



NEWSLETTER

Friday 24th June 2022

Be Curious

Be Caring

Be Confident

Be Cooperative

HEADS' CORNER

Dear Parents/Carers,

We often start the newsletter by saying that it has been a busy week at Underhill however this week truly has been the busiest week in school for a long time!

National Sports Week 2022 has been amazing! The week kicked off with a field full of inflatables followed by a huge range of sport sessions for each year group, including: karate, archery, nerf battles, fencing, cheerleading, yoga, football, rugby and cricket! One of the highlights of our week was seeing reception in the small hall, working on their core strength by racing on mechanical horses; they were having such a fantastic time! Thank you to all the staff for helping to make this week such a success but a special big thank you to Mrs Sidney who has coordinated the whole programme of events.

On Tuesday night we met our 'new to reception' parents and welcomed them into the Underhill family. We are already looking forward to seeing their children settle and flourish!

On Wednesday evening some of our year 3 and 4 children were invited to speak at Hendon Town Hall about RE (religious education) at Underhill. Miss Tsiaparis was presented with an award for completing the Barnet WIRE award and also for our winning entry to the NATRE Spirited Arts national competition earlier in the year. Well done!

Thank you to everyone who has completed the parent survey, we have had 110 responses so far! If you haven't had a chance yet, please do fill it in so that we can get a clear picture of how you see the school. We will share the results with you before the end of term.

Have a lovely weekend,

Nicola Hayles and Jennie Reed

DATES FOR YOUR DIARY

June 22

Monday 27th-Thursday 30th – Year 6 school journey

July 22

Monday 4th July – STAFF INSET – School closed for children

Wednesday 13th & Thursday 14th July – Year 6 Performances time tbc

Thursday 14th July – Sports day am Year 1 – 6



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ATTENDANCE

House attendance

Balmoral – 94.78



Holyrood – 94.63



Sandringham – 92.36



Windsor – 94.72



Beech	88.60
Maple	93.75
1 Oak	92.21
1 Willow	94.92
2 Chestnut	95.10
2 Palm	92.89
3 Cedar	93.70
3 Hornbeam	97.79
3 Yew	91.30
4 Cherry	90.98
4 Larch	99.21
4 Pine	96.33
5 Holly	99.62
5 Laurel	96.06
5 Sycamore	87.88
6 Ash	95.94
6 Elm	96.17
6 Hawthorn	99.63



Understand * Uplift * Unite



100 Club

Perfect Attendance

Congratulations

.....
You have had 100% attendance this week

435 children achieved 100% attendance this week

Congratulations



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NOTICES AND NEWS

YEAR 5 FORENSIC WORKSHOP

Last week, some of our Year 5 children took part in a forensic science workshop at QE Boys School. The children were fantastic and solved the 'murder' that took place at QE Boys.







PTA ANNUAL GENERAL MEETING

The PTA will be holding their AGM on Thursday 7th July between 6-7pm. If you would like to put your name forward for one of the 3 main roles, Chair person, Secretary and Treasurer. Please email attendance@underhill.barnetmail.net or volunteer to be a class rep please come along and join us.

Friday Ice Lollies

The PTA are aiming to sell Ice Lollies every Friday this term after school, weather permitting.

The choices will vary each week but we aim to  have 20p, 50p and £1 options. 

Please come along with the correct money as  we may not have change. 



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NOTICES AND NEWS

STAFF LED CLUBS – REMINDER

The last week of staff led clubs will be the week of Monday 4th July. No staff led clubs will run after Thursday 7th July. If your child attends an external club you will need to check with them directly for their finish date.

JOB OPPORTUNITY

We are looking to recruit a school cleaning operative to join our team.

Job role includes general cleaning duties such as hoovering, mopping and replenishing facilities.

Cleaning experience is an advantage but is not essential as full training is provided.

A DBS will be carried out at a cost to the company.

Monday-Friday, 6:00-8:00am at £9.50 per hour.

If you, or someone you know is interested in this vacancy, please contact lola.brookes@cleaningassurance.com



VOLUNTEERING OPPORTUNITY

We are looking for a volunteer for Thursday afternoons term time 1.15pm - 2.20pm Rhyme Time at the Hope Corner Community Centre. For more information please email karen.mcavoy@underhill.barnetmail.net

SUMMER TIMETABLE

To view the Summer term timetable for Children's Centre activities, please click on the link below:
https://www.barnet.gov.uk/sites/default/files/Summer%20Timetable%202022_0.pdf

NATIONAL BREASTFEEDING WEEK

27th June to 3rd July 2022

This year National Breastfeeding Week will run from 27 June – 3 July 2022. The theme for the week is **'Everyone has a part to play in helping mums to breastfeed'**. The key focus will be the difference that can be made if everyone supports breastfeeding e.g. partners and wider family as well as the community, education and health services and workplaces.

Barnet offers free infant feeding support through a range of baby clinics and drop-in support sessions across the borough. Breastfeeding support is available during the antenatal and postnatal periods, to mothers, partners, grandparents, breast feeders and those who are mixed feeding. Breastfeeding drop-ins offer 1 to 1 support from trained, experienced breastfeeding supporters. Babies and children of all ages are welcome. For breast feeding support:

Email: Barnet Breastfeeding Support Service: hcp4b.bfsupportteam@nhs.net External link

Tel: 0800 246 5745 (Monday to Friday, 9am to 5pm)



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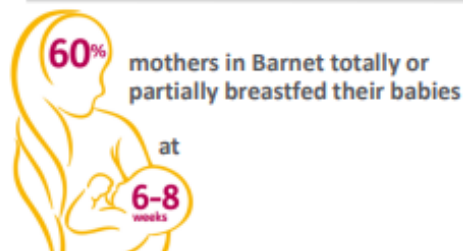
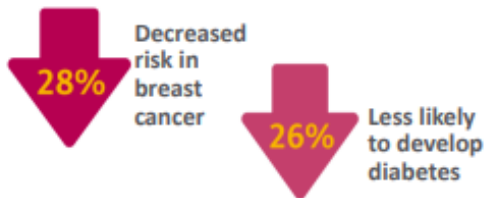


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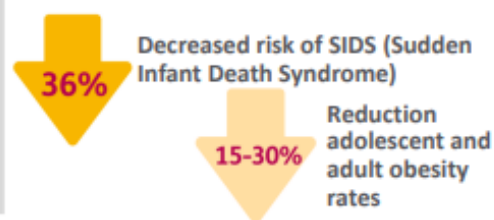
SUPPORT TO BREASTFEED

FACTS AND FIGURES

Benefits for mothers:



Benefits for babies:



HELP AND ADVICE

- Today, most women in England are choosing to breastfeed. Breastfeeding is promoted because it is the healthiest way to feed your baby. However, feeding decisions are often very personal and all parents should be supported regardless of how they feed their baby.
- Exclusive breastfeeding (giving your baby breast milk only) is recommended for the first six months (26 weeks) of your baby's life. After that, giving your baby breast milk alongside other food will help them continue to grow and develop.
- Any amount of breastfeeding has a positive effect. The longer you breastfeed, the longer the protection lasts and the greater the benefits. Breast milk adapts to meet your baby's changing needs.
- Breastfeeding is good for babies. They have less chance of developing diarrhoea and vomiting; chest and ear infections; constipation; obesity and type 2 diabetes and eczema.
- Breastfeeding doesn't only benefit your baby. It benefits your health too. It lowers your risk of breast and ovarian cancers, saves money and time and can help build a strong bond between you and your baby.
- Breastfeeding shouldn't hurt. If you experience pain in your breasts or nipples, it's usually because your baby isn't positioned or attached properly. Ask your midwife, health visitor or a breastfeeding peer supporter to watch a whole feed to help spot the problem.
- Mastitis is when your breast becomes swollen, hot and painful, is most common in breastfeeding women and normally occurs within the first 3 months after giving birth. If you think you have mastitis continue to breastfeed (starting feeds with the sore breast first) and it may be improved by a warm compress / warm shower. Please see your GP if you do not feel better within 24 hours.

Last updated:
21.04.2022



BARNET
LONDON BOROUGH



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SUPPORT TO BREASTFEED

LOCAL SERVICES AND ONLINE SUPPORT

Service	Type	Description	Details
Barnet Breastfeeding Support Service	<ul style="list-style-type: none"> Face-to-face Phone Online 	Provides new mothers with support and information on baby feeding. They run friendly and welcoming breastfeeding support via telephone, video calls and sessions at Children's Centres across Barnet. They also offer home visits in some instances	<p>Phone: 0800 772 3110 (Monday – Friday, 9-5pm)</p> <p>Email: HCP4B.bfsupportteam@nhs.net</p> <p>Facebook: https://m.facebook.com/HCP4Barnet</p> <p>Website: http://www.healthychildprogramme4barnet.co.uk</p>
NHS Choices	<ul style="list-style-type: none"> Online 	Provides further information on breastfeeding.	<p>Website: www.nhs.uk/conditions/pregnancy-and-baby/breastfeeding-first-days</p>
National Breastfeeding Help Line	<ul style="list-style-type: none"> Phone 	Provides independent, confidential, mother-centred, non-judgmental breastfeeding support and information between 9.30am and 9.00pm.	<p>Phone: 0300 100 0212</p>
Cry-sis	<ul style="list-style-type: none"> Online Phone 	Support for families with excessively crying, sleepless and demanding babies.	<p>Website: www.cry-sis.org.uk</p> <p>Helpline: 08451228669 (9am to 10pm everyday)</p>
Barnet Carers Centre	<ul style="list-style-type: none"> Phone 	For anyone with caring responsibilities who lives or works in the borough, Barnet Carers Centre can offer advice, information, emotional and practical support	<p>Adult Carers Outreach & Support Service and Carers Hospital Discharge Coordinator: 020 8343 9698</p> <p>Barnet Young Carers and Siblings: 020 8432 2092</p> <p>Community Home & Support Services: 020 8432 2091</p> <p>Email: admin@barnetcarers.org</p>

Last updated:
21.04.2022





**ENERGISE SUMMER
SPORTS CAMP**

WHITINGS HILL SCHOOL, EN5 2QY

WEEK 1: 25TH - 28TH JULY
WEEK 2: 1ST - 4TH AUGUST
10AM-3PM EVERY DAY

BOOK NOW!



↓ ↘

07854113349
JOSH.ENERGISE@GMAIL.COM



**FOOTBALL
BASKETBALL
NETBALL
DODGEBALL
CRICKET
HOCKEY
ATHLETICS
ULTIMATE FRISBEE
YOGA**

**DANCE/ GYMNASTICS
EXPERT ON
MONDAY 1ST &
TUESDAY 2ND AUGUST**

COMING IN SEPTEMBER

**EXPRESS
YOURSELF**
Theatre

**INCLUSIVE
CREATIVE
DRAMA**

**FRIDAYS 3.20 - 4.20 PM
YEAR 5 - 6**

AT UNDERHILL SCHOOL
& CHILDREN'S CENTRE
MAYS LANE, EN5 2LZ

For more information and bookings call Kat on:
07908 638 827

Or email: info@expressyourselftheatre.com
www.expressyourselftheatre.com



WEEKEND SEND ONLY FOOTBALL SESSIONS

Sport4Kids deliver a variety of classes in educational settings and for parents during holiday and weekends. We believe that sport is integral for children's development and social enjoyment, and that it should be inclusive for all children and families.

Whilst our mainstream sessions are open to all children we are excited to announce the launch of our NEW!!!! SEND ONLY WEEKEND CLASSES. Sport4Kids have worked closely with industry experts who have over 20 years of experience working with SEND children to create our unique tailor made classes.

We are inviting you to book a **free taster** via the links below to come and experience the setting, style of sessions and meet our wonderful coaches.

These sessions all launch at Southgate School on Saturday 2nd July.

S4K SEN Friendly Tots Sensory Football (18 Months - 3 Years) – 12:30pm – 13:15pm

To book online use this link –

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Skills-FBALL-SGS-13>

S4K SEN Friendly Kickers Sensory Football (3 - 4.5 Years) – 13:20pm – 14:05pm

To book online use this link –

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Skills-FBALL-SGS-14>

S4K SEN Friendly Strikers Sensory Football (4.5 - 6 Years) – 14:10pm – 14:55

To book online use this link –

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Skills-FBALL-SGS-15>

S4K SEN Friendly Academy Sensory Football (6 - 9 Years) – 15:00 – 16:00

To book online use this link –

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Skills-FBALL-SGS-16>

S4K SEN Friendly Academy Sensory Football (10 - 11 Years) – 15:00 – 16:00

To book online use this link –

<https://bookings.sport4kids.biz/sportsmanagement//courses/courses.htm?clientCode=Skills-FBALL-SGS-17>

SPORT4KIDS NORTH LONDON - 07951 932761

Andrew.walmsley@sport4kids.biz

Helen.walmsley@sport4kids.biz

James.Butler@sports4kids.biz

S4K

S4K



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MUSIC TUITION

Any budding musicians out there?

Please book your child's online music lessons through BEAT directly, for drums, guitar and piano lessons.

The Autumn term 2022 is now open for booking, so if your child is interested in learning or wishes to continue with lessons please click on the link below as soon as possible.

Parents can enrol and pay for lessons directly by following this link <https://beatrust.org.uk/enrol/school-based-instrumental-lessons/> There you will find details of the cost of lessons and the terms and conditions.

If you are in receipt of pupil premium parents can still receive a £50 discount off one instrument per child they enrol. Teachers can contact parents directly through the app.

EXTERNAL CLUBS AT UNDERHILL.

Woodys Football Fridays Yr1-6 –

www.woodyssportsacademy.com 07961437202

Yoga & Mindfulness – enquiries@lotusclouds.co.uk

or call Bansi on 07950 288075

High barnet School of Dance

– highbarnetschoolofdance@outlook.com

Express Yourself Drama – Kat – 07908638827

Early Bird Tennis – Luke - luke@lmbtennis.com



GROW
FREE SUMMER HOLIDAY CLUB
Free School Meal or SEND children in Barnet
8th -12th August: 6-9 years
15th - 19th August: 10-13 years
9:30am-3pm daily

- Food growing
- Chicken care
- Whittling and crafts
- Fire-making

Email lucy@wearegrow.org to sign up
GROW Farm, The Totteridge Academy, Barnet Lane, N20 8AZ

The poster features a collage of images: a child tending to plants, a child holding a small plant, and a group of children holding up small plants. A green circular graphic contains a list of activities.



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