

# BLUE MOUNTAINS GRAMMAR AND GREYSTANES CREATING MORE THAN ART

Since 2012 we have collaborated on artwork with the Blue Mountains Grammar School. Students from the Year 9 Art & Design class visit the Day Options program here in Leura and we reciprocate with a visit to the Senior School in Wentworth Falls. The art work is shown at the Dr Marshall Art Exhibition at the end of the school year and then again in February at the "Through Our Eyes" Greystanes Art Exhibition.

Sally Herron, Head of the Art Department at Blue Mountains Grammar observed that since *"we have worked together, we have seen the students' acknowledgement of diverse ability as well as learning about communication and integration, being part of the same community and sharing interests."*

The Through Our Eyes art exhibition will be held early next at the National Trust Norman Lindsay Gallery, on the 28 February to 2 March 2020.



Alex working on an artwork with Oliver



Jay and Aaron at The Dr Marshall Art Exhibition



Matthew at The Dr Marshall Art Exhibition



Kylie showing the BMGS students how to make a smoothie with a "big button"

## Participant and Family Feedback Results

To ensure that Greystanes are delivering quality services, we sent out a feedback form in September regarding Greystanes services. The results are pretty good and I wanted to share some of the responses with you:

*"Almost all of our contact with Greystanes staff is with the home-care staff and the home-care Coordinator. We have always found all staff to be courteous and respectful. The Coordinator's preparedness to immediately discuss any issues we raise, and her willingness to work together with us to find solutions, is greatly appreciated."*

*"they are quite simply a dedicated group who love their work."*

*"Makes life easy for me and gives Mum and Dad a little more time for themselves."*

*"In addition to all things that we have already positively responded to herein, provision of the following services by Greystanes are of significant value/relevance to us; a key worker for each resident, a reliable practice manager, weekend and/or special outings opportunities with support staff as may be needed, but most importantly, an overall general sense of peace of mind derived from the dedication of all involved."*

We have already acted on the comments regarding how we could improve our services.

Thank you to all our staff for their dedication and courtesy shown to the people we support.

## A heartfelt thank you to all our supporters

### Special mention to our Trivia sponsors

DA-MELL Air Conditioning  
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Mountain Culture Brewery

Rozi Starkey

Scenic World

Terry White Pharmacy  
Wentworth Falls

Todarellos Katoomba Village  
Fruit Market

Trish Doyle MP  
Member for Macquarie

## Out and About

We are always out and about participating in activities of choice, whether individually, with friends or house mates.

### Halloween Party at Alexandra Avenue

Alexandra Avenue invited all their friends, family and Greystanes staff to a Friday night Halloween Party. A lot of time and effort was put into organising the party. The house looked spooky and everyone looked great in their costumes. Thank you to everyone at Alexandra Avenue for a fun social evening.



Halloween has arrived at Alexandra Avenue



Mel, the dancing Bat girl with Deborah



Andy looking "skelecool"



Nicole casting a spell



Rambo Aaron with Linda



Blood thirsty Alex



Matt the Mummy



Bubble, toil and trouble...Alex, Rana, Jen, Kylie and Tess



Jay the Pirate and Wendy the Witch

Out and About...

Jake visited Glenbrook Lagoon with Adam, Scott and Ibtsam on a beautiful sunny afternoon. All went for a walk along the lake, seeing birds and chatting to other walkers. Everyone enjoyed feeding the ducks after the bushwalk with bread that we brought especially. Jake then ate lunch by the water with his housemate and neighbours.



Lamartine decorated their outdoor area with bright umbrellas that were kindly donated by June. It looks beautiful at night.

Blue Mountains Embroiders Guild

We had a lovely morning team with some of the members of the Blue Mountains Embroiders Guild. Over the year they have created textural lap rugs for some of the people we support in community living. They were all individualised using the person’s favourite colours, sporting teams or love of animals and music.



*“The ladies of our group had a lot of fun making the blankets and tried to make them individual for each of the people listed. We pooled our resources and it was really interesting to see what each of had in our ‘treasure cupboards’ and how we all came up so close to what people liked to have. We hope that all will enjoy the blankets. I think if the reaction of Jason and Aron to their blankets was anything to go by, the others certainly will.”* Hendrika Tibbits

UPCOMING EVENTS:

**Greystanes Art Exhibition:  
Through Our Eyes**  
28 February - 2 March 2020

**Greystanes Ball**  
Saturday, 21 March 2020

**Greystanes Golf Day**  
Friday, 18 September 2020

Every Moment has Potential

- **Active Support involves thinking in a different way**
- **Looking at the small steps that make up an activity or interaction and involving the person in as many steps as possible**
- **The challenge is to find the moments and provide the right type and amount of support**

TRAINING UPDATE

**Have you done your NDIS Worker Orientation Module “Quality, Safety and You”?**

[www.ndiscommission.gov.au/workers/training-course](http://www.ndiscommission.gov.au/workers/training-course)

**You will need to send a copy of the Certificate of Completion to me.**

**Thank you to everyone who kept up to date with your training. Your support is greatly appreciated.**  
Jo Kot

Visit our free online  
Person Centred Active  
Support Resource

[www.activesupportresource.net.au](http://www.activesupportresource.net.au)



WOLLEMI NEWS

Greystanes Disability Services 2019 Issue 15

As we are all aware, the fire season came early this year. With the catastrophic fire warning in November and the Ruined Castle fire still being controlled, I would like to thank all our staff for their cooperation in following our fire procedures. Our Day Options program have also taken moving in their stride. It was nice to see Leichhardt Street being used as a temporary centre for their activities.

Sadly, with the current drought and warming climate, we will most likely be faced with this fire danger on more future occasions. We will follow our plan, keep calm, be organised and keep up good communication with the families of the people we support.

I would also like to highlight the work of the Greystanes staff in all our service delivery areas. We are grateful for their dedication and commitment to the people we support.

Finally, I would like to thank everyone who has supported Greystanes in 2019 through their generous donations and volunteering of their time.

**We wish everyone a safe, happy and peace filled end of year. We look forward to 2020 and all that it will bring.**

Robert Tinsey, CEO of Greystanes Disability Services



David Garry, Pixie Willo and Tiriell Mora (Photographer: Michael Small)



Brittany, Gina, Aaron, Matthew, Erin

‘The Castle’ Trivia Night

Thank you to all our supporters and volunteers who attended and helped make the Greystanes Trivia Night so much fun.

Thank you to Tiriell Mora for being the MC at our Trivia Night on the 8 November 2019 at the Blackheath Golf & Community Club. The staff at the club were fantastic and we really appreciated them going the extra mile for Greystanes.

Thank you to David Garry for writing the Trivia questions. David, Pixie and Tiriell were our Trivia Masters on the night and they managed to keep the tables entertained.

The evening was a great success and we raised over \$5500 towards our solar panels and battery for the new Woodford house.

