spine through the McKenzie Institute. Sara enjoys being active and spending time with family and friends.

Contact Sara to schedule your evaluation and treatment

Call today! (617) 769-5188