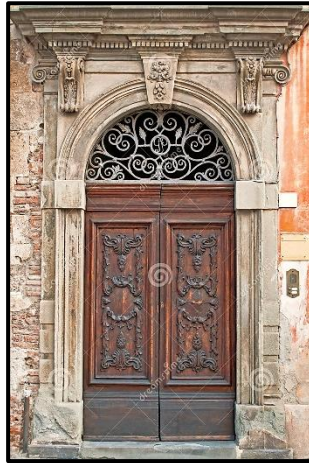


## JOURNAL EXERCISE: THE DOORS

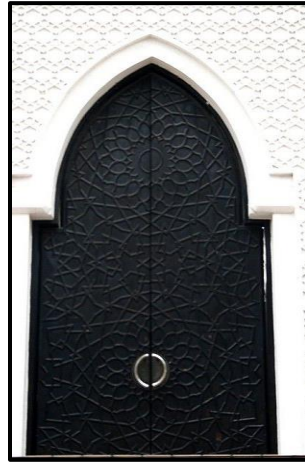
Door to Christianity



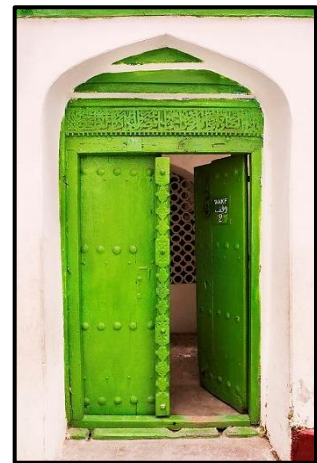
Door to Knowledge



Door to Death



Door to the Future



### The four basic fears of people exiting the Jehovah's Witness (JW) belief system:

The JW belief system leads you away from **Christianity** as we understand it in our Western culture. Their belief system is designed to steer you away from any common beliefs about God, the Devil, heaven, hell, and the afterlife. Are you mourning the closure of this door in your life? Ponder that question and gaze at that door for as long as you wish. Then write down your thoughts about your concept of Christianity and if you wish this door to open again in your life.

**Knowledge** and education are not based on age, they are a lifetime pursuit. Yes, the door may be closed to your going to college and seeking a career since you devoted the prime years of your life to the JWs. However, JWs fear knowledge since it opens the door to their Masonic rituals, that their meeting halls are not churches, their banning images of the cross, their blood sacrifice rituals, and the Elder Body of men who wield power over you with no fear of God or man. Gaze upon this door for as long as you wish. Then write down your thoughts about your concept of knowledge and learning new ideas and why it may frighten you to open this door.

Do you want the door to **death** to remain closed? Realize that the JW belief system leads you away from spirituality and the belief in a God or Higher Being(s). Even some ex-JWs pressure you into their new atheistic belief system. This is because they fear death and do not want to be held accountable in this life for their actions. They scoff at spiritual pursuits saying it's a waste of time while they sit in front of a camera doing overly long and boring commentary on the JWs for YouTube, accomplishing nothing in their lives. Gaze upon this door for as long as you wish. Write down your thoughts about your concept of death and why you feel that way.

Notice that the door to the **future** is open right now. Write down your thoughts and impressions about your vision of what you want the future to look like in your life. Is it shadowy? Clouded? Vague? Explore why that is and you may come to the conclusion the JWs left you with no hope for a future, whether physically or spiritually. Gaze upon this open door for as long as you wish and let your thoughts wander freely about the infinite possibilities of your future.