

"For wisdom is better than rubies; and all the things that may be desired are not to be compared to it."

Proverbs 8:11

"Not because I desire a gift: but I desire fruit that may abound to your account."

Phillipians 4:17

A student said to his master: "You teach me fighting, but you talk about peace. How do you reconcile the two?" The master replied: "It is better to be a warrior in a garden than to be a gardener in a war."

"What we call failure is not falling down but staying down. Having the pride and courage to get up and fight again is what makes a true champion."

"When you see a team on any level, college down to youth programs, those wrestlers are a reflection of the coaches attitude. If you have a tough coach, you usually have tough wrestlers."

Jordan Burroughs

2x NCAA champion &

2012olympic champion

Be strong and courageous, you never know who you might be inspiring.

"If there is time on the clock, there is time to wrestle."

Damion Hahn

"Where the spirit of the lord lies there is Freedom"

2corinthians 3:17



## Williamstown Youth Mighty Braves Wrestling Team

Attitude, dedication, and Hard-  
work is **EVERYTHING**

**Visit us on Facebook!**

**[www.mightybraves.com](http://www.mightybraves.com)**

**[mightybraveswrestling@gmail.com](mailto:mightybraveswrestling@gmail.com)**

## Williamstown Youth Mighty Braves Wrestling Team (WYMBWT)



The Williamstown Youth Mighty Braves Wrestling Team (WYMBWT) affiliated with the Williamstown Middle and High School is a wrestling team in the community open to youth ages 4-14 years old, dedicated to providing youth with the opportunity to skillfully compete in the sport of wrestling. Unlike a club team we are a non-profit organization dedicated to providing these services at the lowest possible cost.

## WYMBWT'S Objective

- To teach the sport of scholastic wrestling to youth in the community in a safe, fun and dedicated manner.
- To promote discipline, self esteem, self respect, dedication, leadership, strong work ethic and good sportsmanship.
- To prepare young wrestlers for competitive wrestling meets and tournaments throughout the year.
- To encourage a genuine interest in the sport of wrestling, providing young wrestlers with the opportunity for a good transition into High School wrestling.

## BENEFITS to Youth

### Physical development

Coordination  
Flexibility and balance  
Strength  
Speed and endurance  
Body awareness

### Psyco-Social Growth

Self-responsibility  
Sense of achievement  
Self-Confidence  
Discipline and concentration  
Teamwork and new friends

## Officers

Bo Carlson	president/director	856-562-0490
Mike Fulbrook	Vice President	856-498-8525
Steve Sharp	Treasurer	
Kerri Pierson	Secretary	
Bo Carlson	League Rep	
Jessica Fulbrook	Dir. Of fundraising	
Candace Savini	Dir. Of concessions	

## Practices

We will be holding practices four nights a week mon-thur in Middle school 5-6 aux gym. After that we will split up practices based on age and skill level. Wrestlers are encouraged to attend all practices if possible. Hours will be 6:00-7:30 Tots/Bantams 7:15-8:45 Midgets, Juniors, Int.

## Equipment needed

- \* Sweatpants (or shorts) and a tee shirt preferably tight fitting (no buttons or zippers).
- \* Wrestling shoes

## Parents Involvement

WYMBWT requires that all parents bring and pick up their children from practice. You may not drop off your child if they are under eight y/o as this is not a babysitting service. We encourage all parents to get involved with our wrestling team. WYMBWT, as well as your children, need your support. There are many ways that parents can participate:

- 1) Coaching-If you are not familiar with wrestling you can learn it with your child.
- 2) Committees-WYMBWT is a brand new organization and will be constantly looking for the right people to volunteer and help with concession, scoring tables, set-up and break down etc.

## Wrestling Competition

An attractive aspect of the sport of wrestling is that wrestlers are matched up against other wrestlers according to weight and age as well as skill set during meets. Some tournaments offer this same plan. Some however do not offer different skillsets for children. Make sure to contact a coach if participating in an individual tournament so he can let you know what level of competition your child is ready for.

## League Meets

TBD

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Bo Carlson

WYMBWT President

Get ready for a fun  
and competitive  
season!