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**ANGELIQUE L.  
JACKSON  
MBA, MAFP**

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*Your Life L'evation Coach*



*SPEAKER &  
COACHING!*

**MEDIA  
KIT**

[WWW.BELEVATEDLLC.COM](http://WWW.BELEVATEDLLC.COM)

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# BIOGRAPHY

Angelique L Jackson, MBA, MAFP

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Angelique L. Jackson has 15+ years of professional experience empowering, motivating, guiding and inspiring others to overcome fears, barriers and obstacles to become their best you possible. She is a certified Wellness and Lifestyle Coach and Inspirational Speaker with an extensive educational background. Angelique's educational background comprises of several degrees: a Bachelor of Science in Marketing, an MBA with a focus in Strategic Marketing from Woodbury University and a Master of Arts in Forensic Psychology from Argosy University graduating with distinction and honor at all levels. Although she has become a Certified Reiki Healer, received an Executive Leadership & Training Certification with a goal of not only helping organizations create team synergy, but to also give back to the community to help individuals, our youth and families of the community L'evated and live an abundant, illuminated limitless life.

Angelique's professional career spans over 20 years within the Beauty Industry, Consulting and within Higher Education. She has an extensive background holding positions within both middle and executive level Leadership roles.

Moreover, her passion for helping and uplifting those around her has led her to a number of volunteer roles (Battered Women and Children Shelters, Feed the Homeless, American Heart Association, American Lung Association, American Cancer Association, American Foundation on Suicide Prevention, Clean our Beaches and various Animal Shelters).

Angelique has created educational, developmental and enrichment curriculum for Corporations, Beauty Training Programs, Private Charter Schools and University & Colleges. She has used her unique background to design programming for enriching, empowering, inspiring, and motivating people to use their unique gifts and purpose to reach within themselves to become the greatest version of their selves possible. In her aspiration to help people move beyond their barriers, obstacles and fears to live abundantly within their greatness, Angelique has facilitated interactive training, workshops, conferences, and hiking excursions to diverse communities that have empowered attendees to live life limitless.

In addition, Angelique has been both the keynote and guest speaker for speaking engagements at High Schools, Universities, Community Organizations, Fraternal Organizations, Workforce Centers, US Military Branches, Corporate and Empowerment Conferences and special events.



# TV & RADIO INTERVIEWS

- Enlightened Conversations Podcast
- Make It Happen Radio & Podcast
- The Morning Light BlogTalk Radio
- Radio Waves TV
- Conversations with Dr Trevia Williams
- Talking Business with Beverly TV Show
- Charity TV Global
- Service Heros with Tamara Hunter
- Limited Living with Cornelius Simons
- Wealthy Women Wednesday

## Upcoming:

- Sister 2 Sister with Angelique and Tammy
- The Morning Light
- The Be-L'evated Now Podcast
- The Queen's Circle

## Contact

Angelique Jackson

(661) 878-5157



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# TESTIMONIALS

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"If you want anything, surround yourself with like minded people. Angelique is truly inspirational"

~Annalyssa Vanderwerf

"Felt in tune with my vision"

~Alicia Wilkerson

"I learned how to create a vision to be an entrepreneur"

~Katherine Mitchell

"I had an excellent time, I felt empowered, I let go of my fear..."

~Bernice Robinson

"Nuggets I can use to transform my life and any obstacles"

~SK

"Handsdown, one of the best Leadershipbreakthroughp training workshops for our sales leadership team conference."

~Nuxe Cosmetics Paris

"Coach AJ truly helped me to discover my purpose and remove barriers keeping me from my success."

~Lydia B.



"Coach Angelique was an amazing keynote speaker for our MamaMorphosis event. She had the entire audience and our vendors completely engaged, taking notes and feeling inspired. The feedback was phenomenal. She is truly a dynamic speaker."

~Morgan Taylor, Black Infant Health & The Children's Collective





## BE-L'EVATED STORY

Since I was a young girl, I've always said I want to inspire, empower and change the lives of people around the world. I've always been someone who could see the greatness & good in people, even when they were unable to see it in themselves. So from a young age, I set a course of action to do just that.

When I started my journey as an Entrepreneur, Life, Wellness & Executive Coach, Advocate, Author and Keynote Speaker, I have found such a great sense of fulfillment and purpose in my own life by elevating the lives of others. I enjoy inspiring and coaching others to be and live their greatest life ever through breaking free from the things that stagnate or hold them back, while guiding them to an elevated mindset, wellness, professional life, life desires, nutrition, and personal development.

Moreover, I am inspired to share aspects about my life, my passions, what interests me, what interests other people, and sharing it with the world. This passion and mission to help transform the lives others is what inspired me to bring Be-L'evated to life. A company driven to guide others on their journey to LIVE LIFE LIMITLESS.

With each passing day, Be-L'evated, LLC gains more followers, and with that, even more lives are changed. My passion, my intention, my purpose is to inspire you to walk in your greatness and live a truly beautiful, elevated and limitless life. I believe in you, now believe in yourself!

Services:

Inspiration Hikes

Life, Wellness & Executive Coaching

Inspirational & Keynote Speaking

Workshops & Training

Healthy Nutritional Plans

A woman in a black and red dress stands at a podium on a stage, addressing an audience seated in a conference room. The room features modern lighting, including circular pendant lights and track lighting. The audience is seen from behind, seated in gold chairs. A large orange circle is overlaid on the center of the image, containing text.

Your Life L'evation Coach

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**LIFE COACHING**

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Domestic & International

## COACHING SESSIONS

### The Ready to Be-L'evated Method

The frequency of the sessions may vary depending on individual schedules. We recommend one session a week, for 3 consecutive weeks. Or you can spread them out over a specific timeframe (not to exceed 3 months).



### The Discover your Purpose and Passion Method

The frequency of the sessions may vary depending on individual schedules. We recommend one session a week, for 6 consecutive weeks. Or you can spread them out over a specific timeframe (not to exceed 3 months). The 6-session package is typically a 2-month process



### The Be-L'evated: Live Life Limitless Method

The frequency of this package can vary significantly contingent upon the focus of the individual in session. The frequency of sessions may change over time, contingent on individual progress going from weekly sessions to monthly check-ins towards the end of the coaching. We inspire breakthrough in 3 key areas of development (based on individual) to live life limitless. The 12-session package is the ultimate investment in you.

\*\*\*Coaching rates start at \$500





Your Life L'evation Coach

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# WELLNESS COACH

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In Person & Online

# NUTRITION | MEDITATION | REIKI | FITNESS

*Holistic Wellness Inside and Out*

We at Be-L'evated strive to guide our clients towards achieving a total life transformation and balance through the following:

1. Customized nutrition plans
  2. Spiritual guidance
  3. Meditation
  4. Reiki Healing
  5. Guided Outdoor Activities
  6. Inspiration Hikes
- and so much more.



## Inspiration Hikes

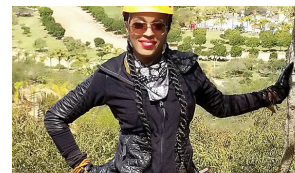
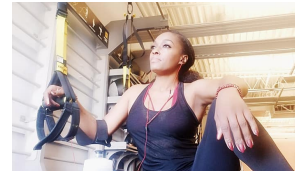
Our Inspiration Hikes are unique in nature. Through guided hikes around Southern California, we embark on an adventure of gratitude, self discovery, fitness, and positive vibrations.





*Inspiration Hikes | Outdoor Workouts | Wellness | Obstacle Courses | Activities*

## EVENT PICTURES





A woman in a red dress stands on the left side of the frame, facing a group of women seated at long tables in a classroom or meeting room. The room has large windows on the right side. A large, semi-transparent orange circle is overlaid in the center of the image, containing text.

Your Life L'evation Coach

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**EXECUTIVE  
COACHING**

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Domestic & International

# EXECUTIVE COACHING

*Sales | Leadership | Team Development*

1. The Leadership Paradigm
2. Wealth in Networking
3. Focus L'evation
4. L'evation Team Syngery
5. Mindset Matters: A Leaders Connection to Success
6. The Shift from Good to Great
7. Leadership vs Management
8. A Team of We

Customized workshops available upon request

\*\*\*Coaching rates start at \$600





# EVENT PICTURES





A woman in an orange dress stands at the head of a long table, presenting to a group of women seated around the table. The room has large windows with light-colored curtains. The scene is dimly lit, with the primary light source being the windows. The women are engaged in the presentation, with some looking towards the presenter and others looking at each other. The overall atmosphere is professional and collaborative.

Your Life L'evation Coach

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# WORKSHOP & SPEAKING TOPICS

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Domestic & International

# WORKSHOPS

*Highlighted Topics*

## Customized Life Coaching Workshops

1. What's my Story?
2. Power Up: The Light-bulb Effect
3. Breakthrough Now
4. The Be-L'evated Method
5. The F.E.A.R. Affect

Customized workshops available upon request

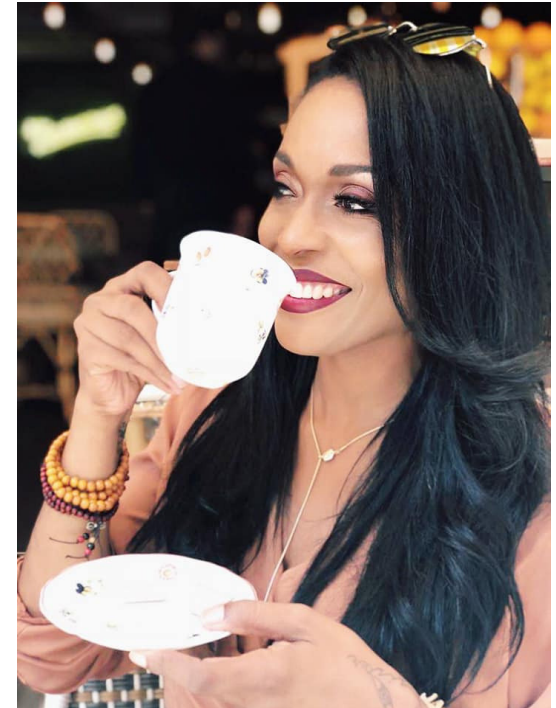


### Free Consultation

30 min get to know you meeting

### Group Sessions

All consulting packages listed above can be done in a group format. Requires a minimum of 5 participants. Special group rates available



\*\*\*Workshop rates start at \$850

## SPEAKING TOPICS

### Overview

As an Inspirational Speaker, I inspire and empower the audience to live their greatest life possible. This is accomplished through customized fun, vibrant, interactive and thought-provoking programs, designed to engage the audience in a positive way. The goal is for the audience to leave realizing and believing they can elevate every aspect of their lives; to live their life limitless.



### My Most Popular Presentations Include:

1. Breakthrough: Claim Your Purpose Within
2. Broken Into Place: The Mosaic Impact
3. Magnificence: Living in Your Truth
4. Power Up: The Lightbulb Affect
5. The Be-L'elevated Method to Living Limitless
6. L.I.O.N: Lead-Innovate-Operate-Navigate
7. Inquire for additional presentation topics
8. Be-L'evated Now: Vision Boarding Into Action

\*\*\*Speaking rates start at \$1500



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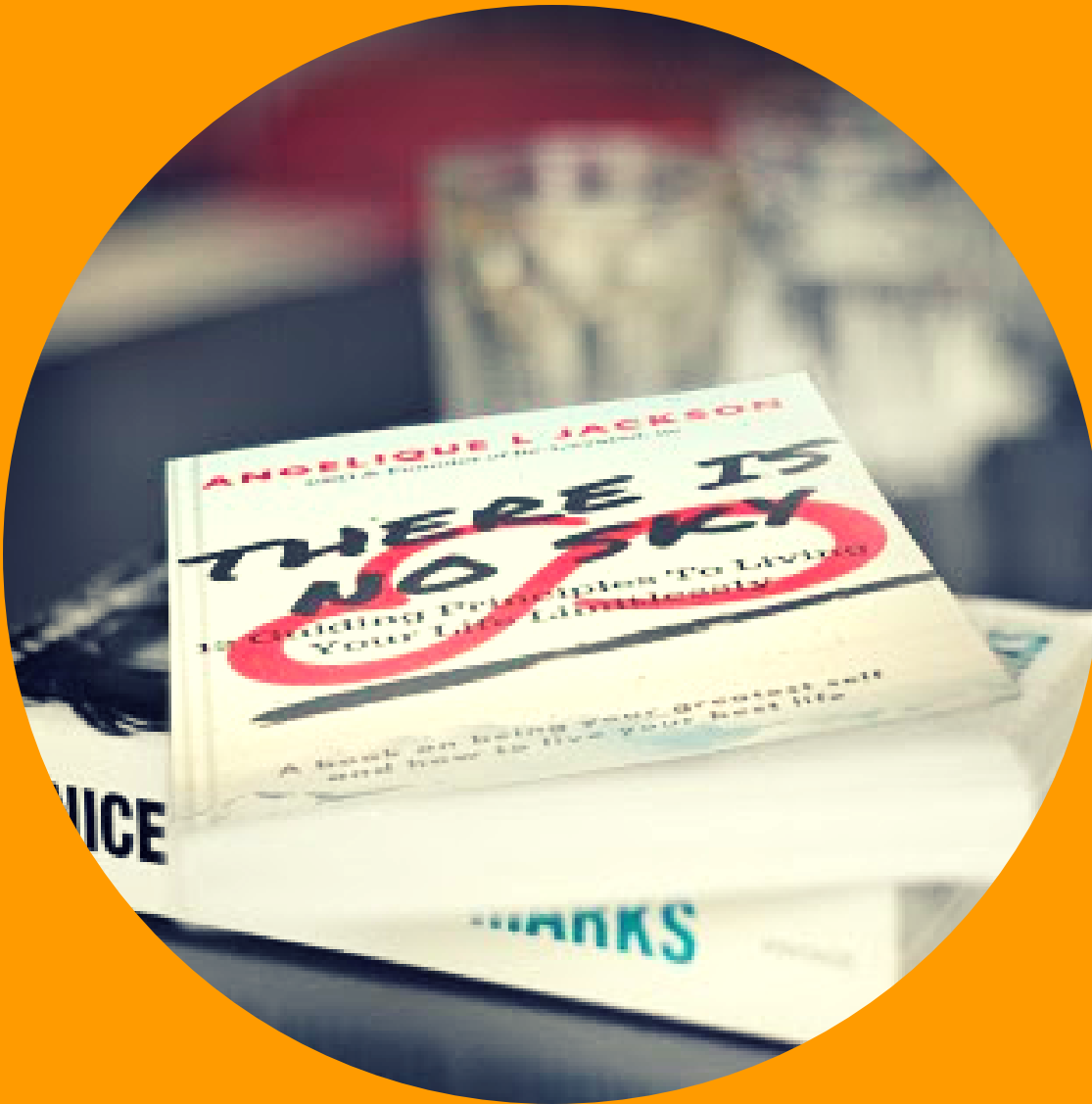
## BOOKS & PUBLICATIONS

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*"There Is No Sky"*  
*12 Guiding Principles to  
Living Your Life Limitlessly*  
*Book release Spring 2019*

Leadership Hack: The  
Connection Between Mindset  
and Being a Great Leader in  
Business Success  
Article Published on LinkedIn

*"Broken Into Place"*  
*The Mosaic Impact*  
*Book release Spring 2019*





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**PARTNERSHIPS  
&  
MEMBERSHIPS**

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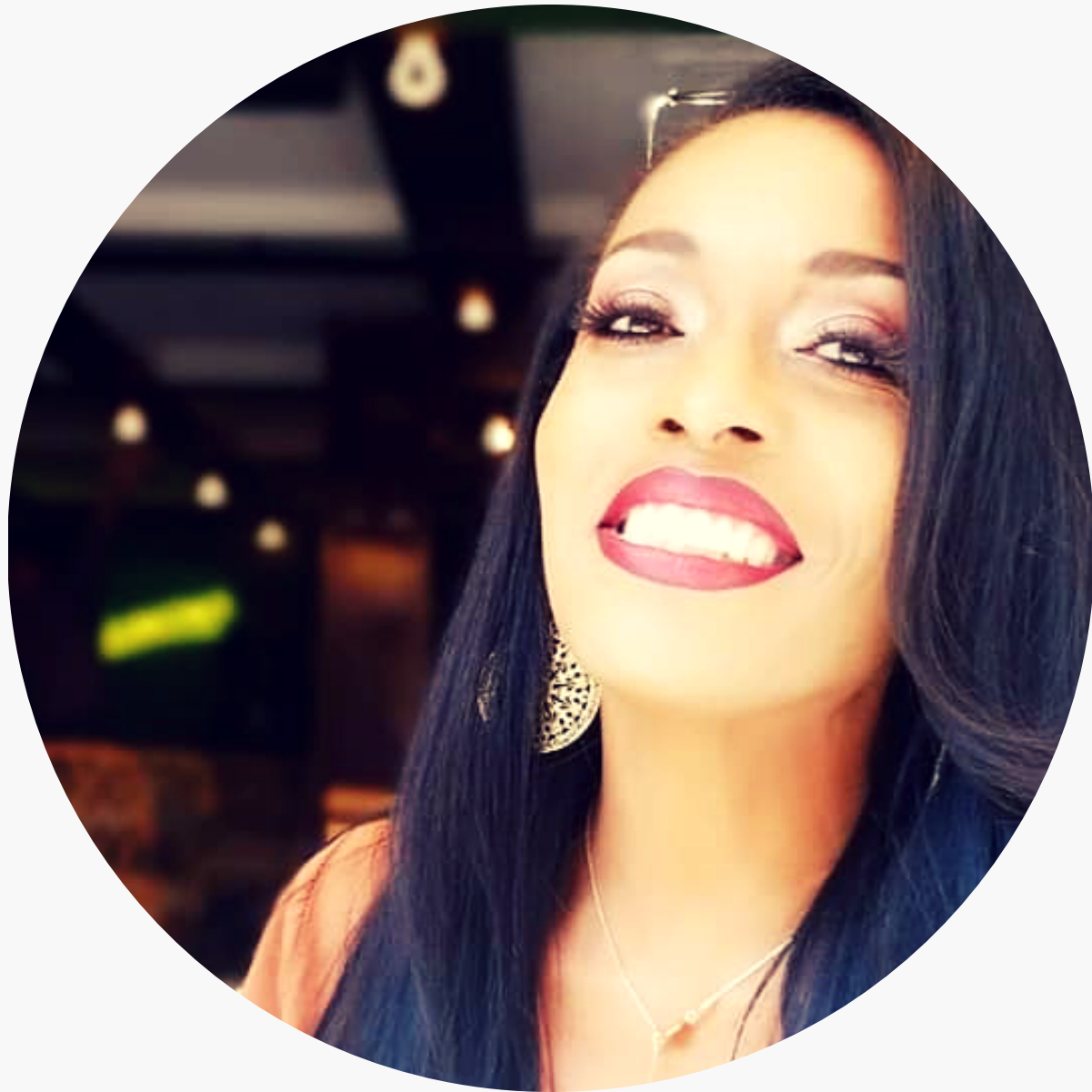
# PARTNERSHIPS

*past and present*



## MEMBERSHIPS & ASSOCIATIONS





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## SOCIAL MEDIA

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@angelique\_coachaj\_jackson

@coachaj\_nutrition



@belevatedllc



@belevatedllc





In Gratitude, Love & Light!

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**THANK YOU!**

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[www.belevatedllc.com](http://www.belevatedllc.com)